

In Time Of Need



The ABC of Christian Growth

In Time Of Need

The ABC of
Christian Growth



*Thy words were found,
and I did eat them;
and thy word was
unto me the joy and
rejoicing of mine heart:
for I am called by thy name,
O LORD God of hosts.*

Jeremiah 15:16

*Published by Restitution Ministries Inc.
First Edition - November 2019*

Foreword

Dear Reader,

This book is dedicated to “the only wise God our Saviour, be glory and majesty, dominion and power, both now and ever. Amen.” Jude 25.

The contents of this publication have been the secret of my Christian growth in Christ. I have learnt to feed myself and not rely on others for my spiritual growth. By the grace of God and much prayer, I have applied the enclosed statements from Scripture and the Spirit of Prophecy at every moment of my life. Over a period of more than sixty years, I have learnt many lessons which have brought me closer to Jesus, my best friend.

Through trials, perplexities and disappointments (which I have encountered many times) I have learnt that nothing has ever happened to me which the Lord has not made provision for me to endure. He has promised to never leave me. “Thou has been my help; leave me not, neither forsake me, O God of my salvation” Psalms 27:9. This verse has been the experience of my life.

I praise God, my mighty helper, for the provisions He has made for my daily needs. I praise Him for providing me with rest and an enabling power to overcome, no matter what my circumstances have been. Jesus assures us that in unity with Him, we can and will find rest for our souls. “Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.” Matthew 11:28-29. The following quotes from the Spirit of Prophecy reveal the wonderful hope and solace to be found in Jesus.

“We have not wisdom to plan our own lives. It is not for us to shape our future. “By faith Abraham, when he was called to go out into a place which he should after receive for an inheritance, obeyed; and he went out, not knowing whither he went.” Hebrews 11:8. Christ in His life on earth made no plans for Himself. He accepted God’s plans for Him, and day by day the Father unfolded His plans. So should we depend upon God, that our lives may be the simple outworking of His will. As we commit our ways to Him, He will direct our steps.” Ministry of Healing 478-479

“If we surrender our lives to His service, we can never be placed in a position for which God has not made provision. Whatever may be our situation, we have a Guide to direct our way; whatever our perplexities, we have a sure Counselor; whatever our sorrow, bereavement, or loneliness, we have a sympathizing Friend. If in our ignorance we make missteps, Christ does not leave us. His voice, clear and distinct, is heard saying, “I am the Way, the Truth, and the Life.” John 14:6. “He shall deliver the needy when he crieth; the poor also, and him that hath no helper.” Psalm 72:12.” Christ’s Object Lessons 173.1

“In His loving care and interest for us, often He who understands us better than we understand ourselves refuses to permit us selfishly to seek the gratification of our own ambition. He does not permit us to pass by the homely but sacred duties that lie next us. Often these duties afford the very training essential to prepare us for a higher work. Often our plans fail that God’s plans for us may succeed.” Ministry of Healing 473.3

“If you will seek the Lord and be converted every day; if you will of your own spiritual choice be free and joyous in God; if with gladsome consent of heart to His gracious call you come wearing the yoke of Christ,—the yoke of obedience and service,—all your murmurings will be stilled, all your difficulties will be removed, all the perplexing problems that now confront you will be solved.” Mount of Blessing 101.3

“We need to follow more closely God’s plan of life. To do our best in the work that lies nearest, to commit our ways to God, and to watch for the indications of His providence—these are rules that ensure safe guidance in the choice of an occupation.” Education 267.3

Learn to Pray – Learn from Jesus

“Shew me thy ways, O Lord; teach me thy paths. Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.” Psalms 24:4-5

Jesus is your greatest teacher. He is so willing and so ready to bring you into a closer fellowship with Himself.

“He is willing to teach you how to pray with the believing confidence and assurance of a little child.... Enroll your name anew

as a student in His school. Learn to pray in faith receive the knowledge of Jesus. Will you not sit at the feet of Jesus and learn from Him? All that you have to do is to learn of Him.

Yes Jesus, help me to learn that lesson." Our High Calling,, 102, Letter 38, 1893

"...Never, never has one soul been disappointed. Jesus, my tried stone, to thee will I come moment by moment. In thy presence, I am lifted above pain. "When my heart is overwhelmed, lead me to the Rock that is higher than I." Psalm 61:2." Our High Calling,, 54

May the LORD bless you and keep you in His care.

Friedrich (Fritz) Baumung

Introduction

Whatever the need of any person, the answer is to be found in Scripture. One needs to take the time to search for it. Whatever you are feeling, whatever you are suffering, whatever you are hoping for, the Bible has something to offer and something to say to you personally. There are physical needs like food, shelter, and provisions for the daily life. Deuteronomy 15:8, 2 Chronicles 2:16. More important than these is our spiritual need.

“And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things: But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her.” Luke 10:41-42

Concerning the supply of our needs in Gods promises, we must consider three aspects:

1. The Promise Itself

“...for your heavenly Father knoweth that ye have need of all these things.” Matthew 6:32

“...thy Father which seeth in secret shall reward thee openly.” Matthew 6:6 See also Matthew 6:5-6, 25-34

“Our heavenly Father has a thousand ways to provide for us, of which we know nothing. Those who accept the one principle of making the service and honor of God supreme will find perplexities vanish, and a plain path before their feet.” The Desire of Ages, 330.1

“God stands back of every promise he has made. With your Bibles in your hands say, “I have done as thou hast said. I present thy promise, ‘Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.’” Christ declares, “What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.” “Whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.”” Christ’s Object Lessons 147

“Can you not trust in your heavenly Father? Can you not rest upon His gracious promise? “Seek ye first the kingdom of God, and

His righteousness; and all these things shall be added unto you." Precious promise! Can we not rely upon it? Can we not have implicit trust, knowing that He is faithful who hath promised? I entreat you to let your trembling faith again grasp the promises of God. Bear your whole weight upon them with unwavering faith; for they will not, they cannot, fail." Testimonies for the Church, Vol 2 496.2

"The enemy can never take out of the hand of Christ the one who is simply trusting in his promises." SDA Bible Commentary 959

2. The Promise Provided

"And they continued steadfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers. And fear came upon every soul: and the apostles did many wonders and signs. And all that believed were together, and had all things common; and sold their possessions and goods, and parted them to all men, as every man had need. And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart, Praising God, and having favour with all the people. And the Lord added to the church daily such as should be saved." Acts 2:42-47

"We should now acquaint ourselves with God by proving His promises. Angels record every prayer that is earnest and sincere. We should rather dispense with selfish gratifications than neglect communion with God." The Great Controversy 622

"Think of Christ. Look to Him in faith, believing His promises. Keep your mind trustful. He will be your stay. Lean on Him, depend on Him...put your trust in One whose arm will never fail...Looking to Jesus you will find encouragement." Selected Messages Book 2, 265

3. The Promise Fulfilled

"And all things whatsoever ye shall ask in prayer, believing, ye shall receive." Matthew 21:22

"All things are possible to him that believeth; and whatsoever things we desire when we pray, if we believe that we receive them we shall have them. This faith will penetrate the darkest cloud and bring rays of light and hope to the drooping, desponding soul. It is the absence of this faith and trust, which brings perplexity, distressing

fears, and surmisings of evil. God will do great things for His people when they put their entire trust in Him." Testimonies for the Church Vol 2, 140

"Let these blessed promises, set in the framework of faith, be placed in memories halls. Not one of them will fail. All that God has spoken, He will do. "He is faithful that promised". Testimonies for the Church Vol 5, 630

Remember Pauls experience in Philippians 4:10-13 & Hebrews 4:16:

"But I rejoiced in the Lord greatly, that now at the last your care of me hath flourished again; wherein ye were also careful, but ye lacked opportunity. Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ which strengthened me." Philippians 4:10-13

"Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need." Hebrew 4:16

The Old Trusted ABC of Bible Promises

A – ASK Matthew 7:7

For any gift he has promised, we may ask.

B – BELIEVE Mark 11:22-24

We are to believe that we have received it.

C – CLAIM John 11:41

Then we are to return thanks to God that we have received it!

"For any gift He has promised, we may ask; then we are to believe that we receive, and return thanks to God that we have received." Education, 248

"If we receive the promise, we have the gift." Education, 253

"The gift is in the promise." Education, 258

"All his (Gods) gifts are promised on condition of obedience." Christ's Object Lessons 145

"One sentence of Scripture is of a more value than thousands of mans ideas or augments." Testimonies for the Church Vol 7, 71

“With your Bible in your hands, say ‘I have done as thou has said. I present thy promises’.” Christ’s Object Lessons 146

“The Comforter that Christ promised to send in His name abides with us. In the way that leads to the City of God there are no difficulties, which those who trust in Him may not overcome. There are no dangers, which they may not escape. There is not a sorrow, not a grievance, not a human weakness, for which He has not provided a remedy.” Ministry of Healing 249.1

“For all the promises of God in Him are yes, and in Him amen, to the glory of God through us.” 2 Corinthians 1:20 NEB

Topical Index

A

Advocate – 14
Affection – 17
Affliction – 17
Assurance – 18
Atonement – 19

B

Baptism – 20
Belief – 21
The Bible – 22
Burdens – 24

C

Choices – 26
Christ – 27
Christian Character – 36
Church – 43
Circumstances – 45
Cleanliness – 46
Conscience – 47
Conversion – 48
Counsellor – 49

D

Darkness – 50
Depression – 52
Difficulties – 54
Doubt – 55
Duties – 56

E

Effort – 57
Eternal Life – 59
Evangelism – 61

F

Faith – 63

Family of God – 69

Forgiveness – 69

Friendship – 70

G

Grace – 72

Guard and Guide – 74

H

Happiness – 77

Health – 81

Heart – 82

Heaven – 86

Help – 90

Hold on God – 92

Hope – 93

Humility – 94

I

Individuality – 96

J

Judgement – 97

Justification – 98

K

Keynote – 99

Kindness – 99

L

The Law – 100

Light – 104

Love – 105

M

Man of God – 105

Marriage – 107

Meekness – 108

Miracles – 109

The Mind – 110

N

Nature – 113

Need – 115

O

Obedience – 116

Offerings – 118

Overcome – 118

P

Pardon – 122

Peace – 123

Prayer – 125

Preparation – 129

Principle – 130

Protection – 131

Providence – 131

Purification – 132

Purpose – 133

Promise – 134

Q

Quibbling – 135

Quietude – 136

R

Rejoice – 137

S

Sacrifice – 138

Salvation – 139

Sanctification – 141

Selfishness – 145

Service – 146

Sin – 148

The Holy Spirit – 151

Strength – 152

Surrender – 153

T

Temptation – 156

Thankfulness – 159

Training – 160
Trials – 167
True to God – 166
Trust – 166
Truth – 167

U

Unbelief – 170
Usefulness – 171

V

Victory – 171
Vitality and Vigor – 174
Virtue and Modesty – 175

W

The Will – 176
Wisdom – 180
Words – 181
Works – 182
Worry – 183

Y

Yoke – 185

Z

Zeal – 186

A ADVOCATE

“My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:” 1 John 2:1

“Who [is] he that condemneth? [It is] Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us.” Romans 8:34

“Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them. ²⁶ For such an high priest became us, [who is] holy, harmless, undefiled, separate from sinners, and made higher than the heavens; ²⁷ Who needeth not daily, as those high priests, to offer up sacrifice, first for his own sins, and then for the people’s: for this he did once, when he offered up himself.” Hebrews 7:25-27

“[It was] therefore necessary that the patterns of things in the heavens should be purified with these; but the heavenly things themselves with better sacrifices than these. ²⁴ For Christ is not entered into the holy places made with hands, [which are] the figures of the true; but into heaven itself, now to appear in the presence of God for us: ²⁵ Nor yet that he should offer himself often, as the high priest entereth into the holy place every year with blood of others; ²⁶ For then must he often have suffered since the foundation of the world: but now once in the end of the world hath he appeared to put away sin by the sacrifice of himself.” Hebrews 9:23-26

“In all our acts of true devotion we fix our eye of faith upon our Advocate, who is standing between man and the eternal throne, waiting to meet our every effort and by His Spirit assist us to a more perfect knowledge of God.” Manuscript7-1898

“All who come to Christ today are to remember that His merit is the incense that mingles with the prayers of those who repent of their sins and receive pardon and mercy and grace. Our need of Christ’s intercession is constant. Day by day, morning and evening, the humble heart needs to offer up prayers to which will be returned answers of grace and peace and joy. “By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips, giving thanks to his name. But to do good and to communicate forget not; for with such sacrifice God

is well pleased." [Hebrews 13:15,16]" Manuscript14-1901

"We may reach up to Jesus Christ, who is our advocate in the heavenly courts. We need a friend at court. We have been sinning, been disobedient, been transgressors, and it is of the highest consequence to us that we have a friend at court to plead our cases to the Father. He says, If I be lifted up I will draw all men unto Me. Well, will all be drawn? Christ draws, but will they respond to the drawing? Will they come? The invitation here in Revelation is this: "And the Spirit and the bride say, Come, and let him that heareth say, Come, and let him that is athirst come. And whosoever will, let him take of the water of life freely." [Revelation 22:17.]" Manuscript10-1891.3

"Let us remember that our great High Priest is pleading before the mercy-seat in behalf of his ransomed people. He ever liveth to make intercession for us. If any man sin, we have an advocate with the Father, Jesus Christ the righteous. The blood of Jesus is pleading with power and efficacy for those who are backslidden, for those who are rebellious, for those who sin against great light and love. Satan stands at our right hand to accuse us, and our advocate stands at God's right hand to plead for us. He has never lost a case that has been committed to him. We may trust in our advocate; for he pleads his own merits in our behalf." The Review & Herald, August 15, 1893, par. 7

"Our crucified Lord is pleading for us in the presence of his Father at the throne of grace. His atoning sacrifice we may plead for our pardon, our justification, and our sanctification. The Lamb slain is our only hope. Our faith looks upon him, grasps him as the one who can save to the uttermost, and the fragrance of the all-sufficient offering is accepted of the Father." The Review & Herald, September 1, 1891, par. 2

"And another angel came and stood at the altar, having a golden censer; and there was given unto him much incense, that he should offer [it] with the prayers of all saints upon the golden altar which was before the throne. ⁴ And the smoke of the incense, [which came] with the prayers of the saints, ascended up before God out of the angel's hand." Revelation 8:3-4

"You are to be My witnesses upon earth, channels through which My grace can flow for the healing of the world. So I will be your representative in heaven. The Father beholds not your faulty character, but He sees you as clothed in My perfection. I am the medium through which Heaven's blessings shall come to you. And everyone who confesses

Me by sharing My sacrifice for the lost shall be confessed as a sharer in the glory and joy of the redeemed." *The Desire of Ages*, 357

"What a Friend we have at court. After His resurrection Christ spoke to His disciples, saying, "All power is given unto me in heaven and in earth." These words were spoken to all who will receive them as a living assurance." *SDA Bible Commentary*, Vol. 5, p. 1110

"Jesus continues: As you confess Me before men, so I will confess you before God and the holy angels. You are to be My witnesses upon earth, channels through which My grace can flow for the healing of the world. So I will be your representative in heaven. The Father beholds not your faulty character, but He sees you as clothed in My perfection. I am the medium through which Heaven's blessings shall come to you. And everyone who confesses Me by sharing My sacrifice for the lost shall be confessed as a sharer in the glory and joy of the redeemed." *The Desire of Ages*, 357.1

"But suppose that we sin after we have been forgiven, after we have become the children of God, then need we despair?--No; for John writes, "My little children, these things I write unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous." Jesus is in the heavenly courts pleading with the Father in our behalf. He presents our prayers, mingling with them the precious incense of his own merit, that our prayers may be acceptable to the Father. He puts the fragrance into our prayers, and the Father hears us because we ask for the very things which we need, and we become to others a savor of life unto life." *The Review & Herald*, March 1, 1892 par. 8

"The souls that turn to Him for refuge, Jesus lifts above the accusing and the strife of tongues. No man or evil angel can impeach these souls. Christ unites them to His own divine-human nature. They stand beside the great Sin Bearer, in the light proceeding from the throne of God. "Who shall lay anything to the charge of God's elect? It is God that justifieth. Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us." *Romans 8: 33, 34.*" *The Desire of Ages*, 568

See also: 1 John 2:1, 1 Timothy 2:4-6, Romans 8:34.

AFFECTION

TOWARD OUR NEIGHBOUR

“And the Lord make you to increase and abound in love one toward another, and toward all [men], even as we [do] toward you.” 1 Thessalonians 3:12

“God would have His children realize that in order to glorify Him their affection must be given to those who most need it.” Manuscript 17-1899

“Those who possess much affection are responsible to God to bestow this affection... on all who need help.... To love as Christ loved means to manifest unselfishness at all times and in all places, by kind words and pleasant looks. These cost those who give them nothing, but they leave behind a fragrance that surrounds the soul. Their effect can never be estimated.... The souls of those who love Jesus will be surrounded with a pure, fragrant atmosphere.” Our High Calling, 231

“Mutual love binds heart to heart, and the unity that exists among the members of the family preaches the most effectual sermon that could be preached on practical godliness.... The members of the family become members of the royal family above, children of the heavenly King.” Our High Calling, 304

ON THINGS ABOVE

“Set your affection on things above, not on things on the earth.” Colossians 3:2

“Their affections are ardent, and if they are withdrawn from the world, and placed upon Christ and heaven, doing the will of God, they will have a hope of the better life that is enduring, and they will abide forever, being crowned with glory, honour, immortality, eternal life.” Our High Calling, 306

See also: Romans 12:10, 1 Thessalonians 2:8.

AFFLICTION

“Blessed are they which are persecuted for righteousness’ sake: for theirs is the kingdom of heaven.” Matthew 5:10

“At all times and in all places, in all sorrows and in all afflictions, when the outlook seems dark and the future perplexing, and we feel helpless and alone, the Comforter will be sent in answer to the prayer of faith.

Circumstances may separate us from every earthly friend; but no circumstance, no distance, can separate us from the heavenly Comforter. Wherever we are, wherever we may go, He is always at our right hand to support, sustain, uphold, and cheer." *The Desire of Ages*, 669

"A religious experience is gained only through conflict, through disappointment, through severe discipline of self, through earnest prayer. The steps to heaven must be taken one at a time, and every advance step gives strength for the next." *Councils to Parents, Teachers and Students*, 100.1

See also: Job 36:15, Isaiah 30:19-21, Psalm 25:15-18, Lamentations 3:32,33.

ASSURANCE

"What man is he that desireth life, and loveth many days, that he may see good? Keep thy tongue from evil, and thy lips from speaking guile. Depart from evil, and do good; seek peace, and pursue it. The eyes of the LORD are upon the righteous, and his ears are open unto their cry." *Psalms 34:12-15*

"The sun shall not smite thee by day, nor the moon by night. The Lord shall preserve thee from all evil: he shall preserve thy soul." *Psalm 121:6-7*

"He shall deliver thee from the snare of the fowler, and from the noisome pestilence. He shall cover thee with his feathers, and under his wings shalt thou trust.... Because thou hast made the Lord, which is my refuge, even the most High, thy habitation; There shall no evil befall thee, neither shall any plague come nigh thy dwelling." *Psalm 91:3-10*

"Our heavenly Father has a thousand ways to provide for us of which we know nothing. Those who accept the one principle of making the service of God supreme, will find perplexities vanish and a plain path before their feet." *The Desire of Ages*, 330.1

"Our Lord adapts Himself to our special needs. He is a shade on our right hand. He walks close by our side, ready to supply all our necessities. He comes very near to those who are engaged in willing service for Him. He knows every one by name. O what assurances we have of the tender love of Christ." *SDA Bible Commentary, Vol. 3*, 1153.8

"“A Tried Stone” is Christ, tried by the perversity of man. Thou, O our Saviour, hast taken the burden; Thou hast given peace and rest; Thou hast been tried, proved by believers who have taken their trials to Thy

sympathy, their sorrows to Thy love, their wounds to Thy healing, their weakness to Thy strength, their emptiness to Thy fullness; and never, never has one soul been disappointed. Jesus, my Tried Stone, to Thee will I come, moment by moment. In Thy presence I am lifted above pain. "When my heart is overwhelmed, lead me to the Rock that is higher than I." Psalm 61:2." Our High Calling, 54

See also: 1 Peter 3:10-12, Isaiah 32:17, Hebrew 10:22.

ATONEMENT

"Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed." 1 Peter 2:24

"Neither by the blood of goats and calves, but by his own blood he entered in once into the holy place, having obtained eternal redemption [for us]." Hebrews 9:12

"But he [was] wounded for our transgressions, [he was] bruised for our iniquities: the chastisement of our peace [was] upon him; and with his stripes we are healed." Isaiah 53:5

"Not one of the angels could have become surety for the human race: their life is God's; they could not surrender it. The angels all wear the yoke of obedience. They are the appointed messengers of Him who is the Commander of all heaven. But Christ is equal with God, infinite and omnipotent. He could pay the ransom for man's freedom. He is the eternal self-existing Son, on whom no yoke had come; and when God asked, "Whom shall I send?" He could reply, "Here am I; send Me." He could pledge Himself to become man's surety; for He could say that which the highest angel could not say,--I have power over My own life, "power to lay it down, and... power to take it again". SDA Bible Commentary, Vol. 5, 1136.12

"Jesus refused to receive the homage of His people until He knew that His sacrifice had been accepted by the Father, and until He had received the assurance from God Himself that His atonement for the sins of His people had been full and ample, that through His blood they might gain eternal life. Jesus immediately ascended to heaven and presented Himself before the throne of God, showing the marks of shame and cruelty upon His brow, His hands and feet. But he refused to receive the coronet of glory, and the royal robe, and He also refused the adoration of the angels

as He had refused the homage of Mary, until the Father signified that His offering was accepted." SDA Bible Commentary, Vol. 5, 1150.3

"When the sinner reaches the cross, and looks up to the One who died to save him, he may rejoice with fullness of joy; for his sins are pardoned. Kneeling at the cross, he has reached the highest place to which man can attain. The light of the knowledge of the glory of God is revealed in the face of Jesus Christ; and the words of pardon are spoken: Live, O ye guilty sinners, live. Your repentance is accepted; for I have found a ransom." Our High Calling, 46.3

"The Bible assures us that we are in the great Day of Atonement. The typical Day of Atonement was a day when all Israel afflicted their souls before God, confessed their sins, and came before the Lord with contribution of soul, remorse for their sins, genuine repentance, and living faith in the atoning sacrifice." Our High Calling, 370

See also: Romans 5:8-11.

B

BAPTISM

"Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and [of] the Spirit, he cannot enter into the kingdom of God." John 3:5

"And now why tarriest thou? arise, and be baptized, and wash away thy sins, calling on the name of the Lord." Acts 22:16

"For as many of you as have been baptized into Christ have put on Christ." Galatians 3:27

"Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life." Romans 6:4.

"The Father, the Son, and the Holy Spirit, the three holy dignitaries of heaven, have declared that they will strengthen men to overcome the powers of darkness. All the facilities of heaven are pledged to those who by their baptismal vows have entered into a covenant with God." Manuscript 92, 1901, SDA Bible Commentary, Vol. 5, 1110

"Never allow your children to suppose that they are not children of God until they are old enough to be baptized. Baptism does not make children Christians; neither does it convert them; it is but an outward sign,

showing that they are sensible that they should be children of God by acknowledging that they believe in Jesus Christ as their Saviour and will henceforth live for Christ." Manuscript 5, 1896. Child Guidance, 499.2

"Baptism is a most solemn renunciation of the world. Those who are baptized in the threefold name of the Father, the Son, and the Holy Spirit, at the very entrance of their Christian life declare publicly that they have forsaken the service of Satan and have become members of the royal family, children of the heavenly King. They have obeyed the command: "Come out from among them, and be ye separate, ... and touch not the unclean thing." And to them is fulfilled the promise: "I will receive you, and will be a Father unto you, and ye shall be My sons and daughters, saith the Lord Almighty." 2 Corinthians 6:17, 18." Counsels for the Church, 295.3

"The vows which we take upon ourselves in baptism embrace much. In the name of the Father, the Son, and the Holy Spirit we are buried in the likeness of Christ's death and raised in the likeness of His resurrection, and we are to live a new life. Our life is to be bound up with the life of Christ. Henceforth the believer is to bear in mind that he is dedicated to God, to Christ, and to the Holy Spirit. He is to make all worldly considerations secondary to this new relation. Publicly he has declared that he will no longer live in pride and self-indulgence. He is no longer to live a careless, indifferent life. He has made a covenant with God. He has died to the world. He is to live to the Lord, to use for Him all his entrusted capabilities, never losing the realization that he bears God's signature, that he is a subject of Christ's kingdom, a partaker of the divine nature. He is to surrender to God all that he is and all that he has, employing all his gifts to His name's glory." Counsels for the Church, 295.4

BELIEF

"That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved." Romans 10:9

"Then Simon Peter answered him, Lord, to whom shall we go? thou hast the words of eternal life. And we believe and are sure that thou art that Christ, the Son of the living God." John 6:68-69

"As many as received Him, to them gave He power to become the sons of God, even to them that believe on His name." John 1:12

“Be it known unto you therefore, men and brethren, that through this man is preached unto you the forgiveness of sins: And by him all that believe are justified from all things, from which ye could not be justified by the law of Moses.” Acts 13:38-39

“It would be well to remember that every true child of God has the cooperation of heavenly beings. Invisible armies of light and power attend the meek and lowly ones who believe and claim the promises of God. Cherubim and seraphim, and angels that excel in strength, stand at God’s right hand, “all ministering spirits, sent forth to minister for them who shall be heirs of salvation.” Hebrews 1:14. Acts of the Apostles, 154.2”

“The righteous shall flourish like the palm tree: he shall grow like a cedar in Lebanon.” Psalm 92:12.... So the Christian strikes root deep into Christ. He has faith in his Redeemer. He knows in whom he believes. He is fully persuaded that Jesus is the Son of God and the Saviour of sinners.... The roots of faith strike deep down. Genuine Christians, like the cedar of Lebanon, do not grow in the soft surface soil, but are rooted in God, riveted in the clefts of the mountain rocks.” Our High Calling, 331

“The current of spiritual life thrills the soul as the words of Christ are believed and practiced. Thus it is that we are made one with Christ. The experience that was weak and feeble becomes strong. It is eternal life to us if we hold the beginning of our confidence firm unto the end.” Our High Calling, 208

“If Thou canst do anything, have compassion on us, and help us.” How many a sin-burdened soul has echoed that prayer. And to all the pitying. Saviour’s answer is, “If thou canst believe, all things are possible to him that believeth.” The Signs of the Times, January 20, 1904 par. 6

See also: 1 John 1:9, Isaiah 45:22, 2 Corinthians 3:18, Acts 17:11-12, 16:31, John 1:12, 14:1, Matthew 8:13, Romans 15:13, 1 Corinthians 13:4,7.

THE BIBLE

“For the word of God [is] quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and [is] a discerner of the thoughts and intents of the heart.” Hebrews 4:12

“All scripture [is] given by inspiration of God, and [is] profitable for doctrine, for reproof, for correction, for instruction in righteousness:” 2

Timothy 3:16-17

"For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope." Romans 15:4

"Study God's word prayerfully. That word presents before you, in the law of God and the life of Christ, the great principles of holiness, without which "no man shall see the Lord." Hebrews 12:14. It convinces of sin; it plainly reveals the way of salvation. Give heed to it as the voice of God speaking to your soul." Steps to Christ, 35

"Let everyone study the Bible, knowing that the Word of God is as enduring as the eternal throne. If you come to the study of the Scriptures in humility, with earnest prayer for guidance, angels of God will open to you its living realities; and if you cherish the precepts of truth, they will be to you as a wall of fire against the temptations, delusions, and enchantments of Satan." Our High Calling, 210

"The reading of God's Word does not fascinate the imagination and inflame the passions, like the fictions of a storybook, but it softens and soothes the heart, and elevates and sanctifies the affections." Our High Calling, 275

"Let the Word of God find a place in every room in the house. Keep the Bible, the bread of life, in plain sight.... Keep choice, elevating literature ever before the members of the family." My Life Today, 89.2

"If there was ever a time when a knowledge of the Scriptures was more important than at any other, that time is the present. I appeal to old and young, Make the Bible your text-book. Here you will find the true standard of character." Our High Calling, 276

"A study of God's Word, which is eternal life to the receiver, would invigorate and strengthen the mind; but too often the grace of Christ finds the right of way obstructed by the mass of rubbish which has been allowed to accumulate in the mind. The mind is not kept hungry for the blessed Word, which must be eaten in order for the thoughts to be pure and holy... Read your Bible.... Obedience to the Word of God is our only safety." Our High Calling, 277.5

"Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart: for I am called by thy name, O LORD God of hosts." Jeremiah 15:16

“The law of the Lord is perfect, converting the soul: the testimony of the Lord is sure, making wise the simple.” Psalm 19:7.

“A man is but a man.... For God’s people to put their trust in men and make flesh their arm is the height of folly.” Manuscript 119, Oct. 7, 1903.

“We are to be sanctified through the truth, but Jesus declares, “Thy word is truth.” We can be sanctified only through a knowledge of the word of God, and that word is to become a part of our life. God has given you a Bible, and when your will is submitted to God’s will, you will know what is truth. The law of God is the standard to which we are to come. It is the mirror, which reveals to us our defects of character.” The Review & Herald, March 1, 1892, par. 8

“Take the Word of God, and kneeling before God, ask, What has God spoken to me from His Word? Wait before the Lord to learn the way in which you are to go.... You may learn of the heavenly Teacher His meekness and lowliness of heart. In His strength be steadfast, and stand in opposition to all that is displeasing to God, and encourage all that is right, and pure, and true. Live a life that Jesus, your heavenly Father, and the angelic host can look upon with favour.”

See also: Hebrews 4:12, 2 Timothy 3:14-15, Romans 1:16; 10:8-11, Psalm 119:105, 130, 1 Peter 1:23, Revelation 1:3.

BURDENS

“Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved.” Psalm 55:22

“Come unto me, all ye that labour and are heavy laden, and I will give you rest”. Matthew 11:28.

“Many who hear this invitation, while sighing for rest, yet press on the rugged path, hugging their burdens close to their heart. Jesus loves them, and longs to bear their burdens and themselves also in His strong arms. He would remove the fears and uncertainties that rob them of peace and rest; but they must first come to Him, and tell Him the secret woes of their heart... Sometimes we pour our troubles into human ears, and tell our afflictions to those who cannot help us, and neglect to confide all to Jesus, who is able to change the sorrowful way to paths of joy and peace... He proposes to be our friend, to walk with us through all the rough pathways of life. He says to us, I am the Lord thy God; walk with me, and I will fill thy path with light. Jesus, the Majesty of Heaven, proposes to

elevate to companionship with Himself those who come to Him with their burdens, their weaknesses, and their cares... His invitation to us is a call to a pure, holy, and happy life--a life of peace and rest, of liberty and love--and to a rich inheritance in the future, immortal life." Our High Calling, 97.5

"Whether they know it or not, all are weary and heavy-laden. All are weighed down with burdens that only Christ can remove. The heaviest burden that we bear is the burden of sin. If we were left to bear this burden, it would crush us. But the Sinless One has taken our place. "The Lord hath laid on Him the iniquity of us all." Isaiah 53:6. He has borne the burden of our guilt. He will take the load from our weary shoulders. He will give us rest. The burden of care and sorrow also He will bear. He invites us to cast all our care upon Him; for He carries us upon His heart." The Desire of Ages, 328.5

"The Elder Brother of our race is by the eternal throne. He looks upon every soul who is turning his face toward Him as the Saviour. He knows by experience what are the weaknesses of humanity, what are our wants, and where lies the strength of our temptations; for He was in all points tempted like as we are, yet without sin. He is watching over you, trembling child of God. Are you tempted? He will deliver. Are you weak? He will strengthen. Are you ignorant? He will enlighten. Are you wounded? He will heal. The Lord "telleteth the number of the stars;" and yet "He healeth the broken in heart, and bindeth up their wounds." Psalm 147:4, 3. "Come unto Me," is His invitation. Whatever your anxieties and trials, spread out your case before the Lord. Your spirit will be braced for endurance. The way will be opened for you to disentangle yourself from embarrassment and difficulty. The weaker and more helpless you know yourself to be, the stronger will you become in His strength. The heavier your burdens, the more blessed the rest in casting them upon the Burden Bearer. The rest that Christ offers depends upon conditions, but these conditions are plainly specified. They are those with which all can comply. He tells us just how His rest is to be found. The Desire of Ages, 329.1

"Take My yoke upon you," Jesus says. The yoke is an instrument of service. Cattle are yoked for labor, and the yoke is essential that they may labor effectually. By this illustration Christ teaches us that we are called to service as long as life shall last. We are to take upon us His yoke, that we may be co-workers with Him. The yoke that binds to service is the law of God. The great law of love revealed in Eden, proclaimed upon Sinai, and in the new covenant written in the heart, is that which binds the

human worker to the will of God." *The Desire of Ages*, 329

See also: Psalm 55:22, Matthew 11:30, Galatians 6:2.

C

CHOICES

"And if it seem evil unto you to serve the Lord, choose you this day whom ye will serve;... but as for me and my house, we will serve the Lord. Joshua 24:15."

"It is ours to choose whether we will be numbered with the servants of Christ or the servants of Satan. Every day we show by our conduct whose service we have chosen." *Our High Calling*, 15.6

"In our world there are two classes. One is made up of those who behold a crucified and risen Saviour. The other includes all who have chosen to look away from the cross, and to follow the leadings of satanic influences. The latter class are busily engaged in putting stumbling blocks before God's people, to cause them to fall, and turn from the path of obedience into the broad way of disobedience and death." *Our High Calling*, 15.2

"Many choose unrighteousness because Satan presents it in such a way that it seems attractive to those who are not on guard against his wiles. And he works in a special manner through unsanctified men and women who profess to be children of God. In some way or other the enemy will seek to deceive all, even the very elect. Only as we are partakers of the divine nature can we escape the corrupting influences that are brought to bear upon us by the enemy of our souls." *Our High Calling*, 15.3

"As Satan seeks to break down the barriers of the soul, by tempting us to indulge in sin, we must by living faith retain our connection with God, and have confidence in His strength to enable us to overcome every besetment. We are to flee from evil, and seek righteousness, meekness, and holiness." *Our High Calling*, 15.4

"Heaven with its attractions is before you, an eternal weight of glory, which you may lose or gain. Which shall it be? Your life and your character will testify the choice you have made. I feel the more anxious because I see so many indifferent upon the subjects of infinite importance. They are always busy here and there about matters of minor importance,

and the one great subject is put out of their thoughts. They have no time to pray, no time to watch, no time to search the Scriptures. They are altogether too busy to make the necessary preparation for the future life. They cannot devote time to perfect Christian characters and in diligence to secure a title to heaven." Our High Calling, 44.4

"If you have life eternal, you must be earnest and work to the point.... Glorify God by choosing His way, His will. He will be your wise counselor and your fast, unchanging friend." Our High Calling, 44.5

"Make God your Counselor. Discipline and control the mental faculties. Self-control is a power that all may possess. It is gained by placing the will wholly on the side of God, taking the will of God for your will." Our High Calling, 219

"It is time for every one of us to decide whose side we are on. The agencies of Satan will work with every mind that will allow itself to be worked by him. But there are also heavenly agencies waiting to communicate the bright rays of the glory of God to all who are willing to receive Him." Our High Calling, 15.5

"Dear young reader, what choice have you made? What is the record of your daily life?" Our High Calling, 15.7

See also: Matthew 20:16, Deuteronomy 30:19-20, Proverbs 8:1-21, 2 Peter 2:4-5, Romans 5:12-16

CHRIST

SON OF GOD AND SON OF MAN

"And let them make me a sanctuary; that I may dwell among them." Exodus 25:8

"And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth." John 1:14

"Christ is the ladder that Jacob saw, the base resting on the earth, and the topmost round reaching to the gate of heaven, to the very threshold of glory. If that ladder had failed by a single step of reaching the earth, we should have been lost. But Christ reaches us where we are. He took our nature and overcame, that we through taking His nature might overcome. Made "in the likeness of sinful flesh" (Romans 8:3), He lived a sinless life. Now by His divinity He lays hold upon the throne of heaven, while by His humanity He reaches us. He bids us by faith in Him attain

to the glory of the character of God. Therefore are we to be perfect, even as our "Father which is in heaven is perfect." The Desire of Ages, 311.5

"By His humanity, Christ touched humanity; by His divinity, He lays hold upon the throne of God. As the Son of man, He gave us an example of obedience; as the Son of God, He gives us power to obey. It was Christ who from the bush on Mount Horeb spoke to Moses saying, "I AM THAT I AM.... Thus shalt thou say unto the children of Israel, I AM hath sent me unto you." Exodus 3:14. This was the pledge of Israel's deliverance. So when He came "in the likeness of men," He declared Himself the I AM. The Child of Bethlehem, the meek and lowly Saviour, is God "manifest in the flesh." 1 Timothy 3:16. And to us He says: "I AM the Good Shepherd." "I AM the living Bread." "I AM the Way, the Truth, and the Life." "All power is given unto Me in heaven and in earth." John 10:11; 6:51; 14:6; Matthew 28:18. I AM the assurance of every promise. I AM; be not afraid. "God with us" is the surety of our deliverance from sin, the assurance of our power to obey the law of heaven." The Desire of Ages, 24-25

"In stooping to take upon Himself humanity, Christ revealed a character the opposite of the character of Satan. But He stepped still lower in the path of humiliation. "Being found in fashion as a man, He humbled Himself, and became obedient unto death, even the death of the cross." Philippians 2:8. As the high priest laid aside his gorgeous pontifical robes, and officiated in the white linen dress of the common priest, so Christ took the form of a servant, and offered sacrifice, Himself the priest, Himself the victim. "He was wounded for our transgressions, He was bruised for our iniquities: the chastisement of our peace was upon Him." Isaiah 53:5." The Desire of Ages, 25.1

"Christ was treated as we deserve, that we might be treated as He deserves. He was condemned for our sins, in which He had no share, that we might be justified by His righteousness, in which we had no share. He suffered the death, which was ours, that we might receive the life, which was His. "With His stripes we are healed." The Desire of Ages, 25.2

"By His life and His death, Christ has achieved even more than recovery from the ruin wrought through sin. It was Satan's purpose to bring about an eternal separation between God and man; but in Christ we become more closely united to God than if we had never fallen. In taking our nature, the Saviour has bound Himself to humanity by a tie that is never to be broken. Through the eternal ages He is linked with us.

“God so loved the world, that He gave His only-begotten Son.” John 3:16. He gave Him not only to bear our sins, and to die as our sacrifice; He gave Him to the fallen race. To assure us of His immutable counsel of peace, God gave His only-begotten Son to become one of the human family, forever to retain His human nature. This is the pledge that God will fulfill His word. “Unto us a child is born, unto us a son is given: and the government shall be upon His shoulder.” God has adopted human nature in the person of His Son, and has carried the same into the highest heaven. It is the “Son of man” who shares the throne of the universe. It is the “Son of man” whose name shall be called, “Wonderful, Counselor, The mighty God, The everlasting Father, The Prince of Peace.” Isaiah 9:6. The I AM is the Daysman between God and humanity, laying His hand upon both. He who is “holy, harmless, undefiled, separate from sinners,” is not ashamed to call us brethren. Hebrews 7:26; 2:11. In Christ the family of earth and the family of heaven are bound together. Christ glorified is our brother. Heaven is enshrined in humanity, and humanity is enfolded in the bosom of Infinite Love.” *The Desire of Ages*, 25.3

“Christ took upon Himself humanity, that He might reach humanity. Divinity needed humanity; for it required both the divine and the human to bring salvation to the world. Divinity needed humanity, that humanity might afford a channel of communication between God and man. So with the servants and messengers of Christ. Man needs a power outside of and beyond himself, to restore him to the likeness of God, and enable him to do the work of God; but this does not make the human agency unessential. Humanity lays hold upon divine power, Christ dwells in the heart by faith; and through co-operation with the divine, the power of man becomes efficient for good.” *The Desire of Ages*, 296-7

CHRIST'S HUMANITY A GOLDEN CHAIN

“For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.” Hebrews 4:15.

“When Christ took human nature upon Him, He bound humanity to Himself by a tie of love that can never be broken by any power save the choice of man himself. Satan will constantly present allurements to induce us to break this tie—to choose to separate ourselves from Christ. Here is where we need to watch, to strive, to pray, that nothing may entice us to choose another master; for we are always free to do this. But let us keep our eyes fixed upon Christ, and He will preserve us. Looking unto Jesus,

we are safe. Nothing can pluck us out of His hand. In constantly beholding Him, we “are changed into the same image from glory to glory, even as by the Spirit of the Lord.” 2 Corinthians 3:18. Steps to Christ, 72.1

“Christ’s overcoming and obedience is that of a true human being. In our conclusions, we make many mistakes because of our erroneous views of the human nature of our Lord. When we give to His human nature a power that it is not possible for man to have in his conflicts with Satan, we destroy the completeness of His humanity. His imputed grace and power He gives to all who receive Him by faith.” Our High Calling, 48.2

“The obedience of Christ to His Father was the same obedience that is required of man. Man cannot overcome Satan’s temptations without divine power to combine with his instrumentality. So with Jesus Christ; He could lay hold of divine power. He came not to our world to give the obedience of a lesser God to a greater, but as a man to obey God’s Holy Law, and in this way He is our example. The Lord Jesus came to our world, not to reveal what a God could do, but what a man could do, through faith in God’s power to help in every emergency. Man is, through faith, to be a partaker in the divine nature, and to overcome every temptation wherewith he is beset.” Our High Calling, 48.3

“The Lord now demands that every son and daughter of Adam, through faith in Jesus Christ, serve Him in human nature which we now have. The Lord Jesus has bridged the gulf that sin has made. He has connected earth with heaven, and finite man with the infinite God. Jesus, the world’s Redeemer, could only keep the commandments of God in the same way that humanity can keep them.” Our High Calling, 48.4 “We are not to serve God as if we were not human, but we are to serve Him in the nature we have, that has been redeemed by the Son of God; through the righteousness of Christ we shall stand before God pardoned, and as though we had never sinned. The humanity of the Son of God is everything to us. It is the golden chain that binds our souls to Christ, and through Christ to God.” Our High Calling, 48.6

THE VAST GIFT OF GOD

“Thanks be unto God for his unspeakable gift. 2 Corinthians 2:15.

“Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;¹⁹ But with the precious blood of Christ, as of a lamb without blemish and without spot.” 1 Peter 1:18-19

“Those who receive Christ by faith will be looked upon by Heaven as precious pearls for which the merchantman has paid an infinite price, and the human agents who find Christ will realize that they have found a heavenly treasure. They will be anxious to sell all that they have in order to buy the field which contains this treasure. As they contemplate the love of God, as the plan of salvation opens to their view, as the mystery of Christ’s condescension becomes plainer to them, as they see the sacrifice that He made for them, they count nothing too dear to give up for His sake. The more they dwell upon the wonderful love of God, the vaster becomes its proportion, and the brightness of the glory of God becomes too glorious for mortal vision.” Our High Calling, 13.2

“The Lord God of heaven collected all the riches of the universe, and laid them down in order to purchase the pearl of lost humanity. The Father gave all His divine resources into the hands of Christ in order that the richest blessings of heaven might be poured out upon a fallen race. God could not express greater love than He has expressed in giving the Son of His bosom to this world. This gift was given to man to convince him that God had left nothing undone that He could do, that there is nothing held in reserve, but that all heaven has been poured out in one vast gift. The present and eternal happiness of man consists in receiving God’s love, and in keeping God’s commandments.” Our High Calling, 13.3

“Christ is our redeemer. He is the Word that became flesh and dwelt among us. He is the fountain in which we may be washed and cleansed from all impurity. He is the costly sacrifice that has been given for the reconciliation of man. The universe of heaven, the worlds unfallen, the fallen world, and the confederacy of evil cannot say that God could do more for the salvation of man than He has done. Never can His gift be surpassed, never can He display a richer depth of love. Calvary represents His crowning work.... The Lord would have His followers enraptured with God through the knowledge of His paternal character.” Our High Calling, 13.4

“Since Jesus came to dwell with us, we know that God is acquainted with our trials, and sympathizes with our griefs. Every son and daughter of Adam may understand that our Creator is the friend of sinners. For in every doctrine of grace, every promise of joy, every deed of love, every divine attraction presented in the Saviour’s life on earth, we see “God with us.”” [Matthew 1:23] The Desire of Ages, 24.1

“It was not alone by dying on the cross that Christ accomplished His work of saving men. The ignominy and suffering and humiliation was a part of His mission. “He was wounded for our transgressions, and bruised for our iniquities; the chastisement of our peace was upon him, and with his stripes we are healed.” This penalty Christ bore for the sins of the transgressor; He has borne the punishment for every man and for this reason He can ransom every soul, however fallen his condition, if he will accept the law of God as his standard of righteousness.” Manuscript77-1899

“The character of Christ was one of unexampled excellence, embracing everything pure, true, lovely, and of good report. We have no knowledge of His ever visiting a party of pleasure or a dance hall, and yet He was the perfection of grace and courtly bearing. Christ was no novice; He was distinguished for the high intellectual powers He possessed even in the morning of His life. His youth was not wasted in indolence, neither was it wasted in sensual pleasure, self-indulgence, or frittered away in things of no profit. Not one of His hours from childhood to manhood was misspent, none were misappropriated. ” Our High Calling, 59.2

“Jesus was sinless and had no dread of the consequences of sin. With this exception His condition was as yours. You have not a difficulty that did not press with equal weight upon Him, not a sorrow that His heart has not experienced. His feelings could be hurt with neglect, with indifference of professed friends, as easily as yours. Is your path thorny? Christ’s was so in a tenfold sense. Are you distressed? So was He. How well fitted was Christ to be an example!” Our High Calling, 59.3

“Take Jesus as your standard. Imitate His life. Fall in love with His character. Walk as Christ walked. A new spring will be given to your intellectual faculties, a large scope to your thoughts, when you bring your powers into vigorous contact with eternal things which are intrinsically grand and great.” Our High Calling, 59.5

“The cross of Calvary is to be lifted high above the people, absorbing their minds and concentrating their thoughts. Then all the spiritual faculties will be charged with divine power direct from God.” Mount of Blessing 44

“It would be well for us to spend a thoughtful hour each day in contemplation of the life of Christ. We should take it point by point and let the imagination grasp each scene, especially the closing ones.” The Desire of Ages, 83

“Christ and Him crucified should be the theme of contemplation, of conversation, and of our most joyful emotion.” Steps to Christ, 103-104

“Those who see Christ in His true character, and receive Him into the heart, have everlasting life. It is through the Spirit that Christ dwells in us; and the Spirit of God, received into the heart by faith, is the beginning of the life eternal.” The Desire of Ages, 388

“To eat the flesh and drink the blood of Christ is to receive Him as a personal Saviour, believing that He forgives our sins, and that we are complete in Him. It is by beholding His love, by dwelling upon it, by drinking it in, that we are to become partakers of His nature. What food is to the body, Christ must be to the soul. Food cannot benefit us unless we eat it, unless it becomes a part of our being. So Christ is of no value to us if we do not know Him as a personal Saviour. A theoretical knowledge will do us no good. We must feed upon Him, receive Him into the heart, so that His life becomes our life. His love, His grace, must be assimilated.” The Desire of Ages, 389

“But even these figures fail to present the privilege of the believer’s relation to Christ. Jesus said, “As the living Father hath sent Me, and I live by the Father: so he that eateth Me, even he shall live by Me.” As the Son of God lived by faith in the Father, so are we to live by faith in Christ. So fully was Jesus surrendered to the will of God that the Father alone appeared in His life. Although tempted in all points like as we are, He stood before the world untainted by the evil that surrounded Him. Thus we also are to overcome as Christ overcame.” {The Desire of Ages, 389.4} “Are you a follower of Christ? Then all that is written concerning the spiritual life is written for you, and may be attained through uniting yourself to Jesus. Is your zeal languishing? has your first love grown cold? Accept again of the proffered love of Christ. Eat of His flesh, drink of His blood, and you will become one with the Father and with the Son.” The Desire of Ages, 389.5

“As they question, “Who is this?” the disciples, filled with the spirit of inspiration, answer this question. In eloquent strains they repeat the prophecies concerning Christ.” The Desire of Ages, 578.2

“Adam will tell you, It is the seed of the woman that shall bruise the serpent’s head. Ask Abraham, he will tell you, It is “Melchizedek King of Salem,” King of Peace. Genesis 14:18” Jacob will tell you, He is Shiloh of the tribe of Judah.” Isaiah will tell you, “Immanuel,” “Wonderful, Counselor, The mighty God, The everlasting Father, The Prince of Peace.”

Isaiah 7:14; 9:6." Jeremiah will tell you, The Branch of David, "the Lord our Righteousness." Jeremiah 23:6." Daniel will tell you, He is the Messiah." The Desire of Ages, 579.1

"Hosea will tell you, He is "the Lord God of hosts; the Lord is His memorial." Hosea 12:5." John the Baptist will tell you, He is "the Lamb of God, which taketh away the sin of the world." John 1:29." {The Desire of Ages, The great Jehovah has proclaimed from His throne, "This is My beloved Son." Matthew 3:17." We, His disciples, declare, This is Jesus, the Messiah, the Prince of life, the Redeemer of the world." And the prince of the powers of darkness acknowledges Him, saying, "I know Thee who Thou art, the Holy One of God." Mark 1:24." The Desire of Ages, 579.6

OUR PATTERN

"For such an high priest became us, who is holy, harmless, undefiled, separate from sinners, and made higher than the heavens." Hebrews 7:26

"Looking unto Jesus, dwelling upon His virtues, mercies, and purity will create in the soul an utter abhorrence for that which is sinful, and an intense longing and thirsting for righteousness. The more closely we discern Jesus, the more will we see our own defects of character: then confess these things to Jesus and with true contrition of soul co-operate with the divine power, the Holy Spirit, to put these things away." Letter 10-1893

"All that Christ was to the disciples, He desires to be to His children today.... Jesus prayed for us, and He asked that we might be one with Him, even as He is one with the Father. What a union is this! The Saviour has said of Himself, "The Son can do nothing of Himself;" "the Father that dwelleth in Me, He doeth the works." John 5:19; 14:10. Then if Christ is dwelling in our hearts, He will work in us "both to will and to do of His good pleasure." Philippians 2:13. We shall work as He worked; we shall manifest the same spirit. And thus, loving Him and abiding in Him, we shall "grow up into Him in all things, which is the head, even Christ." Ephesians 4:15." Steps to Christ, 75

LOOK AND LIVE

"As Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up: that whosoever believeth in him should not perish, but have eternal life." John 3:14, 15.

"The same lesson that Christ bade Moses to give to the children of

Israel in the wilderness is for all such souls suffering under the plague spot of sin. From the billowy cloud Christ spoke to Moses and told him to make a brazen serpent and place it upon a pole, and then bid all that were bitten with the fiery serpents to look and live. What if, in the place of looking as Christ commanded them, they had said, "I do not believe it will do me the least bit of good to look. I am too great a sufferer from the sting of the poisonous serpent." Obedience was the object to be gained, implicit and blind obedience, without stopping to inquire the reason or the science of the matter. Christ's word was, "Look and live." *Our High Calling*, 20.2

"We want clear views of what Jesus is to us. We want to have distinct views of the victories gained in our behalf. He spoiled principalities and powers and made a show of them openly. He broke the fetters of the tomb and came forth to take again His life that He laid down for us. He ascended on high, having led captivity captive and received gifts for men. All this suffering He endured for us...He will be our helper and He will be our refuge in every time of need. He should be revealed in our Christian experience as all-sufficient, a present Saviour." *Our High Calling*, 20.3

KNOCKING AT THE HEART'S DOOR

"Acquaint now thyself with him, and be at peace: thereby good shall come unto thee. Receive, I pray thee, the law from his mouth, and lay up his words in thine heart. If thou return to the Almighty, thou shalt be built up, thou shalt put away iniquity far from thy tabernacles. Then shalt thou lay up gold as dust, and the gold of Ophir as the stones of the brooks. Yea, the Almighty shall be thy defence, and thou shalt have plenty of silver." *Job 22:21-25*

"Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me." *Revelation 3:20*

"The Lord knocks at the door of your heart, desiring to enter, that he may impart spiritual riches to your soul. He would anoint the blind eyes, that they may discover the holy character of God in his law, and understand the love of Christ, which is indeed gold tried in the fire." *The Review & Herald*, February 25, 1890

LOOKING UNTO JESUS

“But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory even as by the Spirit of the Lord.” 2 Corinthians 3:18

“It is the Holy Spirit, the Comforter, which Jesus said He would send into the world, that changes our character into the image of Christ; and when this is accomplished, we reflect, as in a mirror, the glory of the Lord. That is, the character of the one who thus beholds Christ is so like His, that one looking at him sees Christ’s own character shining out as from a mirror. Imperceptibly to ourselves we are changed day by day from our own ways and will into the ways and will of Christ, into the loveliness of His character. Thus we grow up into Christ, and unconsciously reflect His image.” Our High Calling, 58.3

“It is not by looking away from Him that we imitate the life of Jesus, but by talking of Him, by dwelling upon His perfections, by seeking to refine the taste and elevate the character, by trying, through faith and love, and by earnest, persevering effort, to approach the perfect Pattern. By having a knowledge of Christ--His words, His habits and His lessons of instruction--we borrow the virtues of the character we have so closely studied, and become imbued with the spirit we have so much admired. Jesus becomes to us “ the chiefest among ten thousand,” the One “altogether lovely.”” Our High Calling, 58.4

“When the soul is brought into close relationship with the great Author of light and truth, impressions are made upon it revealing its true position before God. Then self will die, pride will be laid low, and Christ will draw His own image in deeper lines upon the soul.” Our High Calling, 58.5

See also: Hebrews 13:8, 1 John 4:14; 5:20, John 14:6; 6:51, 1 Timothy 1:1; 4:10, Psalms 32:7, 2 Timothy 1:10, Mark 9:41, Colossians 1:13, 18, 27, 1 Peter 1:19, Hebrews 2:17, Philippians 2:8, Hebrews 2:10, Ephesians 1:20-22, Romans 8:2, 38-39, 11:26, 1 John 5:20, Isaiah 28:16, Luke 7:34, 2 Peter 2:20, Habakkuk 3:18, Ephesians 1:7, Romans 3:24-25, Titus 2:14, Deuteronomy 7:9, Colossians 1:14, Galatians 4:4- 5, 1 Corinthians 6:20, Ephesians 4:30, 1 Peter 1:18-19, Galatians 3:13.

CHRISTIAN CHARACTER

“And as ye would that men should do to you, do ye also to them likewise.” Luke 6:31

“Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy. But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;” Matthew 5:43

“And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.” Luke 10:27

“His [Enoch’s] life was what the life of every individual may be if he closely connects with God.... When Christ shall come... the vile character will not be made holy then. The transformation of character must take place before His coming. Our natures must be pure and holy; we must have the mind of Christ... The spirit which Enoch, Joseph, and Daniel possessed, we may have. We may draw from the same source of strength, and realize the same power of self-control; and the same graces may shine out in our lives.” *Our High Calling*, 278

“True character is not shaped from without, and put on; it radiates from within. If we wish to direct others in the path of righteousness, the principles of righteousness must be enshrined in our own hearts. Our profession of faith may proclaim the theory of religion, but it is our practical piety that holds forth the word of truth. The consistent life, the holy conversation, the unswerving integrity, the active, benevolent spirit, the godly example,--these are the mediums through which light is conveyed to the world.” *The Desire of Ages*, 307

“The good tree will produce good fruit. If the fruit is unpalatable and worthless, the tree is evil. So the fruit borne in the life testifies as to the condition of the heart and the excellence of the character. Good works can never purchase salvation, but they are an evidence of the faith that acts by love and purifies the soul. And though the eternal reward is not bestowed because of our merit, yet it will be in proportion to the work that has been done through the grace of Christ.” *The Desire of Ages*, 314.2

“The character of the Christian is to be a reproduction of the character of Christ. The same love, the same grace, the same unselfish benevolence, seen in His life, is to characterize the lives of His followers.” *Our High Calling*, 198

“Let our great anxiety be to act in the fear of God... No one can injure our character as much as ourselves.” *Our High Calling*, 240

“Remember your characters are not finished; you are building up day

by day a character. Weave all the kindness, obedience, thoughtfulness, painstaking, and love into it you can. "Make it after the Divine Model. Educate yourselves that you may possess the ornament of a meek and quiet spirit, which is in the sight of God of great price. You can make the world better by living in it if you only do the very best you can." Letter 17-1883

"We must be Christlike. Let us strive to make our lives what Christ designs them to be, full of the fragrance of love to God and our fellow men, full of Christ's own divine Spirit, full of holy aspirations toward God, rich in the beauty of Christlikeness." *Our High Calling*, 274.5

"Christ's gift, the ornament of a meek and quiet spirit, is authoritatively declared by Him who can make no mistake to be of great price. We must each find out its worth for ourselves by seeking it from God. However men may estimate us, if we wear this ornament, we bear the sign of our discipleship with Christ." *Our High Calling*, 274.3

"Let us remember that character is not the result of accident, but day by day it is forming for good or for evil. Great importance attaches to this work of character building; for it is far reaching in its results. We are builders for time and for eternity."

"Be anxious and earnest to grow in grace, seeking for a more distinct and intelligent understanding of the will of God concerning you, striving earnestly for the mark of the prize before you. Christian perfection alone will win the spotless robes of character which will entitle you to stand before the throne of God among the blood-washed throng, bearing the palm branch of everlasting victory and eternal triumph." *Our High Calling*, 244

"Every true Christian will feel that he has something to do for the salvation of souls..... They must love souls as He loved them, be obedient as He was, be courteous, full of sympathy. They should war with all their power against the least defect of character in themselves. They must represent Jesus. In every act let Him appear." *Our High Calling*, 299.2

"The tempter's agency is not to be accounted an excuse for one wrong act. Satan is jubilant when he hears the professed followers of Christ making excuses for their deformity of character. It is these excuses that lead to sin. There is no excuse for sinning. A holy temper, a Christlike life, is accessible to every repenting, believing child of God." *The Desire of Ages*, 311.3

“The ideal of Christian character is Christlikeness. As the Son of man was perfect in His life, so His followers are to be perfect in their life. Jesus was in all things made like unto His brethren. He became flesh, even as we are. He was hungry and thirsty and weary. He was sustained by food and refreshed by sleep. He shared the lot of man; yet He was the blameless Son of God. He was God in the flesh. His character is to be ours. The Lord says of those who believe in Him, “I will dwell in them, and walk in them; and I will be their God, and they shall be My people.” 2 Corinthians 6:16.” *The Desire of Ages*, 311.4

“He who would confess Christ must have Christ abiding in him.... unless they possessed Christlike meekness and love, they were not confessing Him. A spirit contrary to the spirit of Christ would deny Him, whatever the profession.... Men may deny Christ by evilspeaking, by foolish talking, by words that are untruthful or unkind. They may deny Him by shunning life’s burdens, by the pursuit of sinful pleasure. They may deny Him by conforming to the world, by uncourteous behavior, by the love of their own opinions, by justifying self, by cherishing doubt, borrowing trouble, and dwelling in darkness. In all these ways they declare that Christ is not in them. And “whosoever shall deny Me before men,” He says, “him will I also deny before My Father which is in heaven.” Matt 10:33. *The Desire of Ages*, 357.2

“In the service of God there is no middle ground.... Let none expect to make a compromise with the world, and yet enjoy the blessing of the Lord. Let God’s people come out from this world, and be separate. Let us seek more earnestly to know and do the will of our Father in heaven. Let the light of truth which has shone upon us be so received that its bright rays may go forth from us to the world. Let unbelievers see that the faith we hold makes us better men and better women; that it is a living reality, sanctifying the character, transforming the life.... Let our conversation be upon heavenly things. Let us surround ourselves with an atmosphere of Christian cheerfulness. Let us show that our religion can stand the test of trial. Let us by our kindness, forbearance, and love prove to the world the power of our faith.” *Our High Calling*, 305.3

THE CHRISTIAN IN BUSINESS AND DAILY LIFE

“The Christian should not be content to be merely an active man of business. He should not be so absorbed in worldly affairs as to have scarcely a spare moment or a thought for recreation or friendship, for the good of others, for the culture of the mind, or the welfare of the soul.

Energy and diligence in business are commendable, but these should not lead us to neglect that love for God and man which the Bible enjoins." Our High Calling, 241.3

"The kindly word, the thoughtful act, true politeness and hospitality, will constantly exert an influence in favor of the Christian religion.... It is our duty as Christians to give the world unmistakable evidence that we are obeying the great commandment, "Thou shalt love thy neighbour as thyself," which is the same as our Saviour's golden rule, "Whatsoever ye would that men should do to you, do ye even so to them." [Matt. 7:12] Our High Calling, 241.5

HOLDING FAST TO CHRIST, THE LADDER

"We must keep the eye directed upward to God above the ladder. The question with men and women gazing heavenward is, How can I obtain the mansions for the blessed? It is by being a partaker of the divine nature. It is by escaping the "corruption that is in the world through lust." It is by entering into the holiest by the blood of Jesus, laying hold of the hope set before you in the gospel. It is by fastening yourself to Christ and straining every nerve to leave the world behind.... It is by being in Christ and yet led by Christ; It is by believing and working,... It is by holding onto Christ and constantly mounting upward toward God..... We point you to the ladder set up on earth, reaching to the city of God. Plant your feet on the ladder. Forsake your sins. Climb step by step and you will reach God above the ladder, and the Holy City of God." Our High Calling, 75

THE NEEDS OF A CHRISTIAN

"When the prophet Daniel beheld the glory surrounding the heavenly messenger that was sent unto him, he was overwhelmed with a sense of his own weakness and imperfection. Describing the effect of the wonderful scene, he says, "There remained no strength in me: for my comeliness was turned in me into corruption, and I retained no strength." Daniel 10:8. The soul thus touched will hate its selfishness, abhor its self-love, and will seek, through Christ's righteousness, for the purity of heart that is in harmony with the law of God and the character of Christ." Steps to Christ, 29.2

HIGHER, PURER ATMOSPHERE

"There are those who have known the pardoning love of Christ and

who really desire to be children of God, yet they realize that their character is imperfect, their life faulty, and they are ready to doubt whether their hearts have been renewed by the Holy Spirit. To such I would say, Do not draw back in despair. We shall often have to bow down and weep at the feet of Jesus because of our shortcomings and mistakes, but we are not to be discouraged. Even if we are overcome by the enemy, we are not cast off, not forsaken and rejected of God. No; Christ is at the right hand of God, who also maketh intercession for us. Said the beloved John, "These things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous." 1 John 2:1. And do not forget the words of Christ, "The Father Himself loveth you." John 16:27. He desires to restore you to Himself, to see His own purity and holiness reflected in you. And if you will but yield yourself to Him, He that hath begun a good work in you will carry it forward to the day of Jesus Christ. Pray more fervently; believe more fully. As we come to distrust our own power, let us trust the power of our Redeemer, and we shall praise Him who is the health of our countenance." Steps to Christ, 64.1

"The closer you come to Jesus, the more faulty you will appear in your own eyes; for your vision will be clearer, and your imperfections will be seen in broad and distinct contrast to His perfect nature. This is evidence that Satan's delusions have lost their power; that the vivifying influence of the Spirit of God is arousing you." Steps to Christ, 64.2

"Oh, how hard many make the Christian life!... They do not experience the sweet peace of Christ. They do not grasp the help Jesus gives them, but they are continually grieving over supposed wrongs of others, and overlook the cheering, blessed tokens for good all along their pathway." Our High Calling, 232.2

"Just as soon as one has a vivid and all-absorbing consciousness of his own personal accountability to God and of his duty to his fellow men... he will not be faultfinding and critical of others. He will make his own life what he would wish the lives of others to be. He will live only in Christ, utterly and wholly dependent on Him for every beauty and loveliness of character." Our High Calling, 232.3

"Think of the Lord Jesus, and His merits and His love, but do not seek to find the defects and dwell upon the mistakes that others have made. Call to your mind the things worthy of your recognition and your praise; and if you are sharp to discern errors in others, be more sharp to recognize

the good and praise the good. You may, if you criticize yourselves, find things just as objectionable as that which you see in others. Then let us work constantly to strengthen one another in the most holy faith." *Our High Calling*, 232.5

"We cannot pass along without sometimes having our feelings hurt and our temper tried, but as Christians we must be just as patient, forbearing, humble, and meek as we desire others to be.... It is the special work of Satan to cause dissension, ... that the world should be deprived of the most powerful testimony Christians can give it that God has sent His Son to bring into harmony turbulent, proud, envious, jealous, bigoted minds.... The truth is designed to sanctify the receiver, to fashion and mold the entire man, externally as well as internally, by abasing pride and disposing his heart to be kind and amiable and condescending." *Our High Calling*, 237

"Whatever we are at heart will be revealed in character, and will have an influence on all those with whom we associate. Our words, our actions, are a savor of life unto life or of death unto death. And in the judgment we shall be brought face to face with those whom we might have helped in right, safe paths by choice words, by counsel, if we had daily connection with God and a living, abiding interest in the saving of their souls." *Our High Calling*, 241

"Here, then, is an advance grace, godliness, which is to have the spirit and the likeness of the character of Jesus Christ. To raise us to His divine ideal is the one end of all the dealings of God with us, and of the whole plan of salvation." *Our High Calling*, 71

"Remember that your life belongs to Jesus, and that you are not to live for yourself alone.... Calvary testifies to you the value of your soul." *Letter 51*, 1894

CHANGED INTO THE LIKENESS OF OUR SAVIOUR

"Even John, the beloved disciple, the one who most fully reflected the likeness of the Saviour, did not naturally possess that loveliness of character. He was not only self-assertive and ambitious for honor, but impetuous, and resentful under injuries. But as the character of the Divine One was manifested to him, he saw his own deficiency and was humbled by the knowledge. The strength and patience, the power and tenderness, the majesty and meekness, that he beheld in the daily life of the Son of God, filled his soul with admiration and love. Day by day his heart was

drawn out toward Christ, until he lost sight of self in love for his Master. His resentful, ambitious temper was yielded to the molding power of Christ. The regenerating influence of the Holy Spirit renewed his heart. The power of the love of Christ wrought a transformation of character. This is the sure result of union with Jesus. When Christ abides in the heart, the whole nature is transformed. Christ's Spirit, His love, softens the heart, subdues the soul, and raises the thoughts and desires toward God and heaven." Steps to Christ, 73.1

"Cast not away therefore your confidence, which hath great recompense of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise." Hebrews 10:35-36

See also: 1 Corinthians 3:10-12; 12:18-25; 15:1-4, Romans 8:14-17, 2 Timothy 1:2, 2 Thessalonians 1:8 Galatians 5:16-25, John 16:13, Hebrews 13:5, Ephesians 4:24-26, Philippians 4:8, Philippians 2:15-16, 2 Peter 2:9, Colossians 3:12-17, Romans 12:13.

CHURCH

ONE WITH THE CHURCH ABOVE

"For this cause I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named. Ephesians 3:14-15."

"Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching." Hebrews 10:25

"The church of God upon the earth is one with the church of God above. Believers on the earth, and those who have never fallen in heaven, are one church. Every heavenly intelligence is interested in the assemblies of the saints, who on earth meet to worship God in spirit and truth, and in the beauty of holiness. In the inner court of heaven they listen to the testimonies of the witnesses for Christ in the outer court on earth, and the praise and thanksgiving that comes from the church below, is taken up in the heavenly anthem, and praise and rejoicing resounds through the heavenly court because Christ has not died in vain for the fallen sons of Adam. While angels drink from the fountainhead, the saints on earth drink of the pure streams flowing from the throne of God, making glad the city of God." Our High Calling, 167.2

"In every assembly of the saints below, are the angels of God listening

to the thanksgiving, the praise, the supplication, that is offered by the people of God in testimonies, songs, and prayers. Let them remember that their praises are supplemented by the choirs of the angelic host above." Our High Calling, 167.3

"The company of believers may be few in number, but they have been taken by the cleaver of truth as rough stones from the quarry of the world... to be fitted up by test and trial for a place in God's heavenly temple, and they are very precious in the sight of the Lord.... Even in the rough they are precious in the sight of God. The ax and the hammer and the chisel of trial and test are in the hands of One who is skillful, and are used not to destroy, not to bring to nothingness, but to work out the perfections of every soul." Our High Calling, 167.4

"The Lord will no more cast off the humblest, lowliest believer in Jesus, than He will demolish His throne. We are accepted in the Beloved. We are members of the royal family, children of the heavenly King, heirs of God, and joint heirs with Jesus Christ." Our High Calling, 167.5

THE BLESSINGS OF CHRISTIAN FELLOWSHIP

"Those who are of the household of faith should never neglect the assembling of themselves together; for this is God's appointed means of leading His children into unity, in order that in Christian love and fellowship they may help, strengthen, and encourage one another." Our High Calling, 166.2

"As brethren of our Lord, we are called with a holy calling to a holy, happy life. Having entered the narrow path of obedience, let us refresh our minds by communion with one another and with God. As we see the day of God approaching, let us meet often to study His Word and to exhort one another to be faithful unto the end. These earthly assemblies are God's appointed means by which we have opportunity to speak with one another and to gather all the help possible to prepare, in the right way, to receive in the heavenly assemblies the fulfillment of the pledges of our inheritance." Our High Calling, 166.3

"Remember that in every assembly you meet with Christ, the Master of assemblies. Encourage a personal interest in one another; for it is not enough simply to know men. We must know men in Christ Jesus. We are enjoined to "consider one another." This is the keynote of the gospel. The keynote of the world is self." Our High Calling, 166.4

"I would encourage those who assemble in little companies to worship God. Brethren and sisters, be not disheartened because you are so few in number. The tree that stands alone upon the plain, strikes its roots deeper into the earth, spreads out its branches farther on every side, and grows stronger and more symmetrical while wrestling singly with the tempest of rejoicing in the sunshine. So the Christian, cut off from earthly dependence, may learn to rely wholly upon God, and may gain strength and courage from every conflict." *Our High Calling*, 166.5

"Our meetings should be spirited and social, and not too long. Reserve, pride, vanity, and fear of man, should find no place there. Little differences and prejudices should not be taken with us to these meetings. "Ye are the light of the world," says the heavenly Teacher. As in a united family, simplicity, meekness, confidence, and love should exist in the hearts of brethren and sisters who meet to be refreshed and invigorated by bringing their lights together. All have not the same experience in their religious life; but those of diverse exercises come together, and with simplicity and humbleness of mind, talk out their experience. All who are pursuing the onward Christian course, should have, and will have, an experience that is living, that is new and interesting. A living experience is made up of daily trials, conflicts, and temptations, strong efforts and victories, and great peace and joy gained through Jesus. A simple relation of such experiences gives light, strength, and knowledge, that will aid others in their advancement in the divine life. The worship of God should be both interesting and instructive to those who have any love for divine and heavenly things." *The Review & Herald*, April 28, 1885 par. 5

"May the Lord bless the scattered and lonely ones, and make them efficient workers for Him." *Our High Calling*, 166.6

See also: Ephesians 5:22-32, Hebrews 12:23, 1 Timothy 3:15, 1 Corinthians 3:9,16, 1 Peter 2:4-10, Revelation 19:7, Colossians 1:10, 18.

CIRCUMSTANCES

"Jesus knows the circumstances of every soul. You may say, I am sinful, very sinful. You may be; but the worse you are, the more you need Jesus. He turns no weeping, contrite one away. He does not tell to any all that He might reveal, but He bids every trembling soul take courage. Freely will He pardon all who come to Him for forgiveness and restoration." *The Desire of Ages*, 568

"Let them learn to walk humbly with God, to be doers of his word,

where they are. Let them learn to be obedient, to serve in whatever capacity they may. Let them learn to do the humblest work, and to realize that they are serving Christ in whatever circumstances they may be placed. In doing humble physical work, you may reveal the fact that God is with you, and that you are trading upon the talents he has intrusted to you." *The Youth's Instructor*, November 7, 1895

See also: Romans 5:3-5; 8:28, Philippians 4:6, 10-13, Ephesians 5:20.

CLEANLINESS

"Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." 2 Corinthians 7:1

"It is of the highest importance that Sabbathkeepers live out their faith in every particular. They should be prompt and neat, and keep their business matters all straight." *Our High Calling*, 230.2

"None should be so fearful of being like the world that it will lead them to be careless in their houses, leaving things in disorder and uncleanness. It is not pride to be neat in dress, cleanly in person, orderly and tasteful in their household arrangements.... These outside appearances tell the business character of those living in the house, and not only this but the religious character of its inmates. It is impossible for a slack, disorderly person to make a good Christian. Their lives, in temporal and religious things, are just as disorderly as their dress, houses, persons, and premises." *Our High Calling*, 230.3

"There is order in heaven. There are rules and regulations which govern the whole heavenly host. All move in order. All there is cleanly, all in perfect harmony. And everyone who will be counted worthy to enter heaven will be thoroughly disciplined and will be without spot or wrinkle or any such thing. The uncultivated have spots and wrinkles upon them now. They had better lose no time in commencing the work of cleansing themselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of the Lord." *Our High Calling*, 230.4

"God loves purity, cleanliness, order, and holiness. God requires all His people who lack these qualifications to seek them and never rest until they obtain them. They must commence the work of reform and elevate their lives, so that in conversation and deportment their acts, their lives, will be a continual recommendation of their faith and will have such a

winning, compelling power upon unbelievers that they will be compelled to acknowledge that they are the children of God." Our High Calling, 230.5

"The truth as it is in Jesus will not degrade but elevate the receiver, purify his life, refine his taste, sanctify his judgment." Our High Calling, 230.6

CONSCIENCE

"And herein do I exercise myself, to have always a conscience void of offence toward God, and toward men." Acts 24:16.

"In the Word of God we read that there are good and bad consciences.... Take your conscience to the Word of God, and see if your life and character are in accordance with the standard of righteousness which God has there revealed. You can then determine whether or not you have an intelligent faith, and what manner of conscience is yours. The conscience of man cannot be trusted unless it is under the influence of divine grace. Satan takes advantage of an unenlightened conscience, and thereby leads men into all manner of delusions." Our High Calling, 143.2

"It is not enough for a man to think himself safe in following the dictates of his conscience.... The question to be settled is, Is the conscience in harmony with the Word of God? If not, it cannot safely be followed, for it will deceive. The conscience must be enlightened by God. Time must be given to a study of the Scriptures and to prayer. Thus the mind will be established, strengthened, and settled." Our High Calling, 143.3

"It is the privilege of everyone to so live that God will approve and bless him. You may be hourly in communion with Heaven; it is not the will of your heavenly Father that you should ever be under condemnation and darkness. It is not pleasing to God that you should demerit yourself. You should cultivate self-respect by living so that you will be approved by your own conscience, and before men and angels.... It is your privilege to go to Jesus and be cleansed, and to stand before the law without shame and remorse. "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit." Romans 8:1. While we should not think of ourselves more highly than we ought, the Word of God does not condemn a proper self-respect. As sons and daughters of God, we should have a conscious dignity of character, in which pride and self-importance have no part. A conscience void of

offense toward God and man is a wonderful acquirement." Our High Calling, 143.5

See also: Acts 23:1, 1 Timothy 1:19; 3:9, Hebrews 9:13-14, Romans 13:4-6, 1 Peter 2:18-19.

CONVERSION

"Knowing this, that our old man is crucified with [him], that the body of sin might be destroyed, that henceforth we should not serve sin." Romans 6:6

"Therefore if any man [be] in Christ, [he is] a new creature: old things are passed away; behold, all things are become new." 2 Corinthians 5:17

"The religion of Jesus Christ never degrades the receiver. If it finds men and women earthly, common, coarse, unkindly in words, harsh in speech, selfish and self-caring, truth received in the heart commences its purifying, refining process. In words, in dress, in all our habits, there is seen reformation and those things that please God. Then all the world may see its influence in the transforming process." Our High Calling, 34.3

"The Christian's life is not a modification or improvement of the old, but a transformation of nature. There is a death to self and sin, and a new life altogether. This change can be brought about only by the effectual working of the Holy Spirit." The Desire of Ages, 172.1

"Genuine conversion is needed, not once in years, but daily. This conversion brings man into a new relation with God. Old things, his natural passions and hereditary and cultivated tendencies to wrong, pass away, and he is renewed and sanctified. But this work must be continual; for as long as Satan exists, he will make an effort to carry on his work. He who strives to serve God will encounter a strong undercurrent of wrong. His heart needs to be barricaded by constant watchfulness and prayer, or else the embankment will give way; and like a millstream, the undercurrent of wrong will sweep away the safeguard. No renewed heart can be kept in a condition of sweetness without the daily application of the salt of the Word. Divine grace must be received daily, or no man will stay converted." Our High Calling, 215.2

"One of the strongest evidences of true conversion is love to God and man. Those who accept Jesus as their Redeemer have a deep, sincere love for others of like precious faith." Acts of the Apostles, 262

"In every truly converted soul there will be genuine, sanctified

sympathy with the suffering of Christ, endured by Him to save the sinful. They will, if colaborers with Christ, overcome selfish ease, selfish gratification, selfish indulgence, and will grow in spiritual sinew and muscle by exercising the powers given them of God to win souls to Jesus Christ. This heaven-appointed work is calculated to give breadth and depth and stability to Christian experience and character, and to bring the laborers together with God into a higher, purer atmosphere where their love for Christ will be ever increasing and their love for their fellow men will abound more and more." *Our High Calling*, 299

See also: 1 Thessalonians 1:9-10, Acts 26:20, Galatians 5:13-25.

COUNSELLOR

"Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, [that] shall he speak: and he will shew you things to come." John 16:13

"A sincere Christian will make no plans that God cannot approve.... Make Christ your counselor. Study His word with prayer." *Ministry of Healing* 359

"Those holding the positions of counselors should be unselfish men, men of faith, men of prayer, men that will not dare to rely upon their own human wisdom, but will seek earnestly for light and intelligence as to what is the best manner of conducting their business. Joshua, the commander of Israel, searched the books diligently in which Moses had faithfully chronicled the directions given by God, -His requirements, reproofs, and restrictions,--lest he should move unadvisedly. Joshua was afraid to trust his own impulses, or his own wisdom. He regarded everything that came from Christ, who was enshrouded by the pillar of cloud by day and the pillar of fire by night, as of sufficient importance to be sacredly cherished" (Letter 14, 1886). *SDA Bible Commentary*, Vol. 2, 993.5

TAKE GOD INTO YOUR COUNSEL

"You may feel that you are competent to manage yourself, to lay plans and execute them in your own judgment. This is unsafe for you or for any one to do. I speak of the things I know. Take God into your counsel. Seek Him for guidance. He will not be sought of in vain.... I entreat of you not to let these precious hours of probation pass without spiritual advancement. In no case allow your moral powers to become dwarfed."

Our High Calling, 44.3

“God is your counselor, and we are always in danger of showing distrust of God when we seek for the advice and counsel of men who do not make God their trust, and who are so devoid of wisdom in matters that they will, by following their own judgment, retard the work. They do not recognize God to be infinite in wisdom. We are to acknowledge God in all our counsels, and when we ask Him, we are to believe that we receive the things we ask of Him. If you depend upon men who do not love God and obey His commandments, you will surely be brought into very difficult places. Those that are not connected with God are connected with the enemy of God, and the enemy will work with them to lead us in false paths. We do not honor God when we go aside from the only true God to inquire of the god of Ekron. The question is asked, Is it because there is not a God in Israel that ye have gone to the god of Ekron to inquire?” SDA Bible Commentary, Vol. 2, 1036.3

See also: Proverbs 2:10, 5:1-2, 11:14, 15:22, 19:20-21, Psalms 1:1-2; 33:10-11; 73:24; 106:13, Acts 5:33-46.

D

DARKNESS

“To open their eyes, [and] to turn [them] from darkness to light, and [from] the power of Satan unto God, that they may receive forgiveness of sins, and inheritance among them which are sanctified by faith that is in me.” Acts 26:18

“To give light to them that sit in darkness and [in] the shadow of death, to guide our feet into the way of peace.” Luke 1:79

“For ye were sometimes darkness, but now [are ye] light in the Lord: walk as children of light:” Ephesians 5:8

“If Brother J enjoyed the love of God, he would be a channel of light. He has too little moral power, with strong tendencies to unbelief. He is pitied by the heavenly angels, for he is surrounded with darkness. His ears hear words of unbelief and darkness almost continually. He has doubts and questionings constantly thrown before him. The tongue is a world of iniquity. “The tongue can no man tame; it is an unruly evil, full of deadly poison.” If Brother J would cling to God more firmly and feel that he should preserve his integrity before God even at the cost of his

natural life, he would receive strength from above. If he allows his faith to be affected by the darkness and unbelief that surrounds him--the doubts and questioning and much talk--he will soon be all darkness and doubt and unbelief, and will have no light or strength in the truth." Testimonies for the Church, Vol 4, 236.2

"I have been shown that the greatest reason why the people of God are now found in this state of spiritual blindness is that they will not receive correction. Many have despised the reproofs and warnings given them. The True Witness condemns the lukewarm condition of the people of God, which gives Satan great power over them in this waiting, watching time. The selfish, the proud, and the lovers of sin are ever assailed with doubts. Satan has ability to suggest doubts and to devise objections to the pointed testimony that God sends, and many think it a virtue, a mark of intelligence in them, to be unbelieving and to question and quibble. Those who desire to doubt will have plenty of room. God does not propose to remove all occasion for unbelief. He gives evidence, which must be carefully investigated with a humble mind and a teachable spirit, and all should decide from the weight of evidence." Testimonies for the Church, Vol 3, 255.1

HOW TO DEAL WITH SOULS WHO LIVE IN DARKNESS

"As he endeavored to lead souls to the foot of the cross, Paul did not venture to rebuke, directly, those who were licentious, or to show how heinous was their sin in the sight of a holy God. Rather he set before them the true object of life and tried to impress upon their minds the lessons of the divine Teacher, which, if received, would lift them from worldliness and sin to purity and righteousness. He dwelt especially upon practical godliness and the holiness to which those must attain who shall be accounted worthy of a place in God's kingdom. He longed to see the light of the gospel of Christ piercing the darkness of their minds, that they might see how offensive in the sight of God were their immoral practices.

Therefore the burden of his teaching among them was Christ and Him crucified. He sought to show them that their most earnest study and their greatest joy must be the wonderful truth of salvation through repentance toward God and faith in the Lord Jesus Christ." Acts of the Apostles, 272.2

DRAW NIGH TO GOD

"We cannot draw nigh to God and behold His loveliness and

compassion without realizing our defects and being filled with a desire to rise higher... Draw nigh to Him by prayer, by contemplation, by reading His Word." SDA Bible Commentary, Vol. 7, 938

"All heaven is looking upon you with deep interest. One soul for whom Christ has died is worth more than the whole world. I wish every young man and woman could appreciate the value of the human soul. If they would give themselves to Jesus just as they are, though sinful and polluted, He will accept them the very moment that they give themselves to Him, and Jesus will put His Spirit in the humble seeker's heart. Whosoever cometh unto Him, He will in no wise cast out. You may love Jesus with your whole heart, and He will never disappoint that love and confidence. His words are life, comfort, and hope. Satan knows that all you have to do is to look to Jesus, an uplifted Saviour. The wounded, bruised, stricken soul will find in Jesus a balm for his wounds." Our High Calling, 98.4

See also: Acts 13:8-11, Psalms 97:1-2, Ephesians 5:11, Psalms 112:4, Romans 13:11-14, Psalms 18:28, 1 Peter 2:9, 1 John 1:5-7.

DEPRESSION

"Casting all your care upon him; for he careth for you." 1 Peter 5:7

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." 2 Timothy 1:7

"The more you talk faith, the more faith you will have. The more you dwell upon discouragement, talking to others about your trials, and enlarging upon them to enlist the sympathy which you crave, the more discouragements and trials you will have. Why mourn over that which we cannot avoid? God is inviting us to close the windows of the soul earthward and open them heavenward, that He may flood our hearts with the glory which is shining across the threshold of heaven." Manuscript 102-1901

"Those who take up their appointed work will not only bless others, but will themselves be blessed. The consciousness of duty well done will have a reflex influence upon their own souls. The despondent will forget their despondency, the weak will become strong, the ignorant intelligent, and all will find an unfailing helper in Him who has called them." Counsels on Health, 391.1

"God will help us if we take hold of the help He has provided. "Let

him take hold of my strength," He says, "that he may make peace with me; and he shall make peace with me." Isaiah 27:5. This is a blessed promise. Many times when I have been discouraged and almost in despair, I have come to the Lord with this promise.... And as I have laid hold of the strength of God, I have found a peace which passeth understanding." Our High Calling, 310.4

"The Spirit of God co-operates with the humble worker who abides in Christ and communes with him. Pray when you are faint-hearted. When you are desponding, close the lips firmly to men; keep all the darkness within, lest you shadow the path of another; but tell it to Jesus. Ask for humility, wisdom, courage, increase of faith, that you may see light in his light, and rejoice in his love. Only believe, and you shall surely see the salvation of God." Gospel Workers⁹² 428.3

"We are not to make our feelings a test by which to discern whether we are in or out of favor with God, whether they be what we consider encouraging or not. As soon as one begins to contemplate his feelings, he is on dangerous ground. If he feels joyous, he is confident he is in a favorable condition, but when a change comes, as it will, for circumstances will be so arranged that feelings of depression will make the heart sad, then he will be naturally led to doubt that God has accepted him. It is not wisdom to look at the emotions, and try to test your spirituality by your feelings. Do not study yourself; look away from self to Jesus. While you acknowledge yourself as a sinner, yet you may appropriate Christ as your sin-pardoning Redeemer. Jesus came not to call the righteous, but sinners to repentance. Satan will not be slow in presenting to the repentant soul suggestions and difficulties to weaken faith and destroy courage. He has manifold temptations that he can send trooping into the mind, one in succession of another; but the Christian must not study his emotions, and give way to his feelings, or he will soon entertain the evil guest, doubt, and become entangled in the perplexities of despair. Expel the suggestions of the enemy by contemplating the matchless depths of your Saviour's love." The Signs of the Times, December 3, 1894

DIFFICULTIES

“Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou [art] with me; thy rod and thy staff they comfort me.” Psalms 23:4

“These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.” John 16:33

“[The righteous] cry, and the LORD heareth, and delivereth them out of all their troubles.” Psalms 34:17

“Let us be hopeful and courageous. Despondency in God’s service is sinful and unreasonable. He knows our every necessity. To the omnipotence of the King of kings our covenant-keeping God unites the gentleness and care of the tender shepherd. His power is absolute, and it is the pledge of the sure fulfillment of His promises to all who trust in Him. He has means for the removal of every difficulty, that those who serve Him and respect the means He employs may be sustained. His love is as far above all other love as the heavens are above the earth. He watches over His children with a love that is measureless and everlasting.” Ministry of Healing 481.4

“In the darkest days, when appearances seem most forbidding, have faith in God. He is working out His will, doing all things well in behalf of His people. The strength of those who love and serve Him will be renewed day by day.” Ministry of Healing 482.1

“Jesus looked upon the distressed and heart burdened, those whose hopes were blighted, and who with earthly joys were seeking to quiet the longing of the soul, and He invited all to find rest in Him.” The Desire of Ages, 328.3

“In the heart of Christ, where reigned perfect harmony with God, there was perfect peace. He was never elated by applause, nor dejected by censure or disappointment. Amid the greatest opposition and the most cruel treatment, He was still of good courage. But many who profess to be His followers have an anxious, troubled heart, because they are afraid to trust themselves with God. They do not make a complete surrender to Him; for they shrink from the consequences that such a surrender may involve. Unless they do make this surrender, they cannot find peace.” The Desire of Ages, 330.3

See also: Psalms 22:24; 37:24-40; 42:11; 46:8; 71:20; 91:15; 126:5-6, Nahum 1:7

DOUBT

“But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.” James 1:6

“And immediately Jesus stretched forth [his] hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?” Matthew 14:31

“Trust in the LORD with all thine heart; and lean not unto thine own understanding.” Proverbs 3:5

“None need to strengthen unbelief by talking darkness. Every expression of doubt strengthens unbelief. Every thought and word of hope, courage, light, and love strengthens faith and fortifies the soul to withstand the moral darkness that exist in the world. Those who talk faith will have faith, and those who talk discouragements will have discouragements. By beholding we become changed in harmony with the subject of our thoughts and conversation.” *Our High Calling*, 296

“The surrender must be complete. Every weak, doubting, struggling soul who yields fully to the Lord is placed in direct touch with agencies that enable him to overcome. Heaven is near to him, and he has the support and help of angels of mercy in every time of trial and need.” *Acts of the Apostles*, 299.1

“It is Satan’s work to fill men’s hearts with doubt. He leads them to look upon God as a stern judge. He tempts them to sin, and then to regard themselves as too vile to approach their heavenly Father or to excite His pity. The Lord understands all this. Jesus assures His disciples of God’s sympathy for them in their needs and weaknesses. Not a sigh is breathed, not a pain felt, not a grief pierces the soul, but the throb vibrates to the Father’s heart.” *The Desire of Ages*, 356

“But some doubted. So it will ever be. There are those who find it hard to exercise faith, and they place themselves on the doubting side. These lose much because of their unbelief. If they would control their feelings, and refuse to allow doubt to bring a shadow over their own minds and the minds of others, how much happier and more helpful they would be. They close the door to many blessings that they might enjoy if they would refuse to place themselves on the doubting side, and would, instead, talk hope and courage (Letter 115, 1904).” *SDA Bible Commentary*, Vol. 5, 1110

“Even Christians of long experience are often assaulted with the most terrible doubts and waverings.... You must not consider that for these temptations your case is hopeless.... Hope in God, trust in Him and rest in His promises.” *Our High Calling*, 86

“Only look and live. We dishonor God when we do not go forth from the dark cellar of doubts unto the upper chamber of hope and faith. When the Light shineth in all its brightness let us take hold on Jesus Christ by the mighty hand of faith. No longer cultivate your doubts by expressing them and pouring them into other minds, and thus becoming an agent of Satan to sow the seeds of doubt. Talk faith, live faith, cultivate love to God; evidence to the world all that Jesus is to you. Magnify His holy name. Tell of His goodness; talk of His mercy, and tell of His power.” *Our High Calling*, 20.4

“It is a great misfortune to be a chronic doubter, keeping the eye and thoughts on self. While you are beholding self, while all your thoughts and talk is about “I”, you cannot expect to be conformed to the image of Christ. Self is not your saviour, poor, poverty-stricken souls. You have no redeeming qualities in yourself. “I” is a very leaky boat for your faith to embark in. Just as surely as you trust yourself in it, it will flounder. The lifeboat, to the lifeboat! This is your only safety. Jesus is the Captain of the lifeboat, and He has never lost a passenger. Discouraged doubters, how can you expect to find your heart glowing with the love of Christ; how can you expect His joy to remain in you and your joy to be full, while you are meditating and feeding upon your own imperfect characters?” *Letter 11-1897*

“We are not to talk our doubts and trials because they grow bigger every time we talk them. Every time we talk them, Satan has gained the victory; but when we say, “I will commit the keeping of my soul unto Him, as unto a faithful witness,” then we testify that we have given ourselves to Jesus Christ without any reservation, and then God gives [us] light and [we] rejoice in Him. We want to place ourselves under the bright beams of the Sun of Righteousness and then we shall be a light in the world. “Whom having not seen, ye love; in whom, though yet ye see him not, ye rejoice with joy unspeakable and full of glory.” *Manuscript 17-1894*

THE WOMAN OF PHOENICIA (MATT 15:21-28; MARK 7:24-30)

“In faith the woman of Phoenicia flung herself against the barriers that had been piled up between Jew and Gentile. Against discouragement, regardless of appearances that might have led her to doubt, she trusted

the Saviour's love. It is thus that Christ desires us to trust in Him. The blessings of salvation are for every soul. Nothing but his own choice can prevent any man from becoming a partaker of the promise in Christ by the gospel." *The Desire of Ages*, 403.2

See also: 2 Peter 3:4, Genesis 3:4, Luke 1:18-20, James 1:6-8, John 7:16-18, Acts 17:11-12, Luke 16:27-30, Mark 11:22-23.

DUTIES

"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service." *Romans 12:1*

"God will make no mistakes; He will make an accurate entry of all your life duties done to His glory. So never frown but always carry a cheerful, happy face, a ready hand to help, an attentive ear to hear the requirements, a heart to obey, [and] a quick sympathy for those who need help. These little matters may seem small, barely worth attention, but it is faithfulness in these minor duties that is giving the experience for larger responsibilities." *Our High Calling*, 264

"The faithful discharge of today's duties is the best preparation for tomorrow's trials. Do not gather together all tomorrow's liabilities and cares and add them to the burden of today. "Sufficient unto the day is the evil thereof." *Matthew 6:34. Ministry of Healing 481.3*

"Dear youth, the very best thing you can do is to enlist freely and decidedly in the army of the Lord. Surrender yourself into the hands of God, that your will and ways may be guided by the One who is unerring in wisdom and infinite in goodness.... Let your name be enrolled in the heavenly records as one of the chosen and elect of God." *Our High Calling*, 219

See also: 1 Peter 3:10-16, 1 Corinthians 8:1-13, Matthew 12:50, 1 Thessalonians 1:9, Deuteronomy 11:1.

E

EFFORT

Colossians 3:23 And whatsoever ye do, do [it] heartily, as to the Lord, and not unto men; "If you think you can lay down the oars, and still make your way upstream, you are mistaken. It is only by earnest effort, by using

the oars with all your might, that you can stem the current. How many there are as weak as water, when they have a never-failing Source of strength! Heaven is ready to impart to us, that we may be mighty in God, and attain the full stature of men and women in Christ Jesus. But who of you in the past year have been making progress in the way of holiness?... Who have been enabled to gain one precious attainment after another, until envy, pride, malice, jealousy, and every evil stain have been swept away, and only the graces of the Spirit remain?" Our High Calling, 310.3

"There are two grand forces at work in the salvation of the human soul. It requires the cooperation of man with the divine agencies-divine influences, and a strong, living, working faith. It is in this way only that the human agent can become a laborer together with God. The Lord does not sanction in any one of us a blind, stupid credulity. He does not dishonor the human understanding, but, far from this, He calls for the human will to be brought into connection with the divine will. He calls for the ingenuity of the human mind, the tact, the skill, to be strenuously exercised in searching out the truth as it is in Jesus.... Ye are labourers together with God." Our High Calling, 310.5

"Now we are not warring against flesh and blood, but against principalities and powers and spiritual wickedness in high places. The Lord would encourage us to look to him as the source of all our strength, the one who is able to help us. We may look to men, and they will give us counsel, and yet this may be defeated; but when the God of Israel undertakes work for us, he will make it a success. We want to know that we are right before God; if we are not right before him, then we want to make an earnest effort to come in right relation to him. We must individually do something ourselves. We are not to risk our eternal interest upon guess-work. We must set everything right; we must follow out the requirements of God, and then expect God to work with our efforts. 2 Chronicles 20:15. God works in us by the light of his truth. We are to be obedient to all his commandments." The Review & Herald, May 10, 1887 par. 5

"If those who claim to believe the grand truths for this time would prepare themselves by searching the Scriptures, by earnest prayer, and by the exercise of faith, they would place themselves where they would receive the light they so much crave.... The eloquence of silence before God is often essential. If the mind is kept in continual excitement, the ear is prevented from hearing the truth that the Lord would communicate to His believing ones. Christ takes His children from that which holds their

attention, that they may behold His glory." Our High Calling, 315.5

"God gave Daniel "knowledge and skill in all learning and wisdom." Daniel 1:17. His blessing attended the man who put forth human effort in accordance with the divine will. The same help will still be given to all who pursue a similar course, and with the glory of God in view practice abstinence and self-restraint. The same difference will be seen between them and the self-indulgent that there was between Daniel and his fellows and the other youth in the king's court. There will be the clear eye and complexion, the firm tread, the strength and vigor of intellect, the keen perception of spiritual truth." Our High Calling, 244

ETERNAL LIFE

"For the wages of sin [is] death; but the gift of God [is] eternal life through Jesus Christ our Lord." Romans 6:23

"Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven." Matthew 7:21

"May it not be our great anxiety to succeed in this world; but may the burden of our souls be, How shall I secure the better world? What have I to do to be saved?... The position all must come into, is to value salvation, dearer than earthly gain, to count everything but loss that they may win Christ. The consecration must be entire. God will admit of no reserve, of no divided sacrifice, no idol. All must die to self, and to the world. Then let us each renew our consecration to God daily. Everlasting life is worth a life-long, persevering, untiring effort." Our High Calling, 308.5

"With eternal realities in view we will habitually cultivate thoughts of the presence of God. This will be a shield against the incoming of the enemy; it will give strength and assurance, and lift the soul above fear. Breathing in the atmosphere of heaven, we will not be breathing the malaria of the world. We will not remain in the darkened cellar, but come up into the upper chambers where every window that looks toward heaven is open and catches the bright beams of the Sun of Righteousness." Our High Calling, 285

"Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. For the bread of God is he which cometh down from heaven, and giveth life unto the world. And Jesus said unto them, I am the bread

of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst." John 6:32-35

"For I came down from heaven, not to do mine own will, but the will of him that sent me. And this is the Father's will which hath sent me, that of all which he hath given me I should lose nothing, but should raise it up again at the last day. And this is the will of him that sent me, that every one which seeth the Son, and believeth on him, may have everlasting life: and I will raise him up at the last day." John 6:38-40

MAKE YOUR CALLING AND ELECTION SURE

"For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ.¹⁰ Wherefore the rather, brethren, give diligence to make your calling and election sure: for if ye do these things, ye shall never fall:" 2 Peter 1:8,10

"We need not have a supposed hope, but an assurance. To make our calling and election sure is to follow the Bible plan to closely examine ourselves, to make strict inquiry whether we are indeed converted, whether our minds are drawn out after God and heavenly things, our wills renewed, our whole souls changed." Our High Calling, 74.4

THE CONDITIONS UNDER GRACE

"The conditions of eternal life, under grace, are just what they were in Eden-perfect righteousness, harmony with God, perfect conformity to the principles of His law. The standard of character presented in the Old Testament is the same that is presented in the New Testament. This standard is not one to which we cannot attain. In every command or injunction that God gives there is a promise, the most positive, underlying the command. God has made provision that we may become like unto Him, and He will accomplish this for all who do not interpose a perverse will and thus frustrate His grace." Mount of Blessing 76.2

TO CHOOSE CHRIST'S KINGDOM

"All who choose Christ's kingdom of love and righteousness and peace, making its interest paramount to all other, are linked to the world above, and every blessing needed for this life is theirs. In the book of God's providence, the volume of life, we are each given a page. That page contains every particular of our history; even the hairs of the head are numbered. God's children are never absent from His mind." The Desire of Ages, 313

THE PRINCIPLES OF HIS KINGDOM

“Thus Christ set forth the principles of His kingdom, and showed them to be the great rule of life. To impress the lesson He adds an illustration. It is not enough, He says, for you to hear My words. By obedience you must make them the foundation of your character. Self is but shifting sand. If you build upon human theories and inventions, your house will fall. By the winds of temptation, the tempests of trial, it will be swept away. But these principles that I have given will endure. Receive Me; build on My words.” *The Desire of Ages*, 314

“Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock: And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.” *Matthew 7:24*

See also: John 3:16, Luke 12:32, 1 John 2:25, Romans 6:23, 1 John 5:11.

EVANGELISM

“Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, [even] unto the end of the world. Amen.” *Matthew 28:19-20*

“For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.” *Romans 1:16*

“This [*2 Chronicles 14:11*] is an appropriate prayer for us to make. Our prospects are anything but flattering. There are vast numbers arrayed against the truth, whom we must meet in presenting the light to others. Our hope is not in our knowledge of the truth, and in our own ability, but in the living God. And if, like king Asa, we have educated ourselves, and educated and trained others, to be familiar with the truth, who wear the armor of righteousness, ready to meet the enemies of God and the truth, we have done our part of the work in the way of preparation; and then the living faith in God must be exercised to work with the efforts of the workers. God’s glory is at stake. And there should be decided effort as far as human effort is concerned, and living faith for the mighty God to manifest his power, else all will prove a failure. God defeated the enemies of Israel. He put their forces into disorder. They fled they knew not

whither. Who can stand before the Lord God of Israel." The Review & Herald, May 10, 1887 par. 4

"The message will be carried not so much by argument as by the deep conviction of the Spirit of God. The arguments have been presented. The seed has been sown, and now it will spring up and bear fruit. The publications distributed by missionary workers have exerted their influence, yet many whose minds were impressed have been prevented from fully comprehending the truth or from yielding obedience. Now the rays of light penetrate everywhere, the truth is seen in its clearness, and the honest children of God sever the bands which have held them. Family connections, church relations, are powerless to stay them now. Truth is more precious than all besides. Notwithstanding the agencies combined against the truth, a large number take their stand upon the Lord's side." The Great Controversy 612.2

"Salt must be mingled with the substance to which it is added; it must penetrate and infuse in order to preserve. So it is through personal contact and association that men are reached by the saving power of the gospel. They are not saved in masses, but as individuals. Personal influence is a power. We must come close to those whom we desire to benefit." Mount of Blessing 36.1

"Many are sad and discouraged, weak in faith and trust. Let them do something to help someone more needy than themselves, and they will grow strong in God's strength. Let them engage in the good work of selling our books. Thus they will help others, and the experience gained will give them the assurance that they are God's helping hand. As they plead with the Lord to help them, He will guide them to those who are seeking for the light. Christ will be close beside them, teaching them what to say and do. By comforting others, they themselves will be comforted." Colporteur Ministry, 22.1

"The humble, efficient worker who obediently responds to the call of God may be sure of receiving divine assistance." Colporteur Ministry, 105.3

F

FAITH

“The just shall live by his faith. Habakkuk 2:4.

“Faith is trusting in God,—believing that He loves us, and knows what is for our best good. Thus, instead of our own way, it leads us to choose His way. In place of our ignorance, it accepts His wisdom; in place of our weakness, His strength; in place of our sinfulness, His righteousness. Our lives, ourselves, are already His; faith acknowledges His ownership, and accepts its blessings. Truth, uprightness, purity, are pointed out as secrets of life’s success. It is faith that puts us in possession of these. Every good impulse or aspiration is the gift of God; faith receives from God the life that alone can produce true growth and efficiency.” *Gospel Workers*, 259.2

“When we speak of faith, there is a distinction that should be borne in mind. There is a kind of belief that is wholly distinct from faith. The existence and power of God, the truth of His word, are facts that even Satan and his hosts cannot at heart deny. The Bible says that “the devils also believe, and tremble;” but this is not faith. James 2:19. Where there is not only a belief in God’s word, but a submission of the will to Him; where the heart is yielded to Him, the affections fixed upon Him, there is faith—faith that works by love and purifies the soul. Through this faith the heart is renewed in the image of God. And the heart that in its unrenewed state is not subject to the law of God, neither indeed can be, now delights in its holy precepts, exclaiming with the psalmist, “O how love I Thy law! it is my meditation all the day.” Psalm 119:97. And the righteousness of the law is fulfilled in us, “who walk not after the flesh, but after the Spirit.” Romans 8:1.” *Steps to Christ*, 62-63

FEELING NOT A SAFE GUIDE

“Faith is not feeling. “Faith is the substance of things hoped for, the evidence of things not seen.” [Hebrews 11:1.] True faith is in no sense allied to presumption. Only he who has true faith is secure against presumption, for presumption is Satan’s counterfeit of faith. Faith claims God’s promises and brings forth fruit in obedience. Presumption also claims the promises, but uses them as Satan did, to excuse transgression. Faith would have led our first parents to trust the love of God and to obey His commands. Presumption led them to transgress His law, believing that His great love would save them from the consequences of their sin. It is not faith that claims the favor of Heaven without complying with the

conditions on which mercy is to be granted. Genuine faith has its foundation in the promises and provisions of the Scriptures." Gospel Workers, 260.3

"Under the inspiration of the Spirit, the apostle Peter represents Christians as those who have purified their souls in obeying the truth. Just in accordance with the faith and love we bring into our work will be the power brought into it. No man can create faith. The Spirit operating upon and enlightening the human mind, creates faith in God. In the Scriptures faith is stated to be the gift of God, powerful unto salvation, enlightening the hearts of those who search for truth as for hidden treasure. The Spirit of God impresses the truth on the heart. The gospel is called the power of God unto salvation because God alone can make the truth a power which sanctifies the soul. He alone can render the cross of Christ triumphant" (MS 56, 1899). SDA Bible Commentary, Vol. 7, 940.3

"Many pass long years in darkness and doubt because they do not feel as they desire. But feeling has nothing to do with faith. That faith which works by love and purifies the soul is not a matter of impulse. It ventures out upon the promises of God, firmly believing that what He has said, He is able also to perform. Our souls may be trained to believe, taught to rely upon the Word of God. That Word declares that "the just shall live by faith" (Romans 1:17), not by feeling." Our High Calling, 119.2

"Let us put away everything like distrust and want of faith in Jesus. Let us commence a life of simple, childlike trust, not relying upon feeling, but upon faith. Do not dishonor Jesus by doubting His precious promises. He wants us to believe in Him with unwavering faith. There is a class who say, "I believe, I believe," and lay claim to all the promises which are given on condition of obedience; but they do not the works of Christ. God is not honored by any such faith. It is spurious. Another class are trying to keep all the commandments of God, but many of them do not come up to their exalted privilege in claiming the promises that were given for them. God's promises are for those who keep His commandments, and do those things that are pleasing in His sight." Our High Calling, 119

"I find that I have to fight the good fight of faith every day. I have to exercise all my faith, and not rely upon feeling; I have to act as though I knew the Lord heard me, and would answer me and bless me. Faith is not a happy flight of feeling; it is simply taking God at His word--believing that He will fulfill His promises because He said He would." Our High Calling, 119.5

“Hope in God, trust in Him, and rest in His promises, whether you feel happy or not. A good emotion is no evidence that you are a child of God, neither are disturbed, troubled, perplexing feelings an evidence that you are not a child of God. Come to the Scriptures and intelligently take God at His word. Comply with the conditions and believe He will accept you as His child. Be not faithless, but believing.” *Our High Calling*, 119.6

“To abide in faith is to put aside feeling and selfish desires, to walk humbly with the Lord, to appropriate His promises, and apply them to all occasions, believing that God will work out His own plans and purposes in your heart and life by the sanctification of your character; it is to rely entirely, to trust implicitly, upon the faithfulness of God. If this course is followed, others will see the special fruits of the Spirit manifested in the life and character.” *Fundamentals of Christian Education*, 341.3

THE FAITH OF JESUS

“Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.” *Revelation 14:12*

“Because thou hast kept the word of my patience, I also will keep thee from the hour of temptation, which shall come upon all the world, to try them that dwell upon the earth.” *Revelation 3:10*

“The faith of Jesus.” It is talked of, but not understood. What constitutes the faith of Jesus, that belongs to the third angel’s message? Jesus becoming our sin-bearer that He might become our sin-pardoning Saviour. He was treated as we deserve to be treated. He came to our world and took our sins that we might take His righteousness. And faith in the ability of Christ to save us amply and fully and entirely is the faith of Jesus.” *Selected Messages*, Book 3, 172.3

THE TOUCH OF FAITH

“The Saviour could distinguish the touch of faith from the casual contact of the careless throng.... Looking toward the woman, Jesus insisted on knowing who had touched Him. Finding concealment vain, she came forward tremblingly, and cast herself at His feet. With grateful tears she told the story of her suffering, and how she had found relief. Jesus gently said, “Daughter, be of good comfort: thy faith hath made thee whole; go in peace.” He gave no opportunity for superstition to claim healing virtue for the mere act of touching His garments. It was not through the outward contact with Him, but through the faith which took

hold on His divine power, that the cure was wrought." *The Desire of Ages*, 344

"The wondering crowd that pressed close about Christ realized no accession of vital power. But when the suffering woman put forth her hand to touch Him, believing that she would be made whole, she felt the healing virtue. So in spiritual things. To talk of religion in a casual way, to pray without soul hunger and living faith, avails nothing. A nominal faith in Christ, which accepts Him merely as the Saviour of the world, can never bring healing to the soul. The faith that is unto salvation is not a mere intellectual assent to the truth. He who waits for entire knowledge before he will exercise faith, cannot receive blessing from God. It is not enough to believe about Christ; we must believe in Him. The only faith that will benefit us is that which embraces Him as a personal Saviour; which appropriates His merits to ourselves. Many hold faith as an opinion. Saving faith is a transaction by which those who receive Christ join themselves in covenant relation with God. Genuine faith is life. A living faith means an increase of vigor, a confiding trust, by which the soul becomes a conquering power." *The Desire of Ages*, 347.1

SIMPLICITY AND POWER OF FAITH

"Faith is simple in its operation and powerful in its results. Many professed Christians, who have a knowledge of the sacred word, and believe its truth, fail in the childlike trust that is essential to the religion of Jesus. They do not reach out with that peculiar touch that brings the virtue of healing to the soul." *Mind, Character and Personality*, Book 2, 532.1

"Faith is not the ground of our salvation, but it is the great blessing--the eye that sees, the ear that hears, the feet that run, the hand that grasps. It is the means, not the end. If Christ gave His life to save sinners, why shall I not take that blessing? My faith grasps it, and thus my faith is the substance of things hoped for, the evidence of things unseen. Thus resting and believing, I have peace with God through the Lord Jesus Christ" (*Letter 329a*, 1905). *SDA Bible Commentary*, Vol. 6, 1073.9

THE EYE OF FAITH

"By looking constantly to Jesus with the eye of faith, we shall be strengthened. God will make the most precious revelations to His hungering, thirsting people. They will find that Christ is a personal

Saviour. As they feed upon His word, they find that it is spirit and life. The word destroys the natural, earthly nature, and imparts a new life in Christ Jesus. The Holy Spirit comes to the soul as a Comforter. By the transforming agency of His grace, the image of God is reproduced in the disciple; he becomes a new creature. Love takes the place of hatred, and the heart receives the divine similitude. This is what it means to live "by every word that proceedeth out of the mouth of God." This is eating the Bread that comes down from heaven." *The Desire of Ages*, 391.1

"Christ had spoken a sacred, eternal truth regarding the relation between Himself and His followers. He knew the character of those who claimed to be His disciples, and His words tested their faith. He declared that they were to believe and act upon His teaching. All who received Him would partake of His nature, and be conformed to His character. This involved the relinquishment of their cherished ambitions. It required the complete surrender of themselves to Jesus. They were called to become self-sacrificing, meek and lowly in heart. They must walk in the narrow path traveled by the Man of Calvary, if they would share in the gift of life and the glory of heaven." *The Desire of Ages*, 391.2

THE SOUL'S HUNGER

"As the hart panteth after the water brooks, so panteth my soul after thee, O God. My soul thirsteth for God, for the living God: when shall I come and appear before God?" Psalm 42:1-2

"We are to come to God in faith, and pour out our supplications before Him, believing that He will work in our behalf, and in the behalf of those who are seeking to save. We are to devote more time to earnest prayer. With the trusting faith of a little child, we are to come to our heavenly Father, telling Him of all our needs. He is always ready to pardon and help. The supply of divine wisdom is inexhaustible, and the Lord encourages us to draw largely from it. The longing that we should have for spiritual blessings is described in the words, "As the hart panteth after the water brooks, so panteth my soul after Thee, O God." We need a deeper soul hunger for the rich gifts that heaven has to bestow. We are to hunger and thirst after righteousness. O that we might have a consuming desire to know God by an experimental knowledge, to come into the audience chamber of the Most High, reaching up the hand of faith and casting out helpless souls upon the One mighty to save. His loving-kindness is better than life." *Manuscript 38-1905*

FAITH AND CHRIST

“It is faith that connects us with heaven, and brings us strength for coping with the powers of darkness. In Christ, God has provided means for subduing every sinful trait, and resisting every temptation, however strong. But many feel that they lack faith, and therefore they remain away from Christ. Let these souls, in their helpless unworthiness, cast themselves upon the mercy of their compassionate Saviour. Look not to self, but to Christ. He who healed the sick and cast out demons when He walked among men, is the same mighty redeemer today. Faith comes by the Word of God. Then grasp His promise, “Him that cometh to Me I will in nowise cast out.” Cast yourself at His feet with the cry, “Lord, I believe; help Thou mine unbelief.” *The Signs of the Times*, January 20, 1904 par. 7

LIVING FAITH

“Without a living faith in Christ as a personal Saviour it is impossible to make our influence felt in a skeptical world. We cannot give to others that which we do not ourselves possess. It is in proportion to our own devotion and consecration to Christ that we exert an influence for the blessing and uplifting of mankind. If there is no actual service, no genuine love, no reality of experience, there is no power to help, no connection with heaven, no savor of Christ in the life. Unless the Holy Spirit can use us as agents through whom to communicate to the world the truth as it is in Jesus, we are as salt that has lost its savor and is entirely worthless. By our lack of the grace of Christ we testify to the world that the truth which we claim to believe has no sanctifying power; and thus, so far as our influence goes, we make of no effect the word of God. “If I speak with the tongues of men and of angels, but have not love, I am become sounding brass, or a clanging cymbal. And if I have the gift of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to removeIn time mountains, but have not love, I am nothing. And if I bestow all my goods to feed the poor, and if I give my body to be burned, but have not love, it profiteth me nothing.” 1 Corinthians 13:1-3, A.R.V.” *Mount of Blessing* 37.1

See also: Hebrews 11:1-3, 6, James 1:5-6, Ephesians 2:8, Galatians 5:22-25, Isaiah 25:1, Psalms 9:10, Ephesians 3:17-19, Hebrews 12:1-2, John 20:29, 2 Timothy 2:13, Psalms 89:34, Isaiah 54:10, Galatians 3:26.

FAMILY OF GOD

“And hath made of one blood all nations of men for to dwell on all the face of the earth, and hath determined the times before appointed, and the bounds of their habitation; That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:” Acts 17:26, 27

“There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus.” Galatians 3:28

“The rich and poor meet together: the LORD [is] the maker of them all.” Proverbs 22:2

“For the scripture saith, Whosoever believeth on him shall not be ashamed. For there is no difference between the Jew and the Greek: for the same Lord over all is rich unto all that call upon him. For whosoever shall call upon the name of the Lord shall be saved.” Romans 10:11-13

“Without distinction of age, or rank, or nationality, or religious privilege, all are invited to come unto Him and live.” The Desire of Ages, 403.3

“Such is the infinite goodness of God that through Jesus Christ’s merits He not only spares but pardons and justifies us, and through the righteousness of Christ imputes righteousness to us, and exalts and ennobles us by making us children of His adoption. We become members of the royal family, children of the heavenly King. He lifts men and women from their degradation and exalts them in righteousness.... He calls them His jewels, and a peculiar treasure unto Him. They are trophies of His grace and power, and of His greatness and riches in glory. They therefore are not their own, but are bought with a price, and through the extraordinary office of the atonement of Christ have been brought into nearness and the most sacred relationship to Jesus Christ. They are called His heritage, His children, the members of Christ’s body, of His flesh and of His bones; yea, they are joined to the Lord by intimate relationship with Him.” Our High Calling, 17

FORGIVENESS

“Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon. For my thoughts are

not your thoughts, neither are your ways my ways, saith the Lord." Isaiah 55:7-8.

"It is your thought that your mistakes and transgressions have been so grievous that the Lord will not have respect unto your prayers, and will bless and save you.... The closer you come to Jesus, the more faulty you will appear in your own eyes; for your vision will be clearer, and your imperfections will be seen in broad and distinct contrast to His perfect nature. But do not be discouraged. This is evidence that Satan's delusions have lost their power; that the vivifying influence of the Spirit of God is arousing you, and your indifference and unconcern are passing away." *Our High Calling, 27.2*

"No deep-seated love for Jesus can dwell in the heart that does not see and realize its own sinfulness. The soul that is transformed by grace will admire His divine character; but if we do not see our own moral deformity, it is unmistakable evidence that we have not had a view of the beauty and excellence of Christ. The less we see to esteem in ourselves, the more we shall see to esteem in the infinite purity and loveliness of our Saviour. A view of our own sinfulness drives us to Him who can pardon." *Our High Calling, 27.3*

"God does not deal with us as finite men deal with one another. His thoughts are thoughts of mercy, love, and tenderest compassion. "He will abundantly pardon." He says, "I have blotted out, as a thick cloud, thy transgressions." *Our High Calling, 27.4*

"Look up, you who are tried, tempted, and discouraged, look up.... It is ever safe to look up; it is fatal to look down. If you look down, the earth reels and sways beneath you; nothing is sure. But heaven above you is calm and steady, and there is divine aid for every climber. The hand of the Infinite is reaching over the battlements of heaven to grasp yours in its strong embrace. The mighty Helper is nigh to bless, lift up, and encourage the most erring, the most sinful, if they will look to Him by faith. But the sinner must look up." *Our High Calling, 27.5*

FRIENDSHIP

"Ointment and perfume rejoice the heart: so doth the sweetness of a man's friend by hearty counsel." Proverbs 27:9.

"We should have the love of Christ in the heart to such a degree that our interest in others will be impartial and sincere. Our affections should

take a wide range, and not center simply upon a few who flatter us by special confidences. The tendency of such friendships is to lead us to neglect those who are in greater need of love than those upon whom we bestow our attentions." *Our High Calling*, 259.2

"We should not narrow our circle of friends to a few favorites because they pet and flatter us by their professed affection. The partial attention so often bestowed and received, works not for the highest good of those who would serve God. One draws upon the other for strength, and the praise, flattery, and affection one receives of the other, supplies the place that should be supplied by the grace of God, and thus human friends take the affections from Christ. . . . Human confidants, human associates, absorb the love and trust that should be given to God alone." *Our High Calling*, 259.3

"Instead of seeking to become a favorite yourself, or to flatter one who may be highly regarded, see if there is not a poor child who is not a favorite, to whom no special kindnesses are shown, and make this one the object of your unselfish attention. Those who are especially attractive will be at no loss for friends; while those who are less pleasing in appearance, who are timid and hard to become acquainted with, may have choice traits of character, and they are the purchase of the blood of Christ." *Our High Calling*, 259.4

"Feelings of unrest and homesickness or loneliness may be for your good. Your heavenly Father means to teach you to find in Him the friendship and love and consolation that will satisfy your most earnest hopes and desires.... Your only safety and happiness are in making Christ your constant counselor. You can be happy in Him if you had not another friend in the wide world." *Our High Calling*, 259.5

"One draws upon the other for strength, and the praise, flattery, and affection one receives of the other, supplies the place that should be supplied by the grace of God, and thus human friends take the affections from Christ.... Human confidants, human associates, absorb the love and trust that should be given to God alone." *The Youth's Instructor*, May 25, 1893 par. 5

"Choose for your associates those who hold religion and its practical influences in high respect. Keep the future life constantly in view." *Letter 17*, 1878

“A man that hath friends must shew himself friendly: and there is a friend that sticketh closer than a brother.” Proverbs 18:24.

“How few are constantly beholding the unseen Guest, realizing that He is at their right hand! How many ignore His presence! Did we treat others as we treat Jesus, what discourtesy it would be thought!” Our High Calling, 55.2

“Suppose a friend were with us, and we should meet an acquaintance on the way and direct our whole attention to our new-found acquaintance, ignoring the presence of our friend, what opinion would men have of our loyalty to our friend, of our degree of respect to him? And yet this is the way we treat Jesus. We forget that He is our companion. We engage in conversation, and never mention His name.... We talk of worldly business matters, and where it does not bruise the soul, where it is essential, we do not dishonor Jesus, but we do dishonor Him when we fail to mention Him in our intercourse with our friends and associates. He is our best friend, and we should seek for opportunities to speak of Him.... We should ever keep Him in view. Our conversation should be of a character that would be of no offense to God.” Our High Calling, 55.3

“Jesus invites us to accept His presence; we are to open the door of the heart, and let Him in. But He will not share a divided heart. If it be given to the service of mammon, if selfishness and pride fill its chambers, there will be no room for the heavenly Guest; He will not take up His abode with us until the soul-temple has been emptied and cleansed. Yet there is no need of making a failure in the Christian life. Jesus is waiting to do a great work for us, and all heaven is interested in our salvation.” Our High Calling, 55.4

See also: Deuteronomy 13:6-9, Proverbs 18:24, Job 19:14-19, James 4:4, John 15:13-15, Philippians 2:19-23, Psalms 37:23.

G

GRACE

“For the grace of God that bringeth salvation hath appeared to all men,” Titus 2:11

WHAT IS GRACE?

“The Lord saw our fallen condition; He saw our need of grace, and because He loved our souls, He has given us grace and peace. Grace

means favor to one who is undeserving, to one who is lost. The fact that we are sinners, instead of shutting us away from the mercy and love of God, makes the exercise of His love to us a positive necessity in order that we may be saved." *Signs of the Times*, June 5, 1893

"Today we want more grace, today we want a renewal of God's love and tokens of His goodness, and He will not withhold these good and heavenly treasures from the true seeker.... Those who feel their spiritual necessities will show their soul eagerness, their ardent desires, which extend upward and onward above every earthly, temporal inducement, to the eternal." *Our High Calling*, 188

"Every act of transgression, every neglect or rejection of the grace of Christ, is reacting upon yourself; it is hardening the heart, depraving the will, benumbing the understanding, and not only making you less inclined to yield, but less capable of yielding, to the tender pleading of God's Holy Spirit." *Steps to Christ*, 33

"But unless the members of God's church today have a living connection with the Source of all spiritual growth, they will not be ready for the time of reaping. Unless they keep their lamps trimmed and burning, they will fail of receiving added grace in times of special need." *God's Amazing Grace*, 220.5

"Divine grace is needed at the beginning, divine grace at every step of advance, and divine grace alone can complete the work. There is no place for us to rest in a careless attitude.... By prayer and faith we are continually to seek more of the Spirit." *God's Amazing Grace*, 220.6

HOW TO GROW IN GRACE

"But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen." 2 Peter 3:18.

"How is it possible that we may grow in grace? It is possible to us only as we empty our hearts of self, and present them to Heaven, to be molded after the Divine Pattern. We may have a connection with the living channel of light; we may be refreshed with the heavenly dew, and have the showers of heaven descend upon us. As we appropriate the blessing of God, we shall be able to receive greater measures of His grace." *Our High Calling*, 217

"Many have an idea that they must do some part of the work alone. They have trusted in Christ for the forgiveness of sin, but now they seek

by their own efforts to live aright. But every such effort must fail. Jesus says, "Without Me ye can do nothing." Our growth in grace, our joy, our usefulness,--all depend upon our union with Christ. It is by communion with Him, daily, hourly,--by abiding in Him, --that we are to grow in grace. He is not only the Author, but the Finisher of our faith. It is Christ first and last and always. He is to be with us, not only at the beginning and the end of our course, but at every step of the way. David says, "I have set the Lord always before me: because He is at my right hand, I shall not be moved." Psalm 16:8." Steps to Christ, 69.1

"Without the grace of Christ, the sinner is in a hopeless condition; nothing can be done for him; but through divine grace, supernatural power is imparted to the man and works in mind and heart and character. It is through the impartation of the grace of Christ that sin is discerned in its hateful nature and finally driven from the soul temple. It is through grace that we are brought into fellowship with Christ, to be associated with Him in the work of salvation. Faith is the condition upon which God has seen fit to promise pardon to sinners; not that there is any virtue in faith whereby salvation is merited, but because faith can lay hold of the merits of Christ, the remedy provided for sin. Faith can present Christ's perfect obedience instead of the sinner's transgression and defection. When the sinner believes that Christ is his personal Saviour, then according to His unfailing promises, God pardons his sin and justifies him freely. The repentant soul realizes that his justification comes because Christ, as his Substitute and Surety, has died for him, is his atonement and righteousness." Faith and Works, 100.3

CULTIVATE EVERY GRACE

"There is need to cultivate every grace that Jesus... has brought within our reach; for that grace alone can remedy our defects; Christ alone can transform the character. And God would have us manifest this grace, so richly provided, in the little as well as the large things of life." Our High Calling, 228

See also: Philippians 1:9, 2 Thessalonians 1:3, 4:1, Philippians 1:11, 2 Peter 1:5-7, 2 Corinthians 3:18, Colossians 1:6, Philippians 3:14-16.

GUIDE

A SAFE GUIDE

"For this God is our God for ever and ever: he will be our guide even

unto death." Psalm 48:14

"Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life. John 8:12."

"All who are traveling the road to heaven need a safe guide. We must not walk in human wisdom. It is our privilege to listen to the voice of Christ speaking to us as we walk the journey of life, and His words are always words of wisdom." *Our High Calling*, 16.2

"Satan is working with great diligence to compass the ruin of the souls of men. He has come down with great power, knowing that he has but a short time to work. Our only safety lies in following closely after Christ, walking in His wisdom, and practicing His truth. We cannot always readily detect the working of Satan; we do not know where he lays his traps. But Jesus understands the subtle arts of the enemy, and He can keep our feet in safe paths.... "I am the way, the truth, and the life" (John 14:6) Christ declares." *Our High Calling*, 16.3

"What would be the use of a way direct and sure in its course to glory, if no light of truth shone upon that path, that travelers should desire it? What would be the use of truth shining on the way if there was no life in the persons that walked in the way, in the pilgrims' journey from the earthly to the heavenly? Having the statement of Christ, "I am the way, the truth, and the life," all who believe in Jesus, the Leader, may in confidence walk heavenward, sure that they are in the path outlined in the Word as the way." *Our High Calling*, 16.4

DANGER AND HOPE

"Evil agencies are striving to eclipse every ray of light from the soul that heavenly beings are appointed to do their work of ministry, to guide, guard, and control those who shall be heirs of salvation. None need despair because of the inherited tendencies to evil, but when the Spirit of God convicts of sin, the wrongdoer must repent and confess and forsake the evil. Faithful sentinels are on guard to direct souls in right paths." *Our High Calling*, p. 92

NO BETTER GUIDE THAN GOD

"If men will walk in the path that God has marked out for them, they will have a Counsellor whose wisdom is far above any human wisdom. Joshua was a wise general because God was his Guide. The first sword

that Joshua used was the sword of the Spirit, the Word of God.”
Manuscript66-1898

“After the death of Moses, “the Lord spake unto Joshua, the son of Nun, Moses’ minister, saying,... There shall not be any man able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee nor forsake thee. Be strong and of good courage... Only be thou strong and very courageous, that thou mayest observe to do according to all the law, which Moses my servant commanded thee: turn not from it to the right hand or to the left, that thou mayest prosper whithersoever thou goest.” Manuscript66-1898

“Do you think that all these charges would have been given to Joshua if there had been no danger of his being brought under misleading influences? It was because the strongest influences were to be brought to bear against his principles of righteousness that the Lord in mercy charged him not to turn to the right hand or to the left. He was to follow a course of strictest integrity. “This book of the law shall not depart out of thy mouth,” God said; “but thou shalt meditate therein day and night, that thou mayest observe to do all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success. Have not I commanded thee? Be strong, and of good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.” If there had been no peril before Joshua, God would not over and over again have charged him to be of good courage. But amid all his cares, Joshua had his God to guide him.” Manuscript66-1898

“There is no greater deception than for man to suppose that in any difficulty he can find a better guide than God, a wiser counselor in any emergency, a stronger defense under any circumstance.” SDA Bible Commentary, Vol. 2, 993.3

“The Lord has a great work to be done in our world. To every man He has given His work for man to do. But man is not to make man his guide, lest he be led astray. This is always unsafe. While Bible religion embodies the principles of activity in service, at the same time there is the necessity of asking for wisdom daily from the Source of all wisdom. What was Joshua’s victory? Thou shalt meditate upon the Word of God day and night. The word of the Lord came to Joshua just before he passed over Jordan, “Only be thou strong and very courageous, that thou mayest observe to do according to all the law, which Moses my servant

commanded thee; turn not from it to the right hand or to the left, that thou mayest prosper whithersoever thou goest. This book of the law shall not depart out of thy mouth, but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success." This was the secret of Joshua's victory. He made God his guide." Letter 188-1901

"Whatever be our condition in life, our business, we have a sure Guide. Whatever be our condition, He is our counselor. Whatever be our loneliness, He is our friend in whom we may ever trust." Our High Calling, 56

OUR GUARD

"The Lord is thy keeper: the Lord is thy shade upon thy right hand. The sun shall not smite thee by day, nor the moon by night. The Lord shall preserve thee from all evil: he shall preserve thy soul." Psalm 121:5-7

"A silent witness guards every soul that lives, seeking to win and draw him to Christ. The angels never leave the tempted one a prey to the enemy who would destroy the souls of men if permitted to do so. As long as there is hope, until they resist the Holy Spirit to their eternal ruin, men are guarded by heavenly intelligences." Our High Calling, 23.2

"Living amid these opposing forces, we may through the exercise of faith and prayer, call to our side a retinue of heavenly angels, who will guard us from every corrupting influence." Our High Calling, 23.5

See also: Isaiah 30:21, Proverbs 16:9, Isaiah 28:26, Prov 11:5; 3:6, Psalms 32:8, Isaiah 42:16, Psalms 73:23-24.

H

HAPPINESS

"Put not your trust in princes, [nor] in the son of man, in whom [there is] no help. ⁵ Happy is he that hath the God of Jacob for his help, whose hope is in the Lord his God:" Psalm 146:3,5

"At the foundation of the ruin of many homes lies the passion for display. Men and women scheme and plan to get means in order that they may appear richer than their neighbors. But even though they may

succeed in their desperate struggle, they are not truly happy. True happiness springs from a heart at peace with God." SDA Bible Commentary, Vol. 7, 941, 942

"Many speak of the life of the Christian taking away from us pleasures and worldly enjoyments. I say it takes away nothing worth saving. Is there perplexity, poverty, and distress endured by the Christian? Oh, yes, this is expected in this life. But is the sinner, of whom we speak as enjoying the pleasures of this world, free from these ills of life? Do we not often see them in deep perplexity and trouble?" Our High Calling, 201.2

"Their following Christ may have broken some friendship with their world-loving relatives, but look at the exchange--their names written in the Lamb's book of life, elevated, yes, greatly exalted, to be partakers of salvation, heirs of God and joint heirs with Jesus Christ to an imperishable inheritance. Shall we call it a sacrifice on our part to yield error for truth, darkness for light, sin for righteousness, a perishable name and inheritance upon earth for honors that are lasting, and a treasure undefiled that fadeth not away?" Our High Calling, 201.3

"Even in this life, the Christian has One upon whom to lean for support, who will help him bear all his trials. Yet the sinner has to bear his trials alone. He goes down into the grave suffering remorse under darkness, bound by Satan, for he is his lawful prey." Our High Calling, 201.4

"If there is any one who should be continually grateful, it is the follower of Christ. If there is any one who enjoys real happiness, even in this life, it is the faithful Christian.... If we appreciate or have any sense of how dearly our salvation was purchased, anything which we may call sacrifice will sink away into insignificance." Our High Calling, 201.5

"Feelings of unrest and homesickness or loneliness may be for your good. Your heavenly Father means to teach you to find in Him the friendship and love and consolation that will satisfy your most earnest hopes and desires. Your only safety and happiness are in making Christ your constant counselor. You can be happy in Him if you had not another friend in the wide world." Our High Calling, 259

"Your only safety and happiness are in making Christ your constant counselor. You can be happy in Him if you had not another friend in the wide world. Your feelings of unrest and homesickness or loneliness may be for your good. Your heavenly Father means to teach you to find in Him

the friendship and love and consolation that will satisfy your most earnest hopes and desires." Our High Calling, 64

"Happiness drawn from earthly sources is as changeable as varying circumstances can make it; but the peace of Christ is a constant and abiding peace. It does not depend upon any circumstances in life, on the amount of worldly goods or the number of earthly friends. Christ is the fountain of living water, and happiness drawn from Him can never fail." Mount of Blessing 16.2

"The mercies of God surround you every moment; and it would be profitable for you to consider how and whence your blessings come every day. Let the precious blessings of God awaken gratitude in you. You cannot number the blessings of God, the constant loving-kindness expressed to you, for they are as numerous as the refreshing drops of rain. Clouds of mercy are hanging over you, and ready to drop upon you. If you will appreciate the valuable gift of salvation, you will be sensible of daily refreshment, of the protection and love of Jesus; you will be guided in the way of peace." Messages to Young People, 409.3

"All your happiness, peace, joy, and success in this life are dependent upon genuine, trusting faith in God. This faith will prompt true obedience to the commandments of God. Your knowledge and faith in God is the strongest restraint from every evil practice, and the motive to all good." Messages to Young People, 410.2

"Believe in Jesus as one who pardons your sins, one who wants you to be happy in the mansions He has gone to prepare for you. He wants you to live in His presence; to have eternal life and a crown of glory." Messages to Young People, 410.3

THE GIRDLE OF GLADNESS

"Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness." Psalm 30:11.

"Many who are seeking for happiness will be disappointed in their hopes, because they seek it amiss. True happiness is not to be found in selfish gratification, but in the path of duty. God desires man to be happy, and for this reason He gave him the precepts of His law, that in obeying these he might have joy at home and abroad. While he stands in his moral integrity, true to principle, having the control of all his powers, he cannot be miserable. With its tendrils entwined about God, the soul will flourish amid unbelief and depravity. But many who are constantly looking

forward for happiness fail to receive it, because, by neglecting to discharge the little duties and observe the little courtesies of life, they violate the principles upon which happiness depends." Our High Calling, 63.2

"The currents of spiritual life must not become stagnant. The water of the living fountain should be in us, a well of water springing up into everlasting life, and sweeping away the selfishness of the natural heart.... Many build up barriers between themselves and Jesus so that His love cannot flow into their hearts, and then they complain that they do not see the Sun of Righteousness. Let them forget self and live for Jesus, and the light of Heaven will bring gladness to their souls." Our High Calling, 63.3

"The fact that Jesus died to bring happiness and heaven within our reach should be a theme for constant gratitude. The beauty spread before us in God's created works, as an expression of His love, should bring gladness to our hearts. We open to ourselves the floodgates of woe or joy. If we permit our thoughts to be engrossed with the troubles and trifles of earth, our hearts will be filled with unbelief, gloom, and foreboding. If we set our affections on things above, the voice of Jesus will speak peace to our souls; murmurings will cease; vexing thoughts will be lost in praise to our Redeemer. Those who dwell upon God's great mercies, and are not unmindful of His lesser gifts, will put on the girdle of gladness, and make melody in their hearts to the Lord." Our High Calling, 63.4

"The life in which the fear of the Lord is cherished will not be a life of sadness and gloom. It is the absence of Christ that makes the countenance sad, and the life a pilgrimage of sighs. Those who are filled with self-esteem and self-love do not feel the need of a living, personal union with Christ. The heart that has not fallen on the Rock is proud of its wholeness. Men want a dignified religion. They desire to walk in a path wide enough to take in their own attributes. Their selflove, their love of popularity and love of praise, exclude the Saviour from their hearts, and without Him there is gloom and sadness. But Christ dwelling in the soul is a wellspring of joy. For all who receive Him, the very keynote of the word of God is rejoicing." Christ's Object Lessons 162.1

"True happiness may be found in unselfishly striving to help those who need help. God helps the feeble, and strengthens those who have no strength. In the fields where the trials and the conflicts and poverty are the greatest, God's workmen must have increased protection. To those laboring in the heat of the conflict, God says, "The Lord is thy shade upon thy right hand.'" SDA Bible Commentary, Vol. 3, 1153.7

See also: 1 Timothy 6:6, Isaiah 55:12, Psalms 89:15-16; 118:15; 4:7.

HEALTH

“The LORD will preserve him, and keep him alive; and he shall be blessed upon the earth: and thou wilt not deliver him unto the will of his enemies.” Psalm 41:2

“The assurance of God’s approval will promote physical health. It fortifies the soul against doubt, perplexity, and excessive grief that so often sap the vital forces and induce nervous diseases of a most debilitating and distressing character. The Lord has pledged his unfailing word that his eye shall be over the righteous, and his ear open to their prayer, while he is against all them that do evil. We make very hard work for ourselves in this world when we take such a course that the Lord is against us.” The Review & Herald, October 16, 1883

“Those who do not use their limbs every day will realize a weakness when they do attempt to exercise. The veins and muscles are not in a condition to perform their work and keep all the living machinery in healthful action, each organ in the system doing its part. The limbs will strengthen with use. Moderate exercise every day will impart strength to the muscles, which without exercise become flabby and enfeebled. By active exercise in the open air every day, the liver, kidneys, and lungs also will be strengthened to perform their work. Bring to your aid the power of the will, which will resist cold and will give energy to the nervous system. In a short time you will so realize the benefit of exercise and pure air that you would not live without these blessings. Your lungs, deprived of air, will be like a hungry person deprived of food. Indeed, we can live longer without food than without air, which is the food that God has provided for the lungs. Therefore do not regard it as an enemy, but as a precious blessing from God.” Testimonies for the Church 533.1

“And we should teach others how to preserve and to recover health. For the sick we should use the remedies which God has provided in nature, and we should point them to Him who alone can restore. It is our work to present the sick and suffering to Christ in the arms of our faith. We should teach them to believe in the Great Healer. We should lay hold on His promise and pray for the manifestation of His power. The very essence of the gospel is restoration, and the Saviour would have us bid the sick, the hopeless, and the afflicted take hold upon His strength.” Counsels on Health, 31.2

“It was not God’s purpose that people should be crowded into cities, huddled together in terraces and tenements. In the beginning He placed our first parents amidst the beautiful sights and sounds He desires us to rejoice in today. The more nearly we come into harmony with God’s original plan, the more favorable will be our position to secure health of body and mind and soul.” *The Adventist Home*, 135.3

See also: Proverbs 17:22, 1 John 3:20-21, James 5:14-16, Jeremiah 17:14; 30:17, 3 John 1:2, 2 Corinthians 12:12-25, Colossians 3:10, Psalms 139:14, Romans 1:24-32, 1 Corinthians 6:18, Romans 12:1; 6:8-11, Philippians 1:20-21.

HEART

““Man looketh on the outward appearance, but the Lord looketh on the heart”-the human heart, with its conflicting emotions of joy and sorrow; the wandering, wayward heart, which is the abode of so much impurity and deceit. 1 Samuel 16:7. He knows its motives, its very intents and purposes.” *Steps to Christ*, 34

“O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh. A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things. But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment. For by thy words thou shalt be justified, and by thy words thou shalt be condemned.” *Matthew 12:34-37*

BEWARE OF THE HARD HEART

“For he is our God; and we are the people of his pasture, and the sheep of his hand. To day if ye will hear his voice, harden not your heart, as in the provocation, and as in the day of temptation in the wilderness.” *Psalms 95: 7-8.*

“No man can even once devote his God-given powers to the service of worldliness or pride without placing himself on the enemy’s ground.... Every repetition of the sin weakens his power of resistance, blinds his eyes, and stifles conviction.... The Lord sends us warning, counsel, and reproof, that we may have opportunity to correct our errors before they become second nature. But if we refuse to be corrected, God does not interfere to counteract the tendencies of our own course of action. He works no miracle that the seed sown may not spring up and bear fruit. That man who manifests an infidel hardihood or a stolid indifference to

divine truth, is but reaping the harvest which he has himself sown. Such has been the experience of many. They listen with stoical indifference to the truths which once stirred their very souls. They sowed neglect, indifference, and resistance to the truth; and such is the harvest which they reap. The coldness of ice, the hardness of iron, the impenetrable, unimpressible nature of rock--all these find a counterpart in the character of many a professed Christian. It was thus that the Lord hardened the heart of Pharaoh. God spoke to the Egyptian king by the mouth of Moses, giving him the most striking evidences of divine power; but the monarch stubbornly refused the light which would have brought him to repentance. God did not send a supernatural power to harden the heart of the rebellious king, but as Pharaoh resisted the truth, the Holy Spirit was withdrawn, and he was left to the darkness and unbelief which he had chosen. By persistent rejection of the Spirit's influence, men cut themselves off from God. He has in reserve no more potent agency to enlighten their minds. No revelation of His will can reach them in their unbelief." *Our High Calling*, 160

"The Holy Spirit will do its work upon the heart that is contrite, but never can He work upon a self-important, self-righteous soul. In his own wisdom such a one would mend himself. He interposes between his soul and the Holy Spirit. The Holy Spirit will work if self will not interpose." *Manuscript 148-1897*

THE NEW HEART

"Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you. A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do [them]. And ye shall dwell in the land that I gave to your fathers; and ye shall be my people, and I will be your God. I will also save you from all your uncleannesses: and I will call for the corn, and will increase it, and lay no famine upon you." *Ezekiel 36: 25-29*

"When Jesus speaks of the new heart, He means the mind, the life, the whole being. To have a change of heart is to withdraw the affections from the world, and fasten them upon Christ. To have a new heart is to have a new mind, new purposes, new motives. What is the sign of a new heart? -A changed life." *SDA Bible Commentary*, Vol. 4, 1164

“Seeking God most earnestly for a true Christian experience. They are to feel the creative power of the Holy Spirit. They are to receive the new heart, that is kept soft and tender by the grace of heaven. The selfish spirit is to be cleansed from the soul. They are to labor earnestly and with humility of heart, each one looking to Jesus for guidance and encouragement. (Letter 224, 1907).” SDA Bible Commentary, Vol. 4, 1165

“One of the most earnest prayers recorded in the Word of God is that of David when he plead, “Create in me a clean heart, O God.” God’s response to such a prayer is, A new heart will I give you. This is a work that no finite man can do. Men and women are to begin at the beginning, seeking God most earnestly for a true Christian experience. They are to feel the creative power of the Holy Spirit. They are to receive the new heart, that is kept soft and tender by the grace of heaven. The selfish spirit is to be cleansed from the soul. They are to labor earnestly and with humility of heart, each one looking to Jesus for guidance and encouragement. Then the building, fitly framed together, will grow into a holy temple in the Lord.” SDA Bible Commentary, vol. 4, 1165.

NEED OF PURITY OF HEART

“Blessed are the pure in heart: for they shall see God.” Matthew 5:8

“But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy.” James 3:17

“The Jews were so exacting in regard to ceremonial purity that their regulations were extremely burdensome. Their minds were occupied with rules and restrictions and the fear of outward defilement, and they did not perceive the stain that selfishness and malice impart to the soul. Jesus does not mention this ceremonial purity as one of the conditions of entering into His kingdom, but points out the need of purity of heart. The wisdom that is from above “is first pure.” James 3:17. Into the city of God there will enter nothing that defiles. All who are to be dwellers there will here have become pure in heart. In one who is learning of Jesus, there will be manifest a growing distaste for careless manners, unseemly language, and coarse thought. When Christ abides in the heart, there will be purity and refinement of thought and manner.” Mount of Blessing 24

“But the words of Jesus, “Blessed are the pure in heart,” have a deeper meaning-not merely pure in the sense in which the world understands purity, free from that which is sensual, pure from lust, but true in the

hidden purposes and motives of the soul, free from pride and self-seeking, humble, unselfish, childlike." Mount of Blessing 25.1

"Only like can appreciate like. Unless you accept in your own life the principle of self-sacrificing love, which is the principle of His character, you cannot know God." Mount of Blessing 25.2

"Christ changes the heart. He abides in your heart by faith. You are to maintain this connection with Christ by faith and the continual surrender of your will to Him; and so long as you do this, He will work in you to will and to do according to His good pleasure. So you may say, "The life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself for me." Galatians 2:20. So Jesus said to His disciples, "It is not ye that speak, but the Spirit of your Father which speaketh in you." Matthew 10:20. Then with Christ working in you, you will manifest the same spirit and do the same good works --works of righteousness, obedience."

HEARTS THAT HAVE BECOME PURIFIED

"But to hearts that have become purified through the indwelling of the Holy Spirit, all is changed. These can know God. Moses was hid in the cleft of the rock when the glory of the Lord was revealed to him; and it is when we are hid in Christ that we behold the love of God." Mount of Blessing 26.2

"He that loveth pureness of heart, for the grace of his lips the King shall be his friend." Proverbs 22:11. By faith we behold Him here and now. In our daily experience we discern His goodness and compassion in the manifestation of His providence. We recognize Him in the character of His Son. The Holy Spirit takes the truth concerning God and Him whom He hath sent, and opens it to the understanding and to the heart. The pure in heart see God in a new and endearing relation, as their Redeemer; and while they discern the purity and loveliness of His character, they long to reflect His image. They see Him as a Father longing to embrace a repenting son, and their hearts are filled with joy unspeakable and full of glory." Mount of Blessing, 26.3

"The pure in heart discern the Creator in the works of His mighty hand, in the things of beauty that comprise the universe. In His written word they read in clearer lines the revelation of His mercy, His goodness, and His grace. The truths that are hidden from the wise and prudent are revealed to babes. The beauty and preciousness of truth, which are

undiscerned by the worldly-wise, are constantly unfolding to those who have a trusting, childlike desire to know and to do the will of God. We discern the truth by becoming, ourselves, partakers of the divine nature." Mount of Blessing, 26.4

"The pure in heart live as in the visible presence of God during the time He apportions them in this world. And they will also see Him face to face in the future, immortal state, as did Adam when he walked and talked with God in Eden. "Now we see through a glass, darkly; but then face to face." 1 Corinthians 13:12. Mount of Blessing 27.1

LOVE FILLS THE HEART

"When love fills the heart, it will flow out to others, not because of favours received from them, but because love is the principle of action (also of heaven). Love modifies the character, governs the impulses, subdues enmity, and enables the affections. This love is as broad as the universe, and is in harmony with that of the angel workers. Cherished in the heart, it sweetens the entire life and sheds its blessing upon all around. It is this, and this only, that can make us the salt of the earth." Mount of Blessing, 38

See also: Proverbs 15:15; 14:30, Psalms 73:26, Psalms 31:24, John 14:1.

HEAVEN

"Who shall change our vile body, that it may be fashioned like unto his glorious body, according to the working whereby he is able even to subdue all things unto himself." Philippians 3:21

"And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away." Revelation 21:4

"For in the resurrection they neither marry, nor are given in marriage, but are as the angels of God in heaven." Matthew 22:30

"Everywhere the effects of the curse are seen. Let us praise God that in the earth made new "there shall be no more curse: but the throne of God and of the Lamb shall be in it; and his servants shall serve him" (Revelation 22:3). Manuscript110- 1901.18

"Through Christ's redeeming work the government of God stands justified. The Omnipotent One is made known as the God of love. Satan's charges are refuted, and his character unveiled. Rebellion can never again

arise. Sin can never again enter the universe. Through eternal ages all are secure from apostasy. By love's self-sacrifice, the inhabitants of earth and heaven are bound to their Creator in bonds of indissoluble union." *The Desire of Ages*, 26.2

"The work of redemption will be complete. In the place where sin abounded, God's grace much more abounds. The earth itself, the very field that Satan claims as his, is to be not only ransomed but exalted. Our little world, under the curse of sin the one dark blot in His glorious creation, will be honored above all other worlds in the universe of God. Here, where the Son of God tabernacled in humanity; where the King of glory lived and suffered and died, -here, when He shall make all things new, the tabernacle of God shall be with men, "and He will dwell with them, and they shall be His people, and God Himself shall be with them, and be their God." "And through endless ages as the redeemed walk in the light of the Lord, they will praise Him for His unspeakable Gift - Immanuel, "God with us."" *The Desire of Ages*, 26.3

THE PATH TO HEAVEN

"Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also." *Matthew 6:19-21*

"Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat: Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it." *Matthew 7:13-14*

"Christ left heaven that we might be redeemed from the depths of sin and degradation, and that we might have eternal riches. Our characters are photographed on the books of heaven, and from these books we are to be judged. What have we done with the talents that God has given us? Have we exerted our influence on the right side? Have we set the proper example, or have we been following the fashions of the world? Have we used our powers in God's service? Do our lives reflect light to those around us. God expects every one to make the best use of his faculties. If we fulfill the mission that has been assigned us, the results will be seen in the kingdom of God, and to us will be spoken the words, "Well done, good and faithful servant:...enter thou into the joy of thy Lord.""--*Manuscript 29*, 1886, pp. 1-4. ("Gaining a Fitness for Heaven," *Talk at*

Nimes, France, October 31, 1886.)

THE TRAINING NECESSARY FOR HEAVEN

“But he knoweth the way that I take: when he hath tried me, I shall come forth as gold. Job 23:10.” Our High Calling, 316.1

“The conflicts of earth, in the providence of God, furnish the very training necessary to develop characters fit for the courts of heaven. We are to become members of the royal family, the sons of God, and “all things work together for good” to those who love God, and submit themselves to His will.” Our High Calling, 316.3

“Those who take Christ at His word, and surrender their souls to His keeping, their lives to His ordering, will find peace and quietude. Nothing of the world can make them sad when Jesus makes them glad by His presence. In perfect acquiescence there is perfect rest. The Lord says, “Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusteth in Thee.” Isaiah 26:3. Our lives may seem a tangle; but as we commit ourselves to the wise Master Worker, He will bring out the pattern of life and character that will be to His own glory. And that character which expresses the glory--character--of Christ will be received into the Paradise of God. A renovated race shall walk with Him in white, for they are worthy.” The Desire of Ages, 331.2

HEAVEN BEGINS HERE

“As through Jesus we enter into rest, heaven begins here. We respond to His invitation, Come, learn of Me, and in thus coming we begin the life eternal. Heaven is a ceaseless approaching to God through Christ. The longer we are in the heaven of bliss, the more and still more of glory will be opened to us; and the more we know of God, the more intense will be our happiness. As we walk with Jesus in this life, we may be filled with His love, satisfied with His presence. All that human nature can bear, we may receive here. But what is this compared with the hereafter? There “are they before the throne of God, and serve Him day and night in His temple: and He that sitteth on the throne shall dwell among them. They shall hunger no more, neither thirst any more; neither shall the sun light on them, nor any heat. For the Lamb which is in the midst of the throne shall feed them, and shall lead them unto living fountains of waters: and God shall wipe away all tears from their eyes.” Revelation 7:15-17. The Desire of Ages, 331.3

“The Lord wants human beings to take time to rest, time to think of and appreciate heavenly things. Those who do not value the things of heaven sufficiently to give time to them will at last lose all.” Letter 181-1903

ATTRIBUTES THAT HEAVEN VALUES

“At the same time came the disciples unto Jesus, saying, Who is the greatest in the kingdom of heaven? And Jesus called a little child unto him, and set him in the midst of them, And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven. And whoso shall receive one such little child in my name receiveth me.” Matthew. 18: 1-5.

“It was not enough for the disciples of Jesus to be instructed as to the nature of His kingdom. What they needed was a change of heart that would bring them into harmony with its principles. Calling a little child to Him, Jesus set him in the midst of them; then tenderly folding the little one in His arms He said, “Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.” The simplicity, the self-forgetfulness, and the confiding love of a little child are the attributes that Heaven values. These are the characteristics of real greatness.” *The Desire of Ages*, 437.1

THE PRIZE OF OUR HIGH CALLING

“I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.” *Philippians* 3:13, 14.

“He who would build up a strong, symmetrical character, he who would be a well-balanced Christian, must give all and do all for Christ.... Paul did many things. From the time that he gave his allegiance to Christ, his life was filled with untiring service. From city to city, from country to country, he journeyed, telling the story of the cross, winning converts to the gospel, and establishing churches.... At times he worked at his trade, to earn his daily bread. But in all the busy activities of his life, Paul never lost sight of one great purpose--to press toward the prize of his high calling. One aim he kept steadfastly before him--to be faithful to the One who at the gate of Damascus had revealed Himself to him. From this aim

nothing had power to turn him aside." Our High Calling, 371.2

"The great purpose that constrained Paul to press forward in the face of hardship and difficulty should lead every Christian worker to consecrate himself wholly to God's service. Worldly attractions will be presented to draw his attention from the Saviour, but he is to press on toward the goal, showing to the world, to angels, and to men that the hope of seeing the face of God is worth all the effort and sacrifice that the attainment of this hope demands." Our High Calling, 371.3

"The lowliest disciple of Christ may become an inhabitant of heaven, an heir of God to an inheritance incorruptible, and that fadeth not away. O that every one might make choice of the heavenly gift, become an heir of God to that inheritance whose title is secure from any destroyer, world without end! O, choose not the world, but choose the better inheritance! Press, urge your way toward the mark for the prize of your high calling in Christ Jesus." Our High Calling, 371.4

"Soon we shall witness the coronation of our King. Those whose lives have been hidden with Christ, those who on this earth have fought the good fight of faith, will shine forth with the Redeemer's glory in the kingdom of God." Our High Calling, 371.5

See also: Isaiah 57:15, Colossians 1:5, Isaiah 65:17, 66:22-23, Philippians 3:14-16.

HELP

"[Let your] conversation [be] without covetousness; [and be] content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. ⁶ So that we may boldly say, The Lord [is] my helper, and I will not fear what man shall do unto me." Hebrews 13:5

"If you see your sinfulness, do not wait to make yourself better. How many there are who think they are not good enough to come to Christ. Do you expect to become better through your own efforts? "Can the Ethiopian change his skin, or the leopard his spots? then may ye also do good, that are accustomed to do evil." Jeremiah 13:23. There is help for us only in God. We must not wait for stronger persuasions, for better opportunities, or for holier tempers. We can do nothing of ourselves. We must come to Christ just as we are." Steps to Christ, 31.1

"In whatever place we are called by the providence of God, we may confidently expect that God will be our helper. We are not to be a toy to

circumstances, but to be above circumstances.... that try our patience, and test our faith, we are not to sink down in despondency, but to take a firmer hold upon God.... He is to be our strength in every time of trial." Our High Calling, 339

"Our God is an ever-present help in every time of need. He is perfectly acquainted with the most secret thoughts of our heart, with all the intents and purposes of our souls. When we are in perplexity, even before we open to Him our distress, He is making arrangements for our deliverance. Our sorrow is not unnoticed. He always knows much better than we do, just what is necessary for the good of His children, and He leads us as we would choose to be led if we could discern our own hearts and see our necessities and perils, as God sees them. But finite beings seldom know themselves. They do not understand their own weakness.... God knows them better than they know themselves, and He understands how to lead them.... If we will trust Him, and commit our ways to Him, He will direct our steps in the very path that will result in our obtaining the victory over every evil passion, and every trait of character that is unlike the character of our divine Pattern." Our High Calling, 316

"The world's Redeemer presents to His followers the plan of the battle in which they are called to engage, and He bids them count the cost. He assures them that angels who excel in strength shall be in His army, and will enable those who trust in Him to fight valiantly.... The Captain of the Lord's host is with them, taking the command of the armies, and leading them on to victory." Our High Calling, 311.2

"How precious are these assurances that we shall never be left to take one step in our own finite strength; for he has said, "I will never leave thee, nor forsake thee." [Hebrews 13:5] We are fighting in the presence of invisible hosts. Unseen intelligences survey the whole array of evil, and help is at hand. We shall not only be provided with that which is necessary, but shall be placed upon vantage ground." Our High Calling, 311.4

"Thank God we are not left alone. This is our safety. Satan can never touch with eternal disaster one whom Christ has prepared for temptation by his previous intercession; for grace is provided in Christ for every soul, and a way of escape has been made, so that no one need fall under the power of the enemy." Our High Calling, 311.5

"The Lord will be your helper, and if you trust Him, will bring you up to a noble, elevated standard, and will place your feet upon the platform

of eternal truth. Put on the whole armour of God, devote time every day to self-examination, seek the Lord in earnest prayer, and diligently study the Scriptures, have the help of the angels of God, form characters that will fit them for the society of the redeemed in the kingdom of glory." *Our High Calling*, 275

"Lean upon the divine arm for wisdom, strength, and skill for the work that God has given you to do." *Our High Calling*, 298

"It is the greatest joy of the angels of heaven to spread the shield of their tender love over souls who turn to God." *Our High Calling*, 92

See also: Psalms 27:9, 37:39; 91:10-11; 28:7.

HOLD ON GOD

"If we would get the right hold on God, we must keep beholding the great precious things—the purity, the glory, the power, the kindness, the affection, the love, that God bestows upon us." *Manuscript 153-1907*

"Unless we become vitally connected with God, we can never resist the unhallowed effects of self-love, self-indulgence, and temptation to sin. We may leave off many bad habits, for the time we may part company with Satan; but without a vital connection with God, through the surrender of ourselves to Him moment by moment, we shall be overcome. Without a personal acquaintance with Christ, and a continual communion, we are at the mercy of the enemy, and shall do his bidding in the end." *The Desire of Ages*, 324

"Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me." *John 15:4*.

"The storm is coming, the storm that will try every man's faith of what sort it is. Believers must now be firmly rooted in Christ or else they will be led astray by some phase of error." *Last Day Events*, 64.3

"As the severed branch, leafless, and apparently lifeless, is ingrafted into the living stock, and, fiber by fiber, and vein by vein, drinks in the life and strength of the vine until it buds and blossoms and bears fruit, even so may the sinner, by repentance and faith, connect himself with Christ, become a partaker of the divine nature, and bring forth in words and deeds the fruit of a holy life." *Our High Calling*, 145.2

"Jesus "has life in himself," and this life He offers to impart freely, to

souls that are dead in trespasses and sins. Yea, He shares with them His purity, His honor, and exaltation.... The sapless branch, ingrafted into the living vine, becomes a part of the vine. It lives while united to the vine. So the Christian lives by virtue of his union with Christ. The sinful and human is linked to the holy and divine. The believing soul abides in Christ, and becomes one with Him. When persons are closely united in the relations of this life, their tastes become similar, they come to love the same things. So those who abide in Christ will love the things which He loves. They will sacredly cherish and obey His commandments." Our High Calling, 145.3

"The vine-branch, nourished from the parent stock, becomes flourishing and fruitful. Its rich and fragrant clusters attest its union with the living vine. So the Christian, abiding in Jesus, will bring forth fruit. In character and life will be manifested, like the teeming cluster of the vine, the precious graces of the Spirit,--love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance." Our High Calling, 145.4

"Resolve that you will be fruit-bearing members of the living Vine. The scion can flourish only as it receives life and strength from the parent stock. Improve, then, every opportunity to connect yourselves more closely with Christ. It is by believing Him, loving Him, copying Him, and depending wholly upon Him, that you are to become one with Him; and through you His life and character will be revealed to the world." Our High Calling, 145.5

See also: Proverbs 23:17-18, Job 17:9, Psalms 126:5-6, Proverbs 18:10.

HOPE

"If in this life only we have hope in Christ, we are of all men most miserable." 1 Corinthians 15:19

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." Isaiah 40:31

"For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for? But if we hope for that we see not, then do we with patience wait for it." Romans 8:24-25

"So we have nothing in ourselves of which to boast. We have no ground for self-exaltation. Our only ground of hope is in the

righteousness of Christ imputed to us, and in that wrought by His Spirit working in and through us.”

“Hope in God, trust in Him, and rest in His promises, whether you feel happy or not. A good emotion is no evidence that you are a child of God, neither are disturbed, troubled, perplexing feelings an evidence that you are not a child of God. Come to the Scriptures and intelligently take God at His word. Comply with the conditions and believe He will accept you as His child. Be not faithless, but believing.” *Our High Calling*, 119

“It is our privilege to understand the blessed Word of God. We have fallen, it is true, but we are not always to remain in sin. We have been placed on vantage ground. The Lord God of heaven “so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life” (John 3:16). What a precious hope we have in Christ!” *The Upward Look*, 292.4

See also: Hebrews 10:23, 2 Pet 3:9, Psalms 42:11, 1 Peter 1:21, Psalms 71:5.

HUMILITY

“The LORD [is] nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.” *Psalms* 34:18

“But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.” *James* 4:6

“And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be exalted.” *Matthew* 23:12

“Christ’s first words to the people on the mount were words of blessing. Happy are they, He said, who recognize their spiritual poverty, and feel their need of redemption. The gospel is to be preached to the poor. Not to the spiritually proud, those who claim to be rich and in need of nothing, is it revealed, but to those who are humble and contrite. One fountain only has been opened for sin, a fountain for the poor in spirit.” *The Desire of Ages*, 299

“The proud heart strives to earn salvation; but both our title to heaven and our fitness for it are found in the righteousness of Christ. The Lord can do nothing toward the recovery of man until, convinced of his own weakness, and stripped of all self-sufficiency, he yields himself to the control of God. Then he can receive the gift that God is waiting to bestow. From the soul that feels his need, nothing is withheld. He has unrestricted access to Him in whom all fullness dwells.” *For thus saith the high and*

lofty One that inhabiteth eternity, whose name is Holy; I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones. Isaiah 57:15." *The Desire of Ages*, 300

"The inquiry of many a proud heart is, "Why need I go in penitence and humiliation before I can have the assurance of my acceptance with God?" I point you to Christ. He was sinless, and, more than this, He was the Prince of heaven; but in man's behalf He became sin for the race. "He was numbered with the transgressors; and He bare the sin of many, and made intercession for the transgressors." Isaiah 53:12.

"The humble and broken heart, subdued by genuine repentance, will appreciate something of the love of God and the cost of Calvary; and as a son confesses to a loving father, so will the truly penitent bring all his sins before God. And it is written, "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." 1 John 1:9." *Steps to Christ*, p. 41

"No deep-seated love for Jesus can dwell in the heart that does not realize its own sinfulness. The soul that is transformed by the grace of Christ will admire His divine character; but if we do not see our own moral deformity, it is unmistakable evidence that we have not had a view of the beauty and excellence of Christ." *Steps to Christ*, 65.1

"The less we see to esteem in ourselves, the more we shall see to esteem in the infinite purity and loveliness of our Saviour. A view of our sinfulness drives us to Him who can pardon; and when the soul, realizing its helplessness, reaches out after Christ, He will reveal Himself in power. The more our sense of need drives us to Him and to the word of God, the more exalted views we shall have of His character, and the more fully we shall reflect His image." *Steps to Christ*, 65.2

"It is the love of self that brings unrest. When we are born from above, the same mind will be in us that was in Jesus, the mind that led Him to humble Himself that we might be saved. Then we shall not be seeking the highest place. We shall desire to sit at the feet of Jesus, and learn of Him. We shall understand that the value of our work does not consist in making a show and noise in the world, and in being active and zealous in our own strength. The value of our work is in proportion to the impartation of the Holy Spirit. Trust in God brings holier qualities of mind, so that in patience we may possess our souls." *The Desire of Ages*, 330.4

I

INDIVIDUALITY

“The gospel deals with individuals. Every human being has a soul to save or to lose. Each has an individuality separate and distinct from all others. Each must be convicted for himself, converted for himself. He must receive the truth, repent, believe, and obey for himself. He must exercise his will for himself. Each must surrender to God by his own act.” *Our High Calling*, 90.3

“The Lord does not desire that our individuality shall be destroyed; it is not His purpose that any two persons shall be exactly alike in tastes and dispositions. All have characteristics peculiar to themselves, and these are not to be destroyed, but to be trained, molded, fashioned, after the similitude of Christ. The Lord turns the natural aptitudes and capabilities into profitable channels. In the improvement of the faculties God has given, talent and ability are developed if the human agent will recognize the fact that all his powers are an endowment from God, to be used, not for selfish purposes,... but for the glory of God and the good of our fellow men.” *Our High Calling*, 90.4

“The Lord desires His chosen servants to learn how to blend together. A decided influence for good is to be brought to bear on the inhabitants of the world. However diverse the talents of His workers, these workers are to labor in unity, all revealing kindness and love. By different gifts the truth is to be proclaimed, all the gifts controlled by the same Spirit.” *The Upward Look*, 286.2

“The wife and mother should not sacrifice her strength and allow her powers to lie dormant, leaning wholly upon her husband. Her individuality cannot be merged in his. She should feel that she is her husband’s equal—to stand by his side, she faithful at her post of duty and he at his. Her work in the education of her children is in every respect as elevating and ennobling as any post of duty he may be called to fill, even if it is to be the chief magistrate of the nation.” *The Adventist Home*, 231.2

“All have characteristics peculiar to themselves, and these are not to be destroyed, but to be trained, molded, fashioned, after the similitude of Christ.” *Letter 20*, 1894

“So it is God’s design that even the best of men shall not all be of the

same character. A life consecrated to the service of God will be developed and beautified in its individuality." Manuscript 116, 1898

"There are professing Christians who think it their duty to make every other Christian like themselves. This is man's plan, not the plan of God. In the church of God there is room for characters as varied as are the flowers in a garden. In His spiritual garden there are many varieties of flowers." *Our High Calling*, 254

See also: Isaiah 5:21, Proverbs 26:12; 21:24, Mark 9:35, Acts 21:14.

J

JUDGEMENT

"Let me be weighed in an even balance, that God may know mine integrity." Job 31:6.

"The work of preparation is an individual work. We are not saved in groups. The purity and devotion of one will not offset the want of these qualities in another. Though all nations are to pass in judgment before God, yet He will examine the case of each individual with as close and searching scrutiny as if there were not another being upon the earth. Everyone must be tested and found without spot or wrinkle or any such thing." *The Great Controversy* 489.3

"True measure is everything. It is the very law of God. He puts His law into the least of men's acts and dealings, that learning and living it they may be elevated, ennobled, and sanctified in heart and affection-faithful in the least." *Our High Calling*, 139.2

"God weighs motives, purposes, character. All men are weighed in the balances of the sanctuary, and God would have all realize this fact. Hannah said, "The Lord is a God of knowledge, and by him actions are weighed." 1 Samuel 2:3. David hath said, "Men of low degree are vanity, and men of high degree are a lie: to be laid in the balance, they are altogether lighter than vanity." Psalm 62:9. Isaiah says: "Thou, most upright, dost weigh the path of the just." Isaiah 26:7." *Our High Calling*, 139.3

"The God of heaven is true. There is not a motive in the depths of the heart, not a secret within us, not a design that God does not fully comprehend. But what is the standard of justice? God's law. God's law is placed in one scale, His holy immutable law whose claims are specified,

taking, in the first four commandments, supreme love to God, and in the last six, love to our neighbor. "Thou shalt love the Lord thy God with all thy heart,... and thy neighbour as thyself." Luke 10:27. From this standard we will not subtract one atom. God requires all the heart, mind, soul, and strength, and "love thy neighbour as thyself." This is placed in one scale, while every individual character has to pass the weighing test by being placed in the opposite scale. And by its just comparison every man's doom is irretrievably fixed." *Our High Calling*, 139.4

"Shall there be written, "Weighed in the balance, and found wanting"? If found wanting in the day of God it will be a terrible thing, therefore we want to be closely examining our own motives and actions by the holy law of God, to repent of every act of transgression, and as sinners lay hold of the merits of Christ to supply the deficiency. The blood of Christ alone will do this." *Our High Calling*, 139.5

JUSTIFICATION

"The righteousness by which we are justified is imputed; the righteousness by which we are sanctified is imparted. The first is our title to heaven, the second is our fitness for heaven." *Review and Herald*, June 4, 1895, par. 7 (Imputed = credited to us; Imparted = given a share of)

"Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:" *Romans 5:1*

"It was possible for Adam, before the fall, to form a righteous character by obedience to God's law. But he failed to do this, and because of his sin our natures are fallen and we cannot make ourselves righteous. Since we are sinful, unholy, we cannot perfectly obey the holy law. We have no righteousness of our own with which to meet the claims of the law of God. But Christ has made a way of escape for us. He lived on earth amid trials and temptations such as we have to meet. He lived a sinless life. He died for us, and now He offers to take our sins and give us His righteousness. If you give yourself to Him, and accept Him as your Saviour, then, sinful as your life may have been, for His sake you are accounted righteous. Christ's character stands in place of your character, and you are accepted before God just as if you had not sinned." *Steps to Christ*, 62.2

"The souls that turn to Him for refuge, Jesus lifts above the accusing and the strife of tongues. No man or evil angel can impeach these souls. Christ unites them to His own divine-human nature. They stand beside the great Sin Bearer, in the light proceeding from the throne of God. "Who

shall lay anything to the charge of God's elect? It is God that justifieth. Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us." Romans 8:33, 34." The Desire of Ages, 568.5

K

KEYNOTE OF EVERY MESSAGE

"The central theme of the Bible, the theme about which every other in the whole book clusters, is the redemption plan, the restoration in the human soul of the image of God. From the first intimation of hope in the sentence pronounced in Eden to that last glorious promise of the Revelation, "They shall see His face; and His name shall be in their foreheads" (Revelation 22:4), the burden of every book and every passage of the Bible is the unfolding of this wondrous theme,-man's uplifting,-the power of God, "which giveth us the victory through our Lord Jesus Christ." 1 Corinthians 15:57." Education 125.2

"He who grasps this thought has before him an infinite field for study. He has the key that will unlock to him the whole treasure house of God's word." Education 126.1

"The religion of Christ is sincerity itself. Zeal for God's glory is the motive implanted by the Holy Spirit; and only the effectual working of the Spirit can implant this motive. Only the power of God can banish self-seeking and hypocrisy. This change is the sign of His working. When the faith we accept destroys selfishness and pretense, when it leads us to seek God's glory and not our own, we may know that it is of the right order. "Father, glorify Thy name" (John 12:28), was the keynote of Christ's life, and if we follow Him, this will be the keynote of our life. He commands us to "walk, even as He walked;" and "hereby we do know that we know Him, if we keep His commandments." 1 John 2:6, 3." The Desire of Ages, 409

See also: John 3:16, Revelation 21:6, John 6:35, Hebrews 2:10, 1 Peter 5:4, Psalms 4:8, Deuteronomy 33:12, Job 11:18, Revelation 3:20, Matthew 16:19, Revelation 1:18, Romans 11:4-5, 2 Timothy 2:13, 1 Corinthians 7:20,24.

KINDNESS

"And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you." Ephesians 4:32

"My little children, let us not love in word, neither in tongue; but in

deed and in truth." 1 John 3:18

"Not rendering evil for evil, or railing for railing; but contrariwise blessing; knowing that ye are thereunto called, that ye should inherit a blessing." 1 Peter 3:9

"Seize every opportunity to contribute to the happiness of those around you, sharing with them your affection. Words of kindness, looks of sympathy, expressions of appreciation, would to many a struggling, lonely one be as a cup of cold water to a thirsty soul. A word of cheer, an act of kindness, would go far to lighten the burdens that are resting heavily upon weary shoulders. It is in unselfish ministry that true happiness is found. And every word and deed of such service is recorded in the books of heaven as done for Christ. "Inasmuch as ye have done it unto one of the least of these My brethren," He declares, "ye have done it unto Me." Matthew 25:40." Testimonies for the Church Vol 7, 49.4

"Live in the sunshine of the Saviour's love. Then your influence will bless the world. Let the Spirit of Christ control you. Let the law of kindness be ever on your lips. Forbearance and unselfishness mark the words and actions of those who are born again, to live the new life in Christ." Testimonies for the Church Vol 7, 50.1

"O the lack of deep, soul-touching sympathy for the tempted and the erring! O for more of Christ's spirit, and for less, far less, of self!" Christ's Object Lessons 192.1

See also: Proverbs 31:26, 2 Corinthians 1:3-10, 6:6, Psalms 31:21, Ephesians 2:7, Titus 3:4-7, Psalms 117:2, Joel 2:12-13, 2 Peter 1:5-8.

L

THE LAW

"Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled." Matthew 5:17-18

"Teach me, O LORD, the way of thy statutes; and I shall keep it [unto] the end. Give me understanding, and I shall keep thy law; yea, I shall observe it with [my] whole heart. Make me to go in the path of thy commandments; for therein do I delight. Incline my heart unto thy testimonies, and not to covetousness. Turn away mine eyes from

beholding vanity; [and] quicken thou me in thy way. Stablish thy word unto thy servant, who [is devoted] to thy fear. Turn away my reproach, which I fear: for thy judgments [are] good. Behold, I have longed after thy precepts: quicken me in thy righteousness." Psalm 119:33-40

"The law of God is a transcript of His character. Its holy precepts were spoken from Sinai with God's own voice, and written with His finger upon tables of stone. They stand forth alone, bearing the distinct, awful significance of their supreme importance. They mean life to the obedient and death to the disobedient. Through the ages God's law has been preserved as the highest standard of morality. Not all the inventions of science or the imaginations of fruitful minds have been able to discover one essential duty not covered by this code." *The Upward Look*, 294.3

"God's law is the security of life and property and peace and happiness. It was given to secure our present and eternal good. The antediluvians transgressed this law, and the earth was destroyed by a flood." *The Upward Look*, 294.4

"Men have taught that God's law has been done away. Were this the case we would have no standard of character, and would have nothing to show us God's righteous claims. We should be adrift upon an ocean of uncertainty, and have no guide in dealing with the solemn responsibilities of the family relation. But it is in the family relation that we receive our training in dealing with our fellow men in general. If God had no law by which to govern human intelligences, nothing by which His character could be represented as a sample to which the human family could shape their characters, then what impression could possibly be made upon our children as to what constitutes rectitude of life and perfection of character?" *Our High Calling*, 262.2

"The fifth commandment enjoins upon children obedience to their parents, and parents are to help their children to keep this commandment by acting their part in cooperating with God in requiring obedience through childhood and youth. Parents themselves must be under rule to God. They must reveal precious traits of character, presenting a pattern before their children, manifesting patience and forbearance mingled with firmness, and thus educate their children to obey their heavenly Father.... Satan delights to look upon disordered and ill-governed families, for his success depends largely upon the control he can have over the families of earth.... He is determined the standard of righteousness shall not be the rule for the formation of character." *Our High Calling*, 262.3

“The Ten Commandments come forth from the God of heaven, whose heart is full of love, who is infinite in wisdom, who never makes a mistake. He is too wise to err, too good to harm any one who will obey His requirements. Blessing will follow those who obey and who administer the law of Jehovah.... The happiness and peace of parents and children in this life, and their best good, will be worked out by walking in the path of His precepts; for by so doing they are in harmony with the God of heaven.” *Our High Calling*, 262.4

“Through faith in Christ, obedience to every principle of the law is made possible.” *Manuscript 122-1901*

“Jesus... plainly declared to His disciples that this holy law of God may be violated in even the thoughts and feelings and desires, as well as in the word and deed.” *Our High Calling*, 140.2

“Every soul who desires to depart from all iniquity... will be ever laboring to be on the Lord’s side in thought, in word, and in character, obedient to all His requirements. In the place of seeking opportunities to evade the law of God, he will give the largest interpretation to His far-reaching commandments and will strive most earnestly to bring the will, the affections, and all the heart to exemplify the great principles of His holy commandments.... The work must begin at the heart.... If the heart is right with God, then the whole life will be purified, refined, ennobled, sanctified. If the eye is single the whole body is filled with light. Religion is not a matter of externalities.... Religion is a thing of the heart.” *Our High Calling*, 140.4

“Paul had ever exalted the divine law. He had shown that in the law there is no power to save men from the penalty of disobedience. Wrongdoers must repent of their sins and humble themselves before God, whose just wrath they have incurred by breaking His law, and they must also exercise faith in the blood of Christ as their only means of pardon. The Son of God had died as their sacrifice and had ascended to heaven to stand before the Father as their advocate. By repentance and faith they might be freed from the condemnation of sin and through the grace of Christ be enabled henceforth to render obedience to the law of God.” *Acts of the Apostles*, 393

WALKING IN THE PATH OF HIS PRECEPTS

“The ten commandments come forth from the God of heaven, whose heart is full of love, who is infinite in wisdom, who never makes a

mistake. He is too wise to err, too good to harm anyone who obeys His requirements. Blessing will follow those who obey and who administer the law of Jehovah.... the happiness and peace of parents and children in this life, and their best good will be worked out by walking in the path of His precepts; for by so doing they are in harmony with the God of heaven." *Our High Calling*, 262

"He [Paul] held up before Felix and Drusilla the character of God--His righteousness, justice, and equity, and the nature of His law. He clearly showed that it is man's duty to live a life of sobriety and temperance, keeping the passions under the control of reason, in conformity to God's law, and preserving the physical and mental powers in a healthy condition. He declared that there would surely come a day of judgment when all would be rewarded according to the deeds done in the body, and when it would be plainly revealed that wealth, position, or titles are powerless to gain for man the favor of God or to deliver him from the results of sin. He showed that this life is man's time of preparation for the future life. Should he neglect present privileges and opportunities he would suffer an eternal loss; no new probation would be given him." *Acts of the Apostles*, 423.3

"Paul dwelt especially upon the far-reaching claims of God's law. He showed how it extends to the deep secrets of man's moral nature and throws a flood of light upon that which has been concealed from the sight and knowledge of men. What the hands may do or the tongue may utter--what the outer life reveals--but imperfectly shows man's moral character. The law searches his thoughts, motives, and purposes. The dark passions that lie hidden from the sight of men, the jealousy, hatred, lust, and ambition, the evil deeds meditated upon in the dark recesses of the soul, yet never executed for want of opportunity--all these God's law condemns." *Acts of the Apostles*, 424.1

THE LAW ORDAINED TO LIFE

"The law of God, spoken in awful grandeur from Sinai, is the utterance of condemnation to the sinner. It is the province of the law to condemn, but there is in it no power to pardon or to redeem. It is ordained to life; those who walk in harmony with its precepts will receive the reward of obedience. But it brings bondage and death to those who remain under its condemnation." *The Review & Herald*, April 22, 1902 par. 3

"Great peace have they which love thy law: and nothing shall offend

them." Psalm 119:165

"The law of his God is in his heart; none of his steps shall slide." Psalm 37: 31

"God has given us His holy precepts, because He loves mankind. To shield us from the results of transgression, He reveals the principles of righteousness. The law is an expression of the thought of God; when received in Christ, it becomes our thought. It lifts us above the power of natural desires and tendencies, above temptations that lead to sin. God desires us to be happy, and He gave us the precepts of the law that in obeying them we might have joy." *The Desire of Ages*, 308

LIGHT

"Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life." John 8:12

"But Jesus did not bid the disciples, "Strive to make your light shine;" He said, "Let it shine." If Christ is dwelling in the heart, it is impossible to conceal the light of His presence. If those who profess to be followers of Christ are not the light of the world, it is because the vital power has left them; if they have no light to give, it is because they have no connection with the Source of light." *Mount of Blessing* 41.1

"Trials patiently borne, blessings gratefully received, temptations manfully resisted, meekness, kindness, mercy, and love habitually revealed, are the lights that shine forth in the character in contrast with the darkness of the selfish heart, into which the light of life has never shone." *Mount of Blessing* 44.4

"No other light ever has shone or ever will shine upon fallen man save that which emanates from Christ. Jesus, the Saviour, is the only light that can illuminate the darkness of a world lying in sin. Of Christ it is written, "In Him was life; and the life was the light of men." John 1:4. It was by receiving of His life that His disciples could become light bearers. The life of Christ in the soul, His love revealed in the character, would make them the light of the world." *Mount of Blessing* 39.2

"Light is given to the intellect, determination to the will, tenderness to the conscience, purity to the imagination." *Our High Calling*, 306

See also: John 1:7, Ps 97:11-12; 27:1; 118:27; 119:105, Matthew 5:14-16, Ephesians 5:8, 1 Thessalonians 5:4-5, 1 John 1:5.

LOVE

“There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.” 1 John 4:18

“He that loveth his brother abideth in the light, and there is none occasion of stumbling in him.” 1 John 2:10

“Let the remnant of this year be improved in destroying every fiber of the root of bitterness, burying them in the grave with the old year. Begin the new year with more tender regard, with deeper love, for every member of the Lord’s family. Press together. “United, we stand; divided, we fall.” Take a higher, nobler stand than you ever have before.” *The Review & Herald*, December 16, 1884 par. 8

“Jesus loves you and He wants your love. He would have you remember that He gave His precious life that you should not perish; and He will be unto you a present help in every time of need. Only look to Jesus and tell Him every perplexity and trial.... Ask Him to help and strengthen and bless you, and believe that He hears your prayers.” *Our High Calling*, 98.3

“What others may do, what others may say, what others may think of you, will not change God’s thoughts toward you. He that doeth righteousness is righteous, and the opinion of man will not change his character.... Jesus loves you; and He takes no man’s measurement of your character. You are to behold Jesus and reflect His image. Keep His love in your thoughts. Invite the heavenly Guest to abide with you.” *Our High Calling*, 174.4

See also: 1 John 3:1, Deuteronomy 6:5, Matthew 5:44.

M

MAN OF GOD

“The Word of God not only sets forth the great principles of truth and duty which should govern our lives, but it presents also, for our encouragement, the history of many who have exemplified these principles.... Except the one perfect Pattern, there is not described in the Sacred Pages a single character more worthy of emulation than that of the prophet Daniel. Exposed in youth to all the allurements of a royal court, he became a man of unbending integrity and fervent devotion to God. He was subjected to the fierce temptations of Satan, yet his character was not

vacillating, nor his course changeable. He was firm where many would be yielding; he was true where they would be false; he was strong where they would be weak. Daniel was a lofty cedar of Lebanon.... Would that the faith, integrity, and devotion of the prophet Daniel might live in the hearts of God's people of today. Never were these noble qualities more needed in the world than now." *Our High Calling*, 249.2

"In this age, just prior to the second coming of Christ in the clouds of heaven, such a work as that of John [the Baptist] is to be done. God calls for men who will prepare a people to stand in the great day of the Lord.... In order to give such a message as John gave, we must have a spiritual experience like his. The same work must be wrought in us. We must behold God, and in beholding Him lose sight of self." *Last Day Events*, 63.1

"The experience of Enoch and of John the Baptist represents what ours should be. Far more than we do, we need to study the lives of these men—he who was translated to heaven without seeing death, and he who, before Christ's first advent, was called to prepare the way of the Lord, to make His paths straight." *Testimonies for the Church*, Vol. 8, 329.2

"In the records of those who have done and suffered for the name of Jesus, there is no name that shines with a brighter or purer luster than the name of Paul, the apostle to the Gentiles. The love of Jesus, glowing in his heart, made him self-forgetful, self-denying. He had seen the risen Christ, and the Saviour's image was impressed upon his soul, and shone forth in his life. With faith, courage, and fortitude, that would not be daunted by danger or stayed by obstacles, he pressed his way from land to land to spread the knowledge of the cross." *Our High Calling*, 249.3

"Paul had a keen sense of the conflict which every soul must wage with the agencies of evil that are continually seeking to deceive and ensnare, and he had worked untiringly to strengthen and confirm those who were young in the faith. He had entreated them to make an entire surrender to God; for he knew that when the soul fails to make this surrender, then sin is not forsaken, the appetites and passions still strive for the mastery, and temptations confuse the conscience." *Acts of the Apostles*, 298.2

"The members of the church at Corinth were surrounded by idolatry and sensuality of the most alluring form. While the apostle was with them, these influences had but little power over them. Paul's firm faith, his fervent prayers and earnest words of instruction, and, above all, his

godly life had helped them to deny self for Christ's sake rather than to enjoy the pleasures of sin." Acts of the Apostles, 299.2

"When those disciples heard the words of Jesus, they felt their need of Him. They sought, they found, they followed Him. They were with Him in the house, at the table, in the closet, in the field. They were with Him as pupils with a teacher, daily receiving from His lips lessons of holy truth. They looked to Him, as servants to their master, to learn their duty. Those disciples were men "subject to like passions as we are." James 5:17. They had the same battle with sin to fight. They needed the same grace, in order to live a holy life." Steps to Christ, 72.2

"Are the professed followers of Christ thus exemplifying the principles of their faith? Where are the deep, living, holy experiences which men of God were wont to recount? Has the standard of Christianity been lowered?... No; that standard remains just where God placed it. Holy men of ages past were required to give up all for Christ, to cherish His spirit, and to imitate His example. Nothing less than this will He accept now.... When called to give up all for Christ, who will stand the test?" Our High Calling, 249.4

"To walk the world a pure man of untarnished morals, bearing the sacred principles of truth in your heart, its influence seen in the acts of your life; to live uncorrupted by the baseness, falsity, and dishonesty of a world which must soon be purified of its moral corruption by the fires of God's retributive justice, is to be a man whose record is immortalized in heaven, honored among the pure angels who weigh and appreciate moral worth. This is what it is to be a man of God." Our High Calling, 80

"Those who receive the seal of the living God and are protected in the time of trouble must reflect the image of Jesus fully. -Early Writings, p. 71." Reflecting Christ, 372.7

See also: Hebrews 11, Genesis 9:6, Ecclesiastics 7:29, Colossians 3:10, Hebrews 8:8-13, Romans 7:22.

MARRIAGE

"Marriage [is] honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge." Hebrews 13:4

"Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness?" 2 Corinthians 6:14

“God celebrated the first marriage. Thus the institution has for its originator the Creator of the universe. “Marriage is honourable”; it was one of the first gifts of God to man, and it is one of the two institutions that, after the fall, Adam brought with him beyond the gates of Paradise. When the divine principles are recognized and obeyed in this relation, marriage is a blessing; it guards the purity and happiness of the race, it provides for man’s social needs, it elevates the physical, the intellectual, and the moral nature.” *The Adventist Home*, 25.4

Please see pages 24-28 of *The Adventist Home* (1953) to realise the implications and importance of marriage, which God Himself instituted.

See also: Ecclesiastics 9:9, Proverbs 5:18-20, 1 Corinthians 7:1-16, Ephesians 5:22-33, 25, 28, 31, 1 Timothy 5:8, Colossians 3:18-19, 1 Peter 3:1-7, Proverbs 31:10-12.

MEEKNESS

“To speak evil of no man, to be no brawlers, [but] gentle, shewing all meekness unto all men.” Titus 3:2

“The meek will he guide in judgment: and the meek will he teach his way.” Psalms 25:9

“But [let it be] the hidden man of the heart, in that which is not corruptible, [even the ornament] of a meek and quiet spirit, which is in the sight of God of great price.” 1 Peter 3:4

““Learn of Me,” says Jesus; “for I am meek and lowly in heart: and ye shall find rest.” We are to enter the school of Christ, to learn from Him meekness and lowliness. Redemption is that process by which the soul is trained for heaven. This training means a knowledge of Christ. It means emancipation from ideas, habits, and practices that have been gained in the school of the prince of darkness. The soul must be delivered from all that is opposed to loyalty to God.” *The Desire of Ages*, 330.2

“Moral worth has a charm that wealth and outward attractions do not possess. The woman having the ornament of a meek and quiet spirit, in the sight of God has an endowment of great value, before which the silver of Tarshish, and the gold of Ophir, are worthless. Solomon’s bride, in all her glory, cannot compare with one of these household treasures.” *The Review & Herald*, March 30, 1886

See also: Proverbs 17:22, Hebrews 13:5, Matthew 5:5, Psalms 22:26, Zephaniah 2:3, Philippians 2:3.

MIRACLES

“And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.” Matthew 17:20 “Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater [works] than these shall he do; because I go unto my Father.” John 14:12

“Were not miracles wrought by Christ and His apostles? The same compassionate Saviour lives today, and He is as willing to listen to the prayer of faith as when He walked visibly among men. The natural cooperates with the supernatural. It is a part of God’s plan to grant us, in answer to the prayer of faith, that which He would not bestow did we not thus ask.” *The Great Controversy* 525.2

“That which led the Jews to reject the Saviour’s work was the highest evidence of His divine character. The greatest significance of His miracles is seen in the fact that they were for the blessing of humanity. The highest evidence that He came from God is that His life revealed the character of God. He did the works and spoke the words of God. Such a life is the greatest of all miracles.” *The Desire of Ages*, 406.5

“Christ was their [Israel’s] Redeemer, Protector, and wonder-working God. But the miracles He wrought in their behalf did not save them, because they were not willing to walk in obedience to His will.” *Manuscript Releases*, Vol. 13, 220.3

THE MIRACLE OF CONVERSION

“Some ask, “Why does not the Lord work miracles today, as he did when he was upon the earth?” Let parents live in the home the life of Christ, and the transformation in the lives of their children will testify to God’s miracle-working power.” *The Review & Herald*, July 8, 1902, Art. A, par. 15

“When the message of truth is presented in our day, there are many who, like the Jews, cry, Show us a sign. Work us a miracle. Christ wrought no miracle at the demand of the Pharisees. He wrought no miracle in the wilderness in answer to Satan’s insinuations. He does not impart to us power to vindicate ourselves or to satisfy the demands of unbelief and pride. But the gospel is not without a sign of its divine origin. Is it not a miracle that we can break from the bondage of Satan? Enmity against

Satan is not natural to the human heart; it is implanted by the grace of God. When one who has been controlled by a stubborn, wayward will is set free, and yields himself wholeheartedly to the drawing of God's heavenly agencies, a miracle is wrought; so also when a man who has been under strong delusion comes to understand moral truth. Every time a soul is converted, and learns to love God and keep His commandments, the promise of God is fulfilled, "A new heart also will I give you, and a new spirit will I put within you." Ezekiel 36:26. The change in human hearts, the transformation of human characters, is a miracle that reveals an ever-living Saviour, working to rescue souls. A consistent life in Christ is a great miracle. In the preaching of the word of God, the sign that should be manifest now and always is the presence of the Holy Spirit, to make the word a regenerating power to those that hear. This is God's witness before the world to the divine mission of His Son." *The Desire of Ages*, 407.1

"Christ will perform wonderful miracles if men will but do their God-given part. In human hearts today as great a transformation may be wrought as has ever been wrought in generations past. John Bunyan was redeemed from profanity and reveling, John Newton from slave dealing, to proclaim an uplifted Saviour. A Bunyan and a Newton may be redeemed from among men today." *Christ's Object Lessons* 236.1

See also: Mark 2:1-11, Acts 15:12, Matthew 10:1, John 11:40-42; 2:11.

THE MIND

"Set your affection on things above, not on things on the earth." Colossians 3:2

"Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;" 2 Corinthians 10:5

"Thou wilt keep [him] in perfect peace, [whose] mind [is] stayed [on thee]: because he trusteth in thee." Isaiah 26:3

"Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:" 1 Peter 5:8

"Let this mind be in you, which was also in Christ Jesus:" Philippians 2:5

"Mental and physical vigor are essential for the advancement of the cause of God. To plan with clear mind and execute with courageous hand

demand fresh and uncrippled energies.... Mental effort will become easier and more satisfactory as you put yourselves to the task of understanding the deep things of God.... You can rally the mind's best powers, and with a sense of your accountability to God, you can do your best.... Make a choice." *Our High Calling*, 282

"Our minds take the level of the things on which our thoughts dwell, and if we think upon earthly things, we shall fail to take the impress of that which is heavenly.... We are to train, discipline, and educate the mind so that we may think in a heavenly channel, that we may dwell on things unseen and eternal, which will be discerned by spiritual vision. It is by seeing Him who is invisible that we may obtain strength of mind and vigor of spirit." *Our High Calling*, 339.3

"Either the evil angels or the angels of God are controlling the minds of men. Our minds are given to the control of God, or to the control of the powers of darkness; and it will be well for us to inquire where we are standing today--whether under the bloodstained banner of Prince Emmanuel, or under the black banner of the powers of darkness." *The Review & Herald*, Nov.19, 1908

"Our bodies are built up from what we eat and drink; and the character of our spiritual experience depends on what our minds feed upon and assimilate." *Manuscript 4a-1893*

CONTROLLING THE HUMAN MIND

"The gospel of Christ is to be wrought into our everyday experience. The mind must be in a state to appreciate the divine claims of the gospel. It must be girded about, and disciplined to habits of self-control and obedience." *Our High Calling*, 110

"If the mind is given to His control, and if God has the molding and developing of the powers of the mind, new moral power will be received daily from the Source of all wisdom and all strength." *Our High Calling*, 80

CHRIST THE GREAT TEACHER

"There are heights for us to reach, depths of experience to sound, if we are to be the light of the world.... Let the mind expand, that you may take in the heavenly beauties of the blessed promises. Only believe in Jesus and learn in the school of the greatest Teacher the world ever knew, and His grace will act mightily upon the human intellect and heart. His

teaching will give clearness to the mental vision. It will give compass to the thoughts; the soul hunger will be filled. The heart will be softened and subdued and filled with glowing love, that neither discouragement, despondency, affliction, or trial can quench. God will open to the mind's eye His preciousness and His fullness. Then let us love and labor. I point you to Christ, the Rock of Ages." TMK 136

PREOCCUPYING THE MIND

"A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh." Luke 6:45.

"The mind is so constituted that it must be occupied with either good or evil. If it takes a low level, it is generally because it is left to deal with commonplace subjects.... Man has the power to regulate and control the workings of the mind, and give direction to the current of his thoughts. But this requires greater effort than we can make in our own strength. We must stay our minds on God, if we would have right thoughts, and proper subjects for meditation." Our High Calling, 111.2

"Few realize that it is a duty to exercise control over their thoughts and imaginations. It is difficult to keep the undisciplined mind fixed upon profitable subjects. But if the thoughts are not properly employed, religion cannot flourish in the soul. The mind must be preoccupied with sacred and eternal things, or it will cherish trifling and superficial thoughts. Both the intellectual and the moral powers must be disciplined, and they will strengthen and improve by exercise." Our High Calling, 111.3

"There are, in the Christian faith, subjects upon which every one should accustom his mind to dwell. The love of Jesus, which passeth knowledge, His sufferings for the fallen race, His work of mediation in our behalf, and His exalted glory--these are the mysteries into which angels desired to look. Heavenly beings find in these themes enough to attract and engage their deepest thoughts; and shall we, who are so intimately concerned, manifest less interest than the angels, in the wonders of redeeming love?" Our High Calling, 111.5

"The intellect, as well as the heart, must be consecrated to the service of God. He has claims upon all there is of us." Our High Calling, 111.6

See also: 1 Peter 1:13, Isaiah 26:3, Romans 12:16; 5:1-5.

N

NATURE

"Thou, [even] thou, [art] LORD alone; thou hast made heaven, the heaven of heavens, with all their host, the earth, and all [things] that [are] therein, the seas, and all that [is] therein, and thou preservest them all; and the host of heaven worshippeth thee." Nehemiah 9:6

"But ask now the beasts, and they shall teach thee; and the fowls of the air, and they shall tell thee: Or speak to the earth, and it shall teach thee: and the fishes of the sea shall declare unto thee. Who knoweth not in all these that the hand of the LORD hath wrought this? In whose hand [is] the soul of every living thing, and the breath of all mankind." Job 12:7-10

"The things of nature upon which we look today give us but a faint conception of Eden's beauty and glory; yet the natural world, with unmistakable voice, proclaims the glory of God. In the things of nature, marred as they are by the blight of sin, much that is beautiful remains. One omnipotent in power, great in goodness, in mercy, and love, has created the earth, and even in its blighted state it inculcates truths in regard to the skilful Master Artist. In this book of nature opened to us,—in the beautiful, scented flowers, with their varied and delicate collaring,—God gives to us an unmistakable expression of his love. After the transgression of Adam, God might have destroyed every opening bud and blooming flower, or he might have taken away their fragrance, so grateful to the senses. In the earth, seared and marred by the curse, in the briars, the thistles, the thorns, the tares, we may read the law of condemnation; but in the delicate colour and perfume of the flowers, we may learn that God still loves us, that his mercy is not wholly withdrawn from the earth." Selected Messages Book 1, 291.1

"God calls men to look upon the heavens. "Lift up your eyes on high," He says, "and behold who hath created these things, that bringeth out their host by number: He called them all by name by the greatness of his might." We are not merely to gaze upon the heavens; we are to consider the works of God. He would have us study the works of infinity, and — then what? — <From this study learn> to love and reverence and obey Him. The heavens and the earth with their treasures are to teach the lessons of God's love, care, and power." Manuscript96-1899

"There is beauty in the valley's awful grandeur, in the solemn,

massive, cleft rocks; there is majesty in the towering mountains that look as if they touched the heavens. There are the lofty trees with their delicately formed leaves; the spires of grass, the opening bud and blossoming flower, the forest trees, and every living thing. They all point the mind to the great and living God. Every faculty of our being testifies that there is a living God, and we may learn from the open book of nature the most precious lessons in regard to the Lord of heaven." Our High Calling, 250.2

"Look upon the glorious things of God in nature, and let your heart go out in gratitude to the Giver. There is in nature's book profitable study for the mind. Be not thankless and reckless. Open the eyes of your understanding; see the beautiful harmony in the laws of God in nature, and be awed, and reverence your Creator, the supreme Ruler of heaven and earth. See him, by the eye of faith, bending over you in love, saying with compassion, "My son, my daughter, give Me thy heart." Make the surrender to Jesus, and then with grateful hearts you can say, "I know that my Redeemer liveth." Your faith in Jesus will give strength to every purpose, consistency to the character." Messages to Young People, 410.1

"God's law is the law of love. He has surrounded you with beauty to teach you that you are not placed on earth merely to delve for self, to dig and build, to toil and spin, but to make life bright and joyous and beautiful with the love of Christ-like the flowers, to gladden other lives by the ministry of love." Mount of Blessing 97.3

"Fathers and mothers let your children learn from the flowers. Take them with you into garden and field and under the leafy trees, and teach them to read in nature the message of God's love. Let the thoughts of Him be linked with bird and flower and tree. Lead the children to see in every pleasant and beautiful thing an expression of God's love for them. Recommend your religion to them by its pleasantness. Let the law of kindness be in your lips." LHU 73.5

"Teach the children that because of God's great love their natures may be changed and brought into harmony with His. Teach them that He would have their lives beautiful with the graces of the flowers. Teach them, as they gather the sweet blossoms, that He who made the flowers is more beautiful than they. Thus the tendrils of their hearts will be entwined about Him. He who is "altogether lovely" will become to them as a daily companion and familiar friend, and their lives will be transformed into the image of His purity." Mount of Blessing 98.1

“So with all the promises of God’s word. In them He is speaking to us individually, speaking as directly as if we could listen to His voice. It is in these promises that Christ communicates to us His grace and power. They are leaves from that tree which is “for the healing of the nations.” Revelation 22:2. Received, assimilated, they are to be the strength of the character, the inspiration and sustenance of the life. Nothing else can have such healing power. Nothing besides can impart the courage and faith which give vital energy to the whole being.” Ministry of Healing 122.3

“Let no man, by scientific presentations, lead minds away from the real to the imaginary. Let God be revealed in His true greatness. God calls for men who, in the midst of the idolatry offered to nature, will look from nature to nature’s God. God uses nature as one of His servants, to reveal His power. These things, the objects of His creation, show forth His handiwork. Of all that God has created, man, the crowning object of His creation, has the most greatly dishonoured Him. In the judgment human beings will stand before God ashamed and condemned, because, though given intellect, reason, and power of speech, they would not obey God’s law.” The Upward Look, 294.5

“If you would see the evidences that there is a God, look around you wherever your lot may be cast. He is speaking to your senses and impressing your soul through His created works. Let your heart receive these impressions, and nature will be to you an open book, and will teach you divine truth through familiar things. The lofty trees will not be regarded with indifference. Every opening flower, every leaf with its delicate veins, will testify of the infinite skill of the great Master Artist.” The Review & Herald, Feb. 24, 1885

“In this study [of nature] the mind expands, is elevated and uplifted, and becomes hungry to know more of God and His majesty. We have awakened in our hearts feelings not only of reverence and awe but of love, of faith, of trust and entire dependence upon One who is the giver of all good.” Manuscript 12, 1886

See also: Psalms 19:1-6, Matthew 6:28-30, Isaiah 35:1-2, 2 Peter 1:4.

NEED

“Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith? Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all

these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." Matthew 6:30-33

"He who has given you life knows your need of food to sustain it. He who created the body is not unmindful of your need of raiment. Will not He who has bestowed the greater gift bestow also what is needed to make it complete?" Mount of Blessing 95.2

"Jesus pointed His hearers to the birds as they warbled their carols of praise, unencumbered with thoughts of care, for "they sow not, neither do they reap;" and yet the great Father provides for their needs. And He asks, "Are not ye of much more value than they?" R.V." Mount of Blessing 95.3

"No sparrow falls without His care, No soul bows low but Jesus knows; For He is with us everywhere, And marks each bitter tear that flows. And He will never, never, never Forsake the soul that trusts Him ever." Mount of Blessing 95.4

"The hillsides and the fields were bright with flowers, and, pointing to them in the dewy freshness morning, Jesus said, "Consider the lilies of the field, how they grow." The graceful forms and delicate hues of the plants and flowers may be copied by human skill, but what touch can impart life to even one flower or blade of grass? Every wayside blossom owes its being to the same power that set the starry worlds on high. Through all created things thrills one pulse of life from the great heart of God. The flowers of the field are clothed by His hand in richer robes than have ever graced the forms of earthly kings. And "if God so clothe the grass of the field, which today is, and tomorrow is cast into the oven, shall He not much more clothe you, O ye of little faith?" Mount of Blessing 95.5

See also: Hebrews 4:12, Matthew 6:8, Acts 2:45, Revelation 21:23, 2 Corinthians 9:12, Philippians 4:11-12.

O

OBEDIENCE

"If ye love me, keep my commandments." John 14:15

"For this is the love of God, that we keep his commandments: and his commandments are not grievous." 1 John 5:3

“And why call ye me, Lord, Lord, and do not the things which I say?”
Luke 6:46

“The more frequently the words of Christ are heard the more deeply do they influence the mind, the better they are understood, and the more easily and perfectly are they obeyed.” *Our High Calling*, 281

“Now therefore hearken unto me, O ye children: for blessed are they that keep my ways. Hear instruction, and be wise, and refuse it not. Blessed is the man that heareth me, watching daily at my gates, waiting at the posts of my doors. For whoso findeth me findeth life, and shall obtain favour of the LORD. But he that sinneth against me wrongeth his own soul: all they that hate me love death.” *Proverbs 8:32-36*

OBEDIENCE BY FAITH IS RIGHTEOUSNESS BY FAITH

“When we bring our lives to complete obedience to the law of God, regarding God as our supreme Guide, and clinging to Christ as our hope of righteousness, God will work in our behalf. This is a righteousness of faith, a righteousness hidden in a mystery of which the worldling knows nothing, and which he cannot understand. Sophistry and strife follow in the train of the serpent; but the commandments of God diligently studied and practiced, open to us communication with heaven, and distinguish for us the true from the false. This obedience works out for us the divine will, bringing into our lives the righteousness and perfection that was seen in the life of Christ” *SDA Bible Commentary*, Vol. 1, 1118.4

“For Moses describeth the righteousness which is of the law, That the man which doeth those things shall live by them.” *Romans 10:5*

“Christ imputes to us his sinless character, and presents us to the Father in his own purity. There are many who think that it is impossible to escape from the power of sin, but the promise is that we may be filled with all the fullness of God. We aim too low. The mark is much higher. Our minds need expansion, that we may comprehend the significance of the provision of God. We are to reflect the highest attributes of the character of God. We should be thankful of that we are not to be left to ourselves. The law of God is the exalted standard to which we are to attain through the imputed righteousness of Christ. We are not to walk according to our own ideas, and present before others in our example a human standard which they will follow; but we are to follow in the footsteps of Christ, and make straight paths for our feet, lest the lame be turned out of the way. We are to keep the commandments and live.” *The*

Review & Herald, July 12, 1892, par. 5

“We are not to serve God as if we were not human, but we are to serve Him in the nature we have, that has been redeemed by the Son of God; through the righteousness of Christ we shall stand before God pardoned, and as though we had never sinned. We will never gain strength in considering what we might do if we were angels. We are to turn in faith to Jesus Christ, and show our love to God through obedience to his commands. Jesus “was in all points tempted like as we are, yet without sin.” Jesus says, “Follow me.” “If any man will come after me, let him deny himself, and take up his cross, and follow me.” Manuscript 1, 1892. Selected Messages, Book 3, 140.5

“The believer may bear the testimony in his life and character that God loves the human agent who obeys His commands as He loves His Son. How amazing is this statement—almost beyond the comprehension of the finite mind!” Manuscript Releases, Vol. 14, 85.2

See also: Deuteronomy 6:6-9, 25, Acts 5:29, Hebrews 5:9, Galatians 5:7, Acts 6:7, Romans 6:17, 1 Peter 1:22, Philippians 2:5-11, 1 Samuel 15:22.

OFFERINGS

“For thou desirest not sacrifice; else would I give it: thou delightest not in burnt offering. ¹⁷The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.” Psalms 51:16-17

“Gifts and offerings will not purchase salvation for any of us. The religion of the Bible is that development of our moral natures in which the soul holds converse with God, loves that which God loves, and hates that which God hates. God will not accept your offerings if you withhold yourself. He asks not only for that which is His own in the means entrusted to you, but for His own property in your body, soul, and spirit, purchased at the infinite price of the blood of the Son of God.” Our High Calling, 197

See also: 1 Corinthians 5:7, Psalms 4:5, Hebrews 10:1, 6, 10, Psalms 141:2, 1 Peter 2:5, Romans 5:10.

OVERCOME

“Be not overcome of evil, but overcome evil with good.” Romans 12:21

“These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have

overcome the world." John 16:33

"We can overcome only by believing in every word that proceedeth from the mouth of God. We must know what is written in order that we may not be defeated by the sophistry and enchantments of Satan.... If we have been ensnared by his enchanting power, let us in the name of Jesus rebuke his power, and break with Satan without delay." Our High Calling, 210.3

"Those who cry unto God for deliverance from the terrible spell that Satan would weave about them, will set a high estimate upon the Scriptures. Our only safety is in receiving the whole Bible, not taking merely detached portions, but believing the whole truth. Your feet are upon sliding sand if you depreciate one word that is written. The Bible is a divine communication, and is as verily a message to the soul as though a voice from heaven were heard speaking to us. With what awe and reverence and humiliation should we come to the searching of the Scriptures, that we may learn of eternal realities.... Let everyone study the Bible, knowing that the Word of God is as enduring as the eternal throne. If you come to the study of the Scriptures in humility, with earnest prayer for guidance, angels of God will open to you its living realities; and if you cherish the precepts of truth, they will be to you as a wall of fire against the temptations, delusions, and enchantments of Satan." Our High Calling, 210.4

"Thy word have I hid in mine heart, that I might not sin against thee." Psalm 119:11

"Then let us hide the Word of God in our hearts, that we may "be able to withstand in the evil day, and having done all, to stand." Ephesians 6:13." Our High Calling, 210.5

"In Christ dwelt the fullness of the Godhead bodily. This is why, although He was tempted in all points like as we are, He stood before the world, from His first entrance into it, untainted by corruption, though surrounded by it. Are we not also to become partakers of that fullness, and is it not thus, and thus only, that we can overcome as He overcame?" Through His sacrifice, human beings may reach the high ideal set before them, and hear at last the words, "Ye are complete in him."" Our High Calling, 364

DEFEAT OR VICTORY

"Defeat today prepares the way for still greater defeat tomorrow;

victory today ensures an easier victory tomorrow. Then how careful we should be to see that the habits and characters we are forming are correct and virtuous." Our High Calling, 244

"Keep back thy servant also from presumptuous sins; let them not have dominion over me: then shall I be upright, and I shall be innocent from the great transgression. Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer." Psalm 19:13- 14

"The great leading temptations wherewith man would be beset, Christ met and overcame in the wilderness. His coming off victor over appetite, presumption, and the world shows how we may overcome. Satan has overcome his millions in tempting the appetite and leading men to give up to presumptuous sins. There are many who profess to be followers of Christ,... who, with hardly a thought, plunge into scenes of temptation that would require a miracle to bring them forth unsullied. Meditation and prayer would have preserved them and led them to shun the dangerous positions in which they have placed themselves and which give Satan the advantage over them." Our High Calling, 93.2

"The promises of God are not for us to claim rashly, to protect us while we rush on recklessly into danger, violating the laws of nature, or disregarding prudence and the judgment God has given us to use. This would not be genuine faith but presumption.... Satan comes to us with worldly honor, wealth, and the pleasures of life. These temptations are varied to meet men of every rank and degree, tempting them away from God to serve themselves more than their Creator. "All these things will I give thee," said Satan to Christ. "All these things will I give thee," says Satan to man. "All this money, this land, all this power, and honor, and riches, will I give thee"; and man is charmed, deceived, and treacherously allured on to his ruin. If we give ourselves up to worldliness of heart and of life, Satan is satisfied." Our High Calling, 93.3

"The Saviour overcame the wily foe, showing us how we may overcome. He has left us His example, to repel Satan with Scripture. He might have had recourse to His own divine power,... but His example would not then have been as useful to us. Christ used only Scripture. How important that the Word of God be thoroughly studied and followed, that in case of emergency we may be "thoroughly furnished unto all good works" and especially fortified to meet the wily foe." Our High Calling, 93.4

GOD'S IDEAL

“God’s ideal for His children is higher than the highest human thought can reach. “Be ye therefore perfect, even as your Father which is in heaven is perfect.” This command is a promise. The plan of redemption contemplates our complete recovery from the power of Satan. Christ always separates the contrite soul from sin. He came to destroy the works of the devil, and He has made provision that the Holy Spirit shall be imparted to every repentant soul, to keep him from sinning.” *The Desire of Ages*, 311.2

“There is a crown for the overcomer. Do you want it? Do you want to run the race with patience? Then do not seek to find something to condemn in your neighbor, but look right to Jesus Christ. Behold His purity, and you will be charmed and will reflect His likeness.” *Our High Calling*, 233

“We must, if we overcome, use the means placed within our reach. We must put on the Lord Jesus Christ. By faith we must clothe ourselves with the righteousness of Christ and put no confidence in our own merits. Many are seeking to be present at the marriage supper of the Lamb in their own citizen’s dress, discarding the robe woven in the loom of heaven and prepared for all at infinite cost, as a free gift to His guests that shall eat of His supper. We must wear the livery of heaven. We must be clothed in Christ’s righteousness and go to warfare at His expense and under His bloodstained banner, or we are none of His.”--*Manuscript 41*, Oct. 9, 1890, “*Diary: Labors at Adam’s Center.*” *The Upward Look*, 296.5

“Be anxious and earnest to grow in grace, seeking for a more distinct and intelligent understanding of the will of God concerning you, striving earnestly for the mark of the prize before you. Christian perfection alone will win the spotless robes of character which will entitle you to stand before the throne of God among the blood-washed throng, bearing the palm branch of everlasting victory and eternal triumph.” *Our High Calling*, 242

“Why do you not cease from sin? You may overcome if you will cooperate with God.” *The Review & Herald*, October 30, 1900

See also: Matthew 6:14, Proverbs 20:22, 2 Corinthians 3:18, 2 Peter 2:19-20, John 16:33, Romans 12:21, 1 John 2:13-14, Revelation 2:11; 3:5, 12, 21.

P

PARDON

"I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the Lord; and thou forgavest the iniquity of my sin." Psalm 32:5

"David was pardoned of his transgression because he humbled his heart before God in repentance and contrition of soul, and believed that God's promise to forgive would be fulfilled. He confessed his sin, repented, and was reconverted. In the rapture of the assurance of forgiveness, he exclaimed, "Blessed is he whose transgression is forgiven, whose sin is covered. Blessed is the man unto whom the Lord imputeth not iniquity, and in whose spirit there is no guile." Psalm 32:1, 2. The blessing comes because of pardon; pardon comes through faith that the sin, confessed and repented of, is borne by the great Sin Bearer. Thus from Christ cometh all our blessings. His death is an atoning sacrifice for our sins. He is the great Medium through whom we receive the mercy and favor of God." Our High Calling, 83.5

"Do not think that because you have made mistakes you must always be under condemnation, for this is not necessary.... Shall we look at our sins, and begin to mourn, and say, I have done wrong, and I cannot come to God with any degree of confidence? Does not the Bible say, "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness"? 1 John 1:9. It is a proper thing for us to have a realization of the terrible character of sin. It was sin that caused Christ to suffer ignominious death on Calvary. But while we should understand that sin is a terrible thing, yet we should not listen to the voice of our adversary, who says, "You have sinned, and you have no right to claim the promises of God." You should say to the adversary, "It is written, 'If any man sin, we have an advocate with the father, Jesus Christ the righteous' (1 John 2:1)." Our High Calling, 83.3

"Blessed is he whose transgression is forgiven, whose sin is covered. Blessed is the man unto whom the Lord imputeth not iniquity, and in whose spirit there is no guile." Psalm 32:1-2

"The blessing comes because of pardon; pardon comes through faith that the sin, confessed and repented of, is borne by the great Sin-bearer. Thus from Christ cometh all our blessings. His death is an atoning sacrifice for our sins. He is the great Medium through whom we receive

the mercy and favor of God." SDA Bible Commentary, Vol. 3, 1146

"It is not safe for us to close our eyes and harden our consciences, that we shall not see or realize our sins. We need to cherish the instruction we have had in regard to the hateful character of sin in order that we may repent of and confess our sins." SDA Bible Commentary, Vol. 3, 1147

"Sins not repented of are sins not forgiven.... Our strength lies in our conscious weakness.... And by the help of Jesus Christ our Redeemer, we shall come off victorious." Our High Calling, 82

"Those who work against the natural laws of the being must suffer the penalty of transgression. But the Saviour pities us, even when we suffer from infirmities caused by our own wrong course of action. In Him there is a healing power for us. Let us praise God for the tree of life, the leaves of which are for the healing of the nations." The Upward Look, 292.2

See also: Lamentations 3:31-33, Psalms 18:2, Micah 7:8-9, Nehemiah 9:17, Psalms 25:11, Isaiah 55:6-7, Psalms 39:7-8.

PEACE

"Thou wilt keep [him] in perfect peace, [whose] mind [is] stayed [on thee]: because he trusteth in thee." Isaiah 26:3

"Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid." John 14:27

"And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever." Isaiah 32:17

"Rest is found when all self-justification, all reasoning from a selfish standpoint, is put away. Entire self-surrender, an acceptance of His ways, is the secret of perfect rest in His love.... Do just what He has told you to do, and be assured that God will do all that He has said He would do.... Have you come to Him, renouncing all your makeshifts, all your unbelief, all your self-righteousness? Come just as you are, weak, helpless, and ready to die." Our High Calling, 97.6

"What is the "rest" promised?--It is the consciousness that God is true, that He never disappoints the one who comes to Him. His pardon is full and free, and His acceptance means rest to the soul, rest in His love." Our High Calling, 97.7

"There will be peace, constant peace, flowing into the soul, for the rest

is found in perfect submission to Jesus Christ. Obedience to God's will finds the rest. The disciple that treads in the meek and lowly steps of the Redeemer finds rest which the world cannot give, and the world cannot take away. "Thou wilt keep him in perfect peace whose mind is stayed on thee: because he trusteth in thee." Isaiah 26:3." Our High Calling, 98.5

"Lowliness and meekness of mind, which ever characterized the life of the divine Son of God, possessed by His true followers, bring contentment, peace, and happiness, that elevate them above the slavery of artificial life." Our High Calling, 98.6

"In the heart of Christ, where reigned perfect harmony with God, there was perfect peace. He was never elated by applause, nor dejected by censure or disappointment. Amid the greatest opposition and the most cruel treatment, He was still of good courage. But many who profess to be His followers have an anxious, troubled heart, because they are afraid to trust themselves with God. They do not make a complete surrender to Him; for they shrink from the consequences that such a surrender may involve. Unless they do make this surrender, they cannot find peace." The Desire of Ages, 330.3

"It is the love of self that brings unrest. When we are born from above, the same mind will be in us that was in Jesus, the mind that led Him to humble Himself that we might be saved. Then we shall not be seeking the highest place. We shall desire to sit at the feet of Jesus, and learn of Him. We shall understand that the value of our work does not consist in making a show and noise in the world, and in being active and zealous in our own strength. The value of our work is in proportion to the impartation of the Holy Spirit. Trust in God brings holier qualities of mind, so that in patience we may possess our souls." The Desire of Ages, 330.4

"Those who take Christ at His word, and surrender their souls to His keeping, their lives to His ordering, will find peace and quietude. Nothing of the world can make them sad when Jesus makes them glad by His presence. In perfect acquiescence there is perfect rest. The Lord says, "Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusteth in Thee." Isaiah 26:3. Our lives may seem a tangle; but as we commit ourselves to the wise Master Worker, He will bring out the pattern of life and character that will be to His own glory. And that character which expresses the glory--character--of Christ will be received into the Paradise of God. A renovated race shall walk with Him in white, for they are worthy." The Desire of Ages, 331.1

See also: Proverbs 3:24, John 16:33, Isaiah 30:15, 32:17, Psalms 34:14, 37:7, 119:165, Proverbs 3:13,17, Isaiah 52:7, Luke 1:79, Romans 15:33, 1 Corinthians 7:15, Ephesians 2:14, Galatians 5:22-23, Philippians 4:7.

PRAYER

“Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.” Matthew 26:41

“Pray without ceasing.” 1 Thessalonians 5:17

“Confess [your] faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” James 5:16

COMMUNION WITH GOD

“Religion will prove to you an anchor. Communion with God will impart to every holy impulse a vigor that will make the duties of life a pleasure.” Our High Calling, 222

“The reason why so many are left to themselves in places of temptation is that they do not set the Lord always before them. When we permit our communion with God to be broken, our defense is departed from us. Not all your good purposes and good intentions will enable you to withstand evil. You must be men and women of prayer. Your petitions must not be faint, occasional, and fitful, but earnest, persevering, and constant. It is not always necessary to bow upon your knees in order to pray. Cultivate the habit of talking with the Saviour when you are alone, when you are walking, and when you are busy with your daily labor. Let the heart be continually uplifted in silent petition for help, for light, for strength, for knowledge. Let every breath be a prayer.” Ministry of Healing 510.1

“...great and good men, men with whom God has worked, will make grievous mistakes when they cease to watch and pray, and to fully trust in God.” Signs of the Times, November 9, 1888, par. 9

“Nothing is more needed in our work than the practical results of communion with God. We should show by our daily lives that we have peace and rest in the Saviour. His peace in the heart will shine forth in the countenance. It will give to the voice a persuasive power. Communion with God will ennoble the character and the life. Men will take knowledge of us, as of the first disciples, that we have been with Jesus. This will impart to the worker a power that nothing else can give. Of this power

he must not allow himself to be deprived." Ministry of Healing 512.1

We must live a twofold life--a life of thought and action, of silent prayer and earnest work." Last Day Events, 63.2

"Prayer and effort, effort and prayer, will be the business of your life. You must pray as though the efficiency and praise were all due to God, and labor as though duty were all your own." Last Day Events, 63.3

"No man is safe for a day or an hour without prayer. Especially should we entreat the Lord for wisdom to understand His word. Here are revealed the wiles of the tempter and the means by which he may be successfully resisted. Satan is an expert in quoting Scripture, placing his own interpretation upon passages, by which he hopes to cause us to stumble. We should study the Bible with humility of heart, never losing sight of our dependence upon God. While we must constantly guard against the devices of Satan, we should pray in faith continually: "Lead us not into temptation." The Great Controversy 530.2

"God does not mean that any of us should become hermits or monks and retire from the world in order to devote ourselves to acts of worship. The life must be like Christ's life--between the mountain and the multitude. He who does nothing but pray will soon cease to pray, or his prayers will become a formal routine. When men take themselves out of social life, away from the sphere of Christian duty and cross bearing; when they cease to work earnestly for the Master, who worked earnestly for them, they lose the subject matter of prayer and have no incentive to devotion. Their prayers become personal and selfish. They cannot pray in regard to the wants of humanity or the upbuilding of Christ's kingdom, pleading for strength wherewith to work." Steps to Christ, 101.1

AN OPEN DOOR

"I know thy works: behold, I have set before thee an open door, and no man can shut it: for thou hast a little strength, and hast kept my word, and hast not denied my name." Revelation 3:8

"The true Witness declares: "Behold, I have set before thee an open door." Let us thank God with heart and soul and voice; and let us learn to approach unto Him as through an open door, believing that we may come freely with our petitions, and that He will hear and answer. It is by a living faith in His power to help, that we shall receive strength to fight the battles of the Lord with the confident assurance of victory." Our High Calling, 128.2

“Those who are seeking to be faithful to God may be denied many of the privileges of the world; their way may be hedged up and their work hindered by the enemies of truth; but there is no power that can close the door of communication between God and their souls. The Christian himself may close this door by indulgence in sin, or by rejection of heaven’s light. He may turn away his ears from hearing the message of truth, and in this way sever the connection between God and his soul.... Every day we have the precious privilege of connecting ourselves with Christ, who has set before us an open door. All heaven is at our command. If we are obedient children of God, we may draw daily supplies of grace. Whatever temptations, trials, or persecutions may come upon us, we need not be discouraged. Neither man nor Satan can close the door which Christ has opened for us.” *Our High Calling*, 128.3

HUMBLE, PERSEVERING PRAYER

“Elias was a man subject to like passions as we are, and he prayed earnestly that it might not rain: and it rained not on the earth by the space of three years and six months. And he prayed again, and the heaven gave rain, and the earth brought forth her fruit.” James 5:17,18

“Important lessons are presented to us in the experience of Elijah. When upon Mount Carmel he offered the prayer for rain, his faith was tested, but he persevered in making known his request unto God.” *Our High Calling*, 133.2

“The servant watched while Elijah prayed. Six times he returned from the watch, saying, There is nothing, no cloud, no sign of rain. But the prophet did not give up in discouragement. He kept reviewing his life, to see where he had failed to honor God.... As he searched his heart, he seemed to be less and less, both in his own estimation and in the sight of God. It seemed to him that he was nothing, and that God was everything; and when he reached the point of renouncing self, while he clung to the Saviour as his only strength and righteousness, the answer came. The servant appeared, and said, “Behold, there ariseth a little cloud out of the sea, like a man’s hand.” 1 Kings 18:34.” *Our High Calling*, 133.3

“We have a God whose ear is not closed to our petitions; and if we prove His word, He will honor our faith. He wants us to have all our interests interwoven with His interests, and then He can safely bless us; for we shall not then take glory to self when the blessing is ours, but shall render all the praise to God. God does not always answer our prayers the first time we call upon Him; for should He do this, we might take it for

granted that we had a right to all the blessings and favors He bestowed upon us. Instead of searching our hearts to see if any evil was entertained by us, any sin indulged, we should become careless, and fail to realize our dependence upon Him." *Our High Calling*, 133.4

"Elijah humbled himself until he was in a condition where he would not take the glory to himself. This is the condition upon which the Lord hears prayer, for then we shall give the praise to Him.... God alone is worthy to be glorified." *Our High Calling*, 133.5

DAILY COMMUNION

"Some are seen to come forth from their daily communion with God clothed with the meekness of Christ. Their words are not like a desolating hail, crushing everything before it; they come forth sweetly from their lips. They scatter seeds of love and kindness all along their path,... because Christ lives in their heart." *SDA Bible Commentary*, Vol. 3, 1159.3

"All may be channels of light if they will connect with the Source of light." *Our High Calling*, 296.3

"Pray God to show you what you must remove from yourselves in order that you may see the kingdom of God." *Our High Calling*, 233

"When clouds come between your soul and God, when all around you is dark and forbidding, when the enemy stands ready to rob the soul of its integrity to God and the truth, and when error stands out plausible and attractive, then it is time to pray and exercise faith in God.... Cherishing faith, the soul is enabled to rise beyond itself, and penetrate the hellish shadow which the enemy casts athwart the pathway of every soul that is striving for an immortal crown." *Our High Calling*, 126.2

"Jesus said, "Watch ye and pray, lest ye enter into temptation." Mark 14:38. We are to watch and pray just as long as Satan brings up clouds of unbelief, composed of every evil thing that he can devise to lead the human mind to yield to temptation. But this cloud that lies between God and the human agent cannot envelop man and penetrate his soul unless he opens his mind and heart to its dark beams. The angels of God will guard from the poisonous malaria of temptations of the wicked one every man who will rise beyond self and circumstances and surroundings, looking unto Jesus through every mist and fog and cloud, and penetrating by faith the darkest temptations." *Our High Calling*, 126.3

WAIT FOR GOD'S ANSWER

"The delay is for our special benefit. Our faith has a chance to be tested to see whether it is true, sincere, or changeable like the waves of the sea. We must bind ourselves upon the altar with the strong cords of faith and love, and let patience have her perfect work. Faith strengthens through continual exercise." Letter 37, 1892

"We must pray more and in faith.... He will answer if we watch unto prayer, if we believe we receive the things we ask for, and keep believing and never lose patience in believing. This is watching unto prayer. We guard the prayer of faith with expectancy and hope. We must wall it in with assurance and be not faithless, but believing." Letter 26, 1880

"We need a calm waiting upon God." Manuscript 24, 1887

"Wait for the Lord, not in fretful anxiety, but in undaunted faith and unshaken trust." Letter 66, 1901

See also: 1 Peter 3:12-14, Mark 11:25, Matthew 21:22, 1 John 5:14-15, Jeremiah 29:12, Isaiah 65:24, John 15:1, John 14:13, Psalms 50:15, Isaiah 58:9-11, Psalms 145:18-19.

PREPARATION

"We may with profit study the record of the preparation made by the congregation of Israel for the hearing of the law." The Upward Look, 294.2

"You need not be worried. You need not be thinking that there is a special time coming when you are to be crucified. The time to be crucified is just now. Every day, every hour, self is to die; self is to be crucified; and then, when the time comes that the test shall come to God's people in earnest, the everlasting arms are around you. The angels of God make a wall of fire around about and deliver you." The Upward Look, 283.4

"All your self-crucifixion will not do any good then. It must be [done] before the destiny of souls is decided. It is now that self is to be crucified-when there is work to do; when there is some use to be made of every entrusted capability. It is now that we are to empty and thoroughly cleanse the vessel of its impurity. It is now that we are to be made holy unto God. This is our work, this very moment. You are not to wait for any special period for a wonderful work to be done; it is today. I give myself to God today." The Upward Look, 283.5

"If those who claim to believe the grand truths for this time would

prepare themselves by searching the Scriptures, by earnest prayer, and by the exercise of faith, they would place themselves where they would receive the light they so much crave." *Our High Calling*, 315.5

"We need not worry about the latter rain. All we have to do is to keep the vessel clean and right side up and prepared for the reception of the heavenly rain, and keep praying, "Let the latter rain come into my vessel. Let the light of the glorious angel which unites with the third angel shine upon me; give me a part in the work; let me sound the proclamation; let me be a colaborer with Jesus Christ." Thus seeking God, let me tell you, He is fitting you up all the time, giving you His grace." *The Upward Look*, 283.3

See also: Isaiah 48:10, Zechariah 13:9, John 15:2, 1 Peter 1:7.

PRINCIPLE

"Better [is] the poor that walketh in his uprightness, than [he that is] perverse [in his] ways, though he [be] rich." *Proverbs 28:6*

"If you are seen to be firm in principle, fearless in duty, zealous in seeking to exemplify Christ in your daily work, yet humble, lowly, gentle and tender, patient and forgiving, ready to suffer and to forgive injuries, you will be a living epistle known and read of all men." *Our High Calling*, 186

"The greatest want of this age is the want of men,—men who will not be bought or sold; men who are true and honest in their inmost souls; men who will not fear to call sin by its right name, and to condemn it, in themselves or in others; men whose conscience is as true to duty as the needle to the pole; men who will stand for the right, though the heavens fall." *Signs of the Times*, May 4, 1882, Art. B, par. 16

"Dare to be a Daniel. Dare to stand alone. Thus, as did Moses, you will endure the seeing of Him who is invisible. But a cowardly and silent reserve before evil associates, while you listen to their devices, makes you one with them." [2 Corinthians 6:17, 18 quoted.] *SDA Bible Commentary*, Vol. 3, 1155.5

"Have courage to do right. The Lord's promise is more valuable than gold and silver to all who are doers of His Word. Let all regard it as a great honor to be acknowledged by God as His children" *The Review & Herald*, May 9, 1899

See also: Jeremiah 23:38, Luke 16:10-12, Titus 1:13, Nehemiah 13:13, Proverbs

PROTECTION

“He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the LORD, [He is] my refuge and my fortress: my God; in him will I trust. Surely he shall deliver thee from the snare of the fowler, [and] from the noisome pestilence. He shall cover thee with his feathers, and under his wings shalt thou trust: his truth [shall be thy] shield and buckler.” Psalm 91:1-4

“When Christ ceases His intercession in the sanctuary, the unmingled wrath threatened against those who worship the beast and his image and receive his mark (Revelation 14:9,10) will be poured out.... The people of God will not be free from suffering; but while persecuted and distressed, while they endure privation and suffer for want of food, they will not be left to perish. That God who cared for Elijah will not pass by one of His self-sacrificing children. He who numbers the hairs of their head will care for them, and in time of famine they shall be satisfied. While the wicked are dying from hunger and pestilence, angels will shield the righteous and supply their wants. To him that “walketh righteously” is the promise; “Bread shall be given him; his waters shall be sure” (Isaiah 33:15, 16). “When the poor and needy seek water, and there is none, and their tongue faileth for thirst, I the Lord will hear them, I the God of Israel will not forsake them” (Isaiah 41:17).” The Great Controversy 629.2

PROVIDENCE

“For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.” Jeremiah 29:11

“The young would not be seduced into sin if they would refuse to enter any path save that upon which they could ask God’s blessing. If the messengers who bear the last solemn warning to the world would pray for the blessing of God, not in a cold, listless, lazy manner, but fervently and in faith, as did Jacob, they would find many places where they could say: “I have seen God face to face, and my life is preserved.” Genesis 32:30. They would be accounted of heaven as princes, having power to prevail with God and with men.” The Great Controversy 622.3

“Be not therefore anxious for the morrow.” Matthew 6:34, R. V. We are to follow Christ day by day. God does not bestow help for tomorrow. He

does not give His children all the directions for their life journey at once, lest they should become confused. He tells them just as much as they can remember and perform. The strength and wisdom imparted are for the present emergency. "If any of you lack wisdom,"--for today,--"let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him." James 1:5. *The Desire of Ages*, 313.4

"If men will walk in the path that God has marked out for them, they will have a Counselor whose wisdom is far above any human wisdom. Joshua was a wise general because God was his guide. The first sword that Joshua used was the sword of the Spirit, the Word of God. Will the men who are handling large responsibilities read the first chapter of Joshua? [Joshua 1:1, 5, 7, quoted.]" *Manuscript Releases*, Vol. 17, 227.3

PURIFICATION

"And every man that hath this hope in him purifieth himself, even as he is pure. Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law. And ye know that he was manifested to take away our sins; and in him is no sin. Whosoever abideth in him sinneth not: whosoever sinneth hath not seen him, neither known him." 1 John 3:3-6

"To the multitude, and afterward more fully to His disciples, Jesus explained that defilement comes not from without, but from within. Purity and impurity pertain to the soul. It is the evil deed, the evil word, the evil thought, the transgression of the law of God, not the neglect of external, man-made ceremonies, that defiles a man." *The Desire of Ages*, 397

"The refining furnace is to remove the dross. When the Refiner sees His image reflected in you perfectly, He will remove you from the furnace. You will not be left to be consumed or to endure the fiery ordeal any longer than is necessary for your purification. But it is necessary for you, in order to reflect the divine image, to submit to the process the Refiner chooses for you, that you may be cleansed, purified, and every spot and blemish removed--not even a wrinkle left in your Christian character. May the Lord help you... to choose to have the will and work of God accomplished in you. Look up! Jesus lives. Jesus loves. Jesus pities, and He will receive you with all your burden of care and trouble if you will come to Him and lay your burden upon Him. He has promised He will never leave or forsake those who put their trust in Him." *Our High*

Calling, 312.4

“The Lord purifies the heart very much as we air a room. We do not close the doors and windows, and throw in some purifying substance; but we open the doors and throw wide the windows, and let heaven’s purifying atmosphere flow in. The Lord says, “He that doeth truth cometh to the light.” The windows of impulse, of feeling, must be opened up toward heaven, and the dust of selfishness and earthliness must be expelled. The grace of God must sweep through the chambers of the mind, the imagination must have heavenly themes for contemplation, and every element of the nature must be purified and vitalized by the Spirit of God.” Manuscript 3, 1892

SPIRITUAL TRAINING TO BE THE FIRST

“Soul culture, which gives purity and elevation to the thoughts and fragrance to word and act, requires more painstaking effort. It takes patience to keep every evil motive weeded from the garden of the heart. The spiritual training should in no case be neglected; for “the fear of the Lord is the beginning of wisdom.” Psalm 111:10. By some, education is placed next to religion, but true education is religion.... The word of God is to be made the rule of the life.... God is their Father; and from the beautiful lessons of His word they are to gain a knowledge of His character.” *Councils to Parents, Teachers and Students*, 108

THE IMAGE OF GOD IN US

“... how earnest would they be to renounce the works of darkness, how guarded lest they yield to temptation, how careful to see and remove every defect which mars the image of God in them; how they would press to the side of Jesus, and what earnest supplications would ascend to heaven for a calmer, closer, happier, walk with God.” *Our High Calling*, 321

See also: 1 Timothy 1:5, Titus 1:15, Psalms 24:3-5, 2 Peter 3:1, 1 Timothy 3:9, Malachi 3:3, Acts 15:7-9, James 4:8, 1 Peter 1:22.

PURPOSE

“And we know that all things work together for good to them that love God, to them who are the called according to [his] purpose.” Romans 8:28

“Everything that Jesus said and did had a purpose in His work to save us. We may not always understand, but we can see the love in everything

God does for humans. If we spend time with Jesus, we will recognize His kindness in testing us and showing us our weaknesses." Man Of Peace p. 111

"God is waiting to inspire the youth with power from above, that all who stand under the bloodstained banner of Jesus Christ may work to call, to warn, and to lead souls into safe paths, and to plant the feet of many upon the Rock of Ages. The Review & Herald, March 18, 1880

See also: Psalms 16:11, John 15:11, Romans 8:28, 1 John 3:8.

PROMISE

"The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance." 2 Peter 3:9

"And being fully persuaded that, what he had promised, he was able also to perform." Romans 4:21

"The bow represents Christ's love which encircles the earth, and reaches unto the highest heavens, connecting men with God, and linking earth with Heaven. As we gaze upon the beautiful sight, we may be joyful in God, assured that He Himself is looking upon this token of His covenant, and that as He looks upon it He remembers the children of earth, to whom it was given. Their afflictions, perils, and trials are not hidden from Him. We may rejoice in hope, for the bow of God's covenant is over us. He never will forget the children of His care. How difficult for the mind of finite man to take in the peculiar love and tenderness of God and his matchless condescension when he said, "I will look upon the bow in the cloud, and remember thee." Oh! how easy for us to forget God, while he never forgets us; he visits us with his mercies every hour." The Review & Herald, February 26, 1880

GOD SHOWS HIS WAYS EVEN TODAY

"The promises of God are full and abundant, and there is no need for anyone to depend upon humanity for strength. To all that call upon Him, God is near to help and succor. And He is greatly dishonored when, after inviting our confidence, we turn from Him--the only One who will not misunderstand us, the only One who can give unerring counsel--to men who in their human weakness are liable to lead us astray." Testimonies to Ministers and Gospel Workers, 381

“The Lord would have us look up, and be grateful to Him that there is a heaven.... Let us grasp by living faith the rich promises of God, and be thankful from morning till night.” Our High Calling, 10.5

See also: Isaiah 30:15-21, Psalms 4:8, Hebrews 6:12-20, Romans 15:8, 2 Peter 1:4; 3:4-13, Titus 1:2, James 1:12, 1 Peter 1:6-8, Romans 8:37-39.

Q

QUIBBLING

“The steps upward to heaven must be taken one at a time; every advance step strengthens us for the next. The transforming power of the grace of God upon the human heart is a work which but few comprehend because they are too indolent to make the necessary effort. The lessons which young ministers learn in going about and being waited upon when they have not a fitness for the work have a demoralizing influence upon them. They do not know their place and keep it. They are not balanced by firm principles. They talk knowingly of things they know nothing of, and hence those who accept them as teachers are misled. One such person will inspire more scepticism in minds than several will be able to counteract, do the best they can. Men of small minds delight to quibble, to criticize, to seek for something to question, thinking this a mark of sharpness; but instead it shows a mind lacking refinement and elevation. How much better to be engaged in seeking to cultivate themselves and to ennoble and elevate their minds. As a flower turns to the sun that the bright rays may aid in perfecting its beauty and symmetry, so should the youth turn to the Sun of Righteousness, that heaven’s light may shine upon them, perfecting their characters and giving them a deep and abiding experience in the things of God. Then they may reflect the divine rays of light upon others. Those who choose to gather doubts and unbelief and scepticism will experience no growth in grace or spirituality and are unfitted for the solemn responsibility of bearing the truth to others.” Testimonies for the Church, Vol 4, 444.3

“We should be weeding out of our thoughts all complaining and faultfinding. Let us not continue to look upon any defects that we may see.... If we would get the right hold on God, we must keep beholding the great precious things--the purity, the glory, the power, the kindness, the affection, the love, that God bestows upon us. And thus beholding, our minds will become so fixed upon these things of eternal interest that we

shall have no desire to find the flaws in others." Our High Calling, 232.4

"You may claim the rich grace of truth, which nourishes the soul. Have naught to do with controversy and dissension and strife, which bring darkness and discouragement to your soul. Truth is clear, pure, savory.... Speak the truth in faith and love, leaving the result with God. The work is not yours, but the Lord's. In all your communications, speak as one to whom the Lord has spoken. He is your authority, and He will give you His sustaining grace." LS 433.1

See also: Proverbs 16:28, 20:3, Isaiah 58:4, Romans 13:13, 1 Corinthians 3:3, Philippians 2:3, James 3:16.

QUIETUDE

"Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah." Psalms 4:4

"The Saviour manifested divine compassion toward the Syro-Phenician woman. His heart was touched with pitying tenderness, as he saw her woe and grief. He longed to give her an immediate assurance that her prayer was heard, and her request fulfilled; but he desired to teach his disciples a lesson; and for a short period of time he seemed to act out the feelings that prompted them, and neglected the cry of her heart. He acted towards her in the same manner as the Pharisees taught the people to act toward all such so-called heathen. Christ even repulsed her. He knew the heart of the woman. He knew what sorrow pressed upon her soul, and understood her persistent determination not to be driven away until her request was granted. When she made known her request to Christ, he said, "It is not meet to take the children's bread, and to cast it unto dogs." But she had an answer ready, and said, "The dogs eat of the crumbs which fall from the master's table." This is all I ask. Give me the privilege of eating the crumbs that fall from the table. Did she go away empty and discouraged?--No, she received her request. The Lord commended her for her great faith, and sent her away with the precious boon she had asked. He then turned to his disciples and said, "I have not found so great faith, no, not in Israel." Did the disciples ever forget this lesson?--No. This case is placed on record to show what is the result of persevering in presenting our needs to the Hearer of prayer. Of Christ it was written. "The bruised reed shall he not break, the smoking flax shall he not quench." No soul will be left to perish who asks in faith for the help of Christ. The weakest, the most struggling soul, may live, and find

hope and sufficiency in God. When Jesus comes into the storm and the darkness, midnight is as bright as noonday. The faith that recognizes Christ leads the soul to rest implicitly upon the promises, because God is behind them. There is hope for the most desponding. Those who take Christ at his word, who surrender their souls to his keeping, their lives to his ordering, will find peace, quietude, and rest. He will impart grace to the needy soul." *The Signs of the Times*, May 28, 1896 par. 1

See also: Psalms 62:1-2, Lamentations 3:25-26, Psalms 40:1, Psalms 27:14; 25:5, Hosea 12:6, Psalms 130:5-6, Psalms 69:1-3.

R

REJOICE

"Yet I will rejoice in the LORD, I will joy in the God of my salvation. The LORD God [is] my strength, and he will make my feet like hinds' [feet], and he will make me to walk upon mine high places. To the chief singer on my stringed instruments." Habakkuk 3:18

"The apostles suffered extreme torture because of the painful position in which they were left, but they did not murmur. Instead, in the utter darkness and desolation of the dungeon, they encouraged each other by words of prayer and sang praises to God because they were found worthy to suffer shame for His sake. Their hearts were cheered by a deep and earnest love for the cause of their Redeemer. Paul thought of the persecution he had been instrumental in bringing upon the disciples of Christ, and he rejoiced that his eyes had been opened to see, and his heart to feel, the power of the glorious truths which once he despised." *Acts of the Apostles*, 213.4

"With astonishment the other prisoners heard the sound of prayer and singing issuing from the inner prison. They had been accustomed to hear shrieks and moans, cursing and swearing, breaking the silence of the night; but never before had they heard words of prayer and praise ascending from that gloomy cell. Guards and prisoners marveled and asked themselves who these men could be, who, cold, hungry, and tortured, could yet rejoice." *Acts of the Apostles*, 214.1

"Without the cross, man could have no union with the Father. On it depends our every hope. From it shines the light of the Saviour's love, and when at the foot of the cross the sinner looks up to the One who died

to save him, he may rejoice with fullness of joy, for his sins are pardoned. Kneeling in faith at the cross, he has reached the highest place to which man can attain." Acts of the Apostles, 209.4

"The Sabbath should be made so interesting to our families that its weekly return will be hailed with joy.... As the sun goes down, let the voice of prayer and the hymn of praise mark the close of the sacred hours, and invite God's presence through the cares of the week of labor. Thus parents can make the Sabbath, as it should be, the most joyful day of the week. They can lead their children to regard it as a delight, the day of days, the holy of the Lord, honorable." Child Guidance, 537.1

See also: Jeremiah 15:16, Luke 10:20, Luke 15:6-10, James 1:9, Psalms 21:1; 63:7; 106:4-5; 35:9; 118:24, John 8:58, Isaiah 5:3, 11, Psalms 51:8, John 20:20.

S

SACRIFICE

"Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified. But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God." Psalm 40:16-17

"Christians sometimes think they have a hard time and that it is a condescension in them to lay hold of unpopular truth and profess to be Christ's followers, that the road seems hard and that they have many sacrifices to make, when in reality they make no sacrifice at all. If in reality they are adopted into the family of God, what sacrifice have they made? Their following Christ may have broken some friendship with their world-loving relatives, but look at the exchange-their names written in the Lamb's book of life, elevated, yes, greatly exalted, to be partakers of salvation, heirs of God and joint heirs with Jesus Christ to an imperishable inheritance. Shall we call it a sacrifice on our part to yield error for truth, darkness for light, sin for righteousness, a perishable name and inheritance upon earth for honors that are lasting, and a treasure undefiled that fadeth not away?" Our High Calling, 201.3

"If there is any one who should be continually grateful, it is the follower of Christ. If there is any one who enjoys real happiness, even in this life, it is the faithful Christian.... If we appreciate or have any sense of how dearly our salvation was purchased, anything which we may call

sacrifice will sink away into insignificance." *Our High Calling*, 201.5

"For here have we no continuing city, but we seek one to come. 15By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of [our] lips giving thanks to his name. But to do good and to communicate forget not: for with such sacrifices God is well pleased." Hebrews 13:14-16.

See also: 1 Corinthians 5:7, Psalms 141:1-2, 1 Peter 2:5, Romans 5:10; 12:1, Proverbs 15:8, Hosea 6:6, Psalms 4:5.

SALVATION

"This [is] a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I [Paul] am chief." 1 Timothy 1:15

SAVED INDIVIDUALLY

"The gospel deals with individuals. Every human being has a soul to save or to lose. Each has an individuality separate and distinct from all others. Each must be convicted for himself, converted for himself. He must receive the truth, repent, believe, and obey for himself. He must exercise his will for himself. No one can do this work by proxy. No one can submerge his individuality in another's. Each must surrender to God by his own act and the mystery of godliness." --Manuscript 28, 1898." *Mind, Character and Personality*, Book 2, 423.2

"No one can eat this flesh and drink this blood for another. Each must come to Christ with his own soul hunger, each must have his own convictions, feel his own soul's need, and learn of Christ for himself." *Our High Calling*, 209

"Many accept an intellectual religion, a form of godliness, when the heart is not cleansed. Let it be your prayer, "Create in me a clean heart, O God; and renew a right spirit within me." Psalm 51:10. Deal truly with your own soul. Be as earnest, as persistent, as you would be if your mortal life were at stake. This is a matter to be settled between God and your own soul, settled for eternity. A supposed hope, and nothing more, will prove your ruin." *Steps to Christ*, 35

GO TO HIM

"Go to Him with your soul all stained as it is. Like the psalmist, throw its chambers open to the all-seeing eye, exclaiming, "Search me, O God,

and know my heart: try me, and know my thoughts: and see if there be any wicked way in me, and lead me in the way everlasting." Ps. 139:23, 24." Steps to Christ, 34

"When he was rudely aroused by the terrified fishermen, the Saviour had no fears for himself; his anxiety was for his disciples, who had distrusted him in the time of danger. He reproved their fears, which manifested their unbelief. They should have called upon him at the first appearance of danger, and he would have relieved their anxiety. But in their effort to save themselves they forgot that Jesus was on board. How many, in the trying scenes of life, amid perplexities and danger, fight against the storms of adversity alone, forgetting that there is One who can help them. They trust in their own strength and skill, till, baffled and discouraged, they remember Jesus, and humbly call upon him to save them. Though he sorrowfully reproves their unbelief and self-confidence, he never fails to hear their earnest cry, and give them the help they need." 3 Redemption, 85.1

"Tossed on the raging billows of the deep, the weary voyager should remember that Jesus was on the sea in a time of like peril; that his voice commanded the terrible storm to cease; that the angry elements obeyed the mandate, and his faithful followers were saved. When the waves break over our sinking bark, and the lightning reveals the foam-capped breakers that threaten us with instant destruction, we may remember in our peril that Jesus is on board. He hears our agonizing cry, and he will never forsake those who put their trust in him." 3 Redemption, 85.2

"Christ might commission the angels of heaven to pour out the vials of His wrath on our world, to destroy those who are filled with hatred of God. He might wipe this dark spot from His universe. But He does not do this. He is today standing at the altar of incense, presenting before God the prayers of those who desire His help." The Desire of Ages, 568.4

WARNING

"The teachers of Spiritualism will come in a pleasing, bewitching manner to deceive you, and if you listen to their fables you are beguiled by the enemy of righteousness, and will surely lose your reward. When once the fascinating influence of the arch deceiver overcomes you, you are poisoned, and its deadly influence adulterates and destroys your faith in Christ's being the Son of God." Spiritual Gifts, Vol. 4b, p. 87

See also: 2 Peter 3:18, Isaiah 25:9, Acts 4:12, Philippians 1:12-13, Habakkuk 3:18,

SANCTIFICATION

“Being confident of this very thing, that he which hath begun a good work in you will perform [it] until the day of Jesus Christ.” *Philippians 1:6*

“Sanctification is not the work of a moment, an hour, a day, but of a lifetime. It is not gained by a happy flight of feeling, but is the result of constantly dying to sin, and constantly living for Christ. Wrongs cannot be righted nor reformations wrought in the character by feeble, intermittent efforts. It is only by long, persevering effort, sore discipline, and stern conflict, that we shall overcome. We know not one day how strong will be our conflict the next. So long as Satan reigns, we shall have self to subdue, besetting sins to overcome; so long as life shall last, there will be no stopping place, no point which we can reach and say, I have fully attained. Sanctification is the result of lifelong obedience.” *Acts of the Apostles, 560.3*

“What is sanctification? It is to give one’s self wholly and without reserve—soul, body, and spirit—to God; to deal justly; to love mercy, and to walk humbly with God; to know and to do the will of God without regard to self or self-interest; to be heavenly-minded, pure, unselfish, holy, and without spot or stain.” *Our High Calling, 212.2*

“It is through the truth, by the power of the Holy Spirit, that we are to be sanctified—transformed into the likeness of Christ. And in order for this change to be wrought in us, there must be an unconditional, wholehearted acceptance of the truth, an unreserved surrender of the soul to its transforming power.” *Our High Calling, 212.3*

“The righteousness which Christ taught is conformity of heart and life to the revealed will of God. Sinful men can become righteous only as they have faith in God and maintain a vital connection with Him. Then true godliness will elevate the thoughts and ennoble the life. Then the external forms of religion accord with the Christian’s internal purity. Then the ceremonies required in the service of God are not meaningless rites, like those of the hypocritical Pharisees.” *The Desire of Ages, 310*

“God expects of us perfect obedience to His law. This law is the echo of His voice, saying to us, Holier, yea holier still. Desire after the fullness of the grace of Christ, yea, long—hunger and thirst—after righteousness.

The promise is, "Ye shall be filled." Let your heart be filled with a longing for this righteousness." Our High Calling, 213.4

"God has plainly stated that He expects us to be perfect, and because He expects this, He has made provision for us to be partakers of the divine nature. Only thus can we gain success in striving for eternal life. The power is given by Christ. "As many as received him, to them gave he power to become the sons of God, even to them that believe on his name." John 1:12." Our High Calling, 213.5

"God's people are to reflect to the world the bright rays of His glory. But in order for them to do this, they must stand where these rays can fall on them. They must cooperate with God. The heart must be cleansed of all that leads to wrong. The Word of God must be read and studied with an earnest desire to gain from it spiritual power. The bread of heaven must be eaten and assimilated, becoming part of the life. Thus we gain eternal life. Thus is answered the prayer of Christ, "Sanctify them through thy truth: thy word is truth." John 17:17." Our High Calling, 213.6

"Let this mind be in you, which was also in Christ Jesus:" Philippians 2:5

"Let your spirit be cleansed from all earthliness, all unholy, uncharitable thoughts. Let your words be clean, sanctified, vivifying and refreshing all with whom you associate. Be not easily provoked. Let the praise of God be in your hearts and upon your lips, that no evil thing may truthfully be said of you." Our High Calling, 174

THE PRACTICAL SECRET OF HOLINESS

"No man receives holiness as a birthright, or as a gift from any other human being. Holiness is the gift of God through Christ. Those who receive the Saviour become sons of God. They are His spiritual children, born again, renewed in righteousness and true holiness. Their minds are changed. With clearer vision they behold eternal realities. They are adopted into God's family, and they become conformed to His likeness, changed by His Spirit from glory to glory. From cherishing supreme love for self, they come to cherish supreme love for God and for Christ." Our High Calling, 214.2

"Accepting Christ as a personal Saviour, and following His example of self-denial--this is the secret of holiness. Holiness is not rapture; it is the result of surrendering all to God; it is living by every word that

proceedeth out of the mouth of God; it is doing the will of our heavenly Father; it is trusting in God in trial, believing in His promise in the darkness as well as in the light. Religion is to walk by faith, as well as by sight, trusting in God with all confidence, and resting in His love." Our High Calling, 214.4

"Sanctification is a state of holiness, without and within, being holy and without reserve the Lord's, not in form, but in truth. Every impurity of thought, every lustful passion, separates the soul from God; for Christ can never put His robe of righteousness upon a sinner, to hide his deformity.... There must be a progressive work of triumph over evil, of sympathy with good, a reflection of the character of Jesus. We must walk in the light, which will increase and grow brighter unto the perfect day. This is real, substantial growth, which will finally attain to the full stature of men and women in Jesus Christ." Our High Calling, 214.5

"The Holy Spirit is given to all who will heed its voice; it is a purifier, a sanctifier. Not a soul is safe without it, for all are struggling with natural defects of character, with sinful tendencies. Who will be so foolish as to think they can struggle single-handed with enemies that have overmatched them again and again? The heart needs to be constantly softened and subdued by the Spirit of Christ. In contact with the world, or even with that which has to do with the advancement of God's cause, the heart grows hard and selfish, unless constantly brought in contact with the heart of Infinite Love. The conscience grows callous and feeble when we neglect to receive the rays of the Sun of Righteousness." The Signs of the Times, October 17, 1892

HOLIER, HOLIER STILL

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." Matthew 5:6.

"In the Sermon on the Mount, Christ has given a definition of true sanctification. He lived a life of holiness. He was an object lesson of what His followers are to be. We are to be crucified with Christ, buried with Him, and then quickened by His Spirit. Then we are filled with His life." The Upward Look, 284.2

"Our sanctification is God's object in all His dealing with us. He has chosen us from eternity that we may be holy. Christ gave Himself for our redemption, that through our faith in His power to save from sin, we might be made complete in Him. In giving us His Word, He has given us

bread from heaven. He declares that, if we eat His flesh and drink His blood, we shall receive eternal life. Why do we not dwell more upon this? Why do we not strive to make it easily understood, when it means so much? Why do not Christians open their eyes to see the work God requires them to do? Sanctification is the progressive work of a lifetime. The Lord declares, "This is the will of God, even your sanctification" (1 Thessalonians 4:3). Is it your will that your desires and inclinations shall be brought into conformity to the divine will?" *The Upward Look*, 284.3

NO TURNING BACK

"We are in continual danger of getting above the simplicity of the gospel. There is an intense desire on the part of many to startle the world with something original, that shall lift the people into a state of spiritual ecstasy, and change the present order of experience. There is certainly great need of a change in the present order of experience; for the sacredness of present truth is not realized as it should be, but the change we need is a change of heart, and can only be obtained by seeking God individually for His blessing, by pleading with Him for His power, by fervently praying that His grace may come upon us, and that our characters may be transformed. This is the change we need today, and for the attainment of this experience we should exercise persevering energy and manifest heartfelt earnestness." *Selected Messages* book 2 23.2

MOLDED BY THE HOLY SPIRIT

"There is not an impulse of our nature, not a faculty of the mind or an inclination of the heart, but needs to be, moment by moment, under the control of the Spirit of God." *Last Day Events*, 65.3

"The Spirit illumines our darkness, informs our ignorance, and helps us in our manifold necessities. But the mind must be constantly going out after God. If worldliness is allowed to come in, if we have no desire to pray, no desire to commune with Him who is the source of strength and wisdom, the Spirit will not abide with us." *Last Day Events*, 65.4

"There is fulness of joy in the truth. There is a nobleness in the life of the human agent who lives and works under the vivifying influence of the truth. Truth is sacred and divine. It is stronger and more powerful than anything else in the formation of a character after the likeness of Christ. When it is cherished in the heart, the love of Christ is preferred to the love of any human being. This is Christianity. Thus truth, pure, unadulterated truth, occupies the citadel of the being. This is the life of

God in the soul. "A new heart also will I give you, and a new spirit will I put within you." Manuscript 130-1897.31

GOD'S PART AND MY PART

"Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling. ¹³For it is God which worketh in you both to will and to do of [his] good pleasure." Philippians 2: 12-13

"Work out your own salvation with fear and trembling." What does this mean? It means that every day you are to distrust your own human efforts and wisdom. You are to fear to speak at random, fear to follow your own impulses, fear that pride of heart and love of the world and lust of the flesh shall exclude the precious grace the Lord Jesus is longing to bestow upon you." *Our High Calling*, 91

THE WILL

"Through the right exercise of the will, an entire change may be made in your life. By yielding up your will to Christ, you ally yourself with the power that is above all principalities and powers. You will have strength from above to hold you steadfast, and thus through constant surrender to God you will be enabled to live the new life, even the life of faith." *Steps to Christ*, 48.1

See also: Hebrews 2:11, 2 Corinthians 3:18, Galatians 5:22-25, 1 John 3:2, 1 Thessalonians 5:23, Hebrews 13:12.

SELFISHNESS

"Thus saith the Lord, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches: but let him that glorieth glory in this, that he understandeth and knoweth me, that I am the Lord which exercise lovingkindness, judgment, and righteousness, in the earth: for in these things I delight, saith the Lord." Jeremiah 9:23-24.

"In... [our] work for the Master, self is [to be] hid. The language of the heart is, He must increase; I must decrease.... The love of self dies, the love of Jesus burns upon the altar of the soul. There is no spirit for low, common, self-seeking, or worldly ambition, because we are living in His presence, doing His work, and are in contact with Jesus Christ and His life. His character and His work are all-absorbing. The life imperceptibly

becomes one with Christ as He was one with the Father. The truth and light and life are interwoven with life and character, and the aspirations are elevated, pure, unselfish, after the order of heaven." *The Upward Look*, 296.2

See also: Proverbs 21:24, Psalms 119:21, Proverbs 28:25-26.

SERVICE

"For we are labourers together with God: ye are God's husbandry, ye are God's building." 1 Corinthians 3:9

"Some little know what true service means. Those who expect to sing in an entertainment spend time in practicing, to familiarize themselves with the music and the words. That we may learn how to serve the Lord in heaven, we must enter His service now, becoming acquainted with Him and learning to be faithful servants." *The Upward Look*, 292.3

LABORERS TOGETHER WITH GOD

"If the follower of Christ would grow up "unto a perfect man, unto the measure of the stature of the fullness of Christ" (Ephesians 4:13), he must eat of the bread of life and drink of the water of salvation. He must watch and pray and work, in all things giving heed to the instructions of God in His word." *Acts of the Apostles*, 284

"Man cannot be towed to heaven; he cannot go as a passive passenger. He must himself use the oars, and work as a laborer together with God." *Our High Calling*, 310.2

"Let them learn to walk humbly with God, to be doers of His Word where they are. Let them learn to be obedient, to serve in whatever capacity they may. Let them learn to do the humblest work, and to realize that they are serving Christ in whatever circumstances they may be placed." *Our High Calling*, 298

"God might have committed the message of the gospel, and all the work of loving ministry, to the heavenly angels. He might have employed other means for accomplishing His purpose. But in His infinite love He chose to make us co-workers with Himself, with Christ and the angels, that we might share the blessing, the joy, the spiritual uplifting, which results from this unselfish ministry." *Steps to Christ*, 79

"God reads the heart, he weighs the character, and is acquainted with every man's work. He gives his Spirit in proportion to the consecration

and self-sacrifice manifested by those who engage in his work.” *Our High Calling*, 306

“The Lord sanctions the efforts of the consecrated worker, the true shepherd. He may have little time to preach discourses, but he can act sermons which will be far more powerful. The truth expressed in living, unselfish deeds is the strongest argument for Christianity. The relieving of the sick, the helping of the distressed, is working in Christ’s lines and demonstrates most powerful gospel truths representing Christ’s mission and work upon earth. The knowledge of the art of relieving suffering humanity is the opening of doors without number, where the truth can find a lodgment in the heart, and souls be saved unto life-eternal life. Even the most hardhearted and apparently sin-encased souls may be approached in this way and understand something of the mystery of godliness and become so charmed that they will not rest until they have a knowledge of Jesus Christ and His saving grace.” *Counsels on Health*, 537.1

“Love to Christ will always be seen in those who are laborers together with God. The common, earthly thoughts and motives are discarded as the love for Christ increases. None, however weak in faith and hope and courage, need to despair, for Christ has provided divine assistance to combine with man’s human effort. Christ works constantly to draw the soul into a pure and holy atmosphere. He is acquainted with our infirmities, and with the embarrassment we meet on every hand in the world. Assistance has been provided for every advanced step. When the earnest, struggling soul is compassed with infirmities and surrounded by foes to discourage, the Comforter draws near. The Holy Spirit helps our infirmities.” *The Upward Look*, 296.4

“Sometimes the Lord makes His path to the soul by a process painful to humanity. He is compelled to fortify the soul against self-esteem and self-dependence, in order that the worker shall not regard the failings and infirmities of his unsanctified nature as virtues, and thus be ruined by self-exaltation.” *Our High Calling*, 315.4

“The savor of the salt represents the vital power of the Christian--the love of Jesus in the heart, the righteousness of Christ pervading the life. The love of Christ is diffusive and aggressive. If it is dwelling in us, it will flow out to others. We shall come close to them till their hearts are warmed by our unselfish interest and love. The sincere believers diffuse vital energy, which is penetrating and imparts new moral power to the souls

for whom they labor. It is not the power of the man himself, but the power of the Holy Spirit that does the transforming work." Mount of Blessing 36.2

"Jesus added the solemn warning: "If the salt have lost his savor, wherewith shall it be salted? It is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men."" Mount of Blessing 36.3

"The faith of the consecrated worker is to stand every test brought to bear upon it. God is able and willing to bestow upon His servants all the strength they need and to give them the wisdom that their varied necessities demand. He will more than fulfill the highest expectations of those who put their trust in Him." Acts of the Apostles, 242

See also: Psalms 101:6, Matthew 6:24, Romans 7:6, 12:11, Galatians 5:13, Colossians 3:24, Romans 14:18.

SIN

"Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God." Romans 6:13

"Calvary stands as a memorial of the amazing sacrifice required to atone for the transgression of the divine law. Let us not regard sin as a trivial thing." Steps to Christ, 33

"Christ bore our sins in His own body on the tree.... What must sin be, if no finite being could make atonement? What must its curse be if Deity alone could exhaust it? The cross of Christ testifies to every man that the penalty of sin is death.... Oh, must there be some strong bewitching power which holds the moral senses, steeling them against the impressions of the Spirit of God? I entreat of you, as Christ's ambassador,... to be diligent in securing the grace of God. You need it every day, that you make no mistake in your life." Our High Calling, 44.2

"Any habit or practice that would lead into sin, and bring dishonor upon Christ, would better be put away, whatever the sacrifice. That which dishonors God cannot benefit the soul. The blessing of heaven cannot attend any man in violating the eternal principles of right. And one sin cherished is sufficient to work the degradation of the character, and to mislead others. If the foot or the hand would be cut off, or even the eye would be plucked out, to save the body from death, how much more

earnest should we be to put away sin, that brings death to the soul!" The Desire of Ages, 439.1

"The experience, the education, of a lifetime, has so thoroughly molded the character that few then desire to receive the image of Jesus. Even one wrong trait of character, one sinful desire, persistently cherished, will eventually neutralize all the power of the gospel. Every sinful indulgence strengthens the soul's aversion to God. The man who manifests an infidel hardihood, or a stolid indifference to divine truth, is but reaping the harvest of that which he has himself sown. In all the Bible there is not a more fearful warning against trifling with evil than the words of the wise man that the sinner "shall be holden with the cords of his sins." Proverbs 5:22." Steps to Christ, 33, 34

THE SIN AGAINST THE HOLY SPIRIT

"The last state of that man is worse than the first. Even so," said Jesus, "shall it be also unto this wicked generation." There are none so hardened as those who have slighted the invitation of mercy, and done despite to the Spirit of grace. The most common manifestation of the sin against the Holy Spirit is in persistently slighting Heaven's invitation to repent. Every step in the rejection of Christ is a step toward the rejection of salvation, and toward the sin against the Holy Spirit." The Desire of Ages, 324.2

"In rejecting Christ the Jewish people committed the unpardonable sin; and by refusing the invitation of mercy, we may commit the same error. We offer insult to the Prince of life, and put Him to shame before the synagogue of Satan and before the heavenly universe when we refuse to listen to His delegated messengers, and instead listen to the agents of Satan, who would draw the soul away from Christ. So long as one does this, he can find no hope or pardon, and he will finally lose all desire to be reconciled to God." The Desire of Ages, 324.3

"But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life." Romans 6:22

A DIVINE REMEDY FOR SIN

"We are to be sanctified through the truth, but Jesus declares, "Thy word is truth." We can be sanctified only through a knowledge of the word of God, and that word is to become a part of our life. God has given you a Bible, and when your will is submitted to God's will, you will know what is truth. The law of God is the standard to which we are to come. It

is the mirror which reveals to us our defects of character. But while it reveals our defects, there is no power in the mirror to cleanse us from the stains of sin. In looking into the law of God, we see our short-comings and failures, but there is no power in law to redeem the transgressor of law. A remedy has been provided for the sinner. A fountain has been opened for uncleanness, where Judah and Jerusalem may wash and be made clean. We must have repentance toward God. Why?--Because we have broken his law. We must have faith toward our Lord Jesus Christ, because he is the sacrifice for sin. And where do we get repentance?--It is the Holy Spirit that imparts repentance to us. Jesus draws us to himself through the agency of his divine Spirit; and through faith in his blood we are cleansed from sin; "for the blood of Jesus Christ his Son, cleanseth us from all sin." "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." But suppose that we sin after we have been forgiven, after we have become the children of God, then need we despair?--No; for John writes, "My little children, these things I write unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous." Jesus is in the heavenly courts pleading with the Father in our behalf. He presents our prayers, mingling with them the precious incense of his own merit, that our prayers may be acceptable to the Father. He puts the fragrance into our prayers, and the Father hears us because we ask for the very things which we need, and we become to others a savor of life unto life." *The Review & Herald*, March 1, 1892 par. 8

IF YOU HAVE SINNED

"Nothing is apparently more helpless, yet really more invincible, than the soul that feels its nothingness and relies wholly on the merits of the Saviour. By prayer, by the study of His word, by faith in His abiding presence, the weakest of human beings may live in contact with the living Christ, and He will hold them by a hand that will never let go." *Ministry of Healing* 182

"Jesus knows the circumstances of every soul. You may say, I am sinful, very sinful. You may be; but the worse you are, the more you need Jesus. He turns no weeping, contrite one away. He does not tell to any all that He might reveal, but He bids every trembling soul take courage. Freely will He pardon all who come to Him for forgiveness and restoration." *The Desire of Ages*, 568.3

See also: Psalms 103:12, Hebrews 8:12, 2 Corinthians 5:17, Jeremiah 31:34, 1

THE HOLY SPIRIT

“If ye, then, being human and evil, “know how to give good gifts unto your children: how much more shall your heavenly Father give the Holy Spirit to them that ask Him?” Luke 11:13.

“The Holy Spirit, the representative of Himself, is the greatest of all gifts. All “good things” are comprised in this. The Creator Himself can give us nothing greater, nothing better. When we beseech the Lord to pity us in our distress, and to guide us by His Holy Spirit, He will never turn away our prayer. It is possible even for a parent to turn away from his hungry child, but God can never reject the cry of the needy and longing heart. With what wonderful tenderness He has described His love! To those who in days of darkness feel that God is unmindful of them, this is the message from the Father’s heart: “Zion said, The Lord hath forsaken me, and my Lord hath forgotten me. Can a woman forget her sucking child, that she should not have compassion on the son of her womb? Yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of My hands.” Isaiah 49:14-16.” Mount of Blessing 132.1

1. Isaiah 42:1 “...I have put my spirit upon him...”
2. Isaiah 44:3 “...I will pour out my spirit upon thy seed...”
3. 1 Peter 1:11 “...the Spirit of Christ...”
4. Psalm 51:11 “...the holy spirit...”
5. 2 Cor. 3:17 “The Lord is that Spirit...the Spirit of the Lord...”
6. Isaiah 59:21 “...saith the Lord; My spirit...”
7. Isaiah 61:1 “The Spirit of the Lord God is upon me...”
8. Luke 4:18 “The Spirit of the Lord is upon me...”
9. Matthew 10:20 “...The Spirit of your Father...”
10. 2 Cor. 3:3 “...the spirit of the living God...”
11. 2 Cor. 3:18 “...the Spirit of the Lord.”
12. John 15:26 “...the Comforter... from the Father... the Spirit of truth... which proceedeth from the Father...”
13. John 20:22 “...He [Christ] breathed on them, and saith unto them, Receive ye the Holy Ghost.”

“There are today many as ignorant of the Holy Spirit’s work upon the heart as were those believers in Ephesus; yet no truth is more clearly taught in the word of God. Prophets and apostles have dwelt upon this theme. Christ Himself calls our attention to the growth of the vegetable world as an illustration of the agency of His Spirit in sustaining spiritual life. The sap of the vine, ascending from the root, is diffused to the branches, sustaining growth and producing blossoms and fruit. So the life-giving power of the Holy Spirit, proceeding from the Saviour, pervades the soul, renews the motives and affections, and brings even the thoughts into obedience to the will of God, enabling the receiver to bear the precious fruit of holy deeds.” Acts of the Apostles, 284.1

See also: Romans 8:9-14, 2 Corinthians 3:17-18.

STRENGTH

“I can do all things through Christ which strengtheneth me.”
Philippians 4:13

“But they that wait upon the LORD shall renew [their] strength; they shall mount up with wings as eagles; they shall run, and not be weary; [and] they shall walk, and not faint.” Isaiah 40:31

“Watch ye, stand fast in the faith, quit you like men, be strong.” 1
Corinthians 16:13

THE LORD IS MY STRENGTH

“It is now three months since we left Melbourne. We have traveled about twenty-five hundred miles by sea and by land, and I have written over three hundred pages of letter paper. I have spoken to the people forty-one times, and am gaining in health and strength, for which I render thanksgiving and praise to God every day, and in the night season. “Blessed be the Lord, because he hath heard the voice of my supplications. The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him. The Lord is their strength, and he is the saving strength of his anointed.” “I will bless the Lord at all times: his praise shall continually be in my mouth. My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad. O magnify the Lord with me, and let us exalt his name together. I sought the Lord, and he heard me, and delivered me from all my fears.” I know not how to be thankful enough for the goodness and mercy of God to me. I desire to devote myself, soul, body,

and spirit, to his service." The Review & Herald, June 13, 1893 par. 2

"Were not the Ethiopians and the Lubims a huge host, with very many chariots and horsemen? yet, because thou didst rely on the Lord, he delivered them into thine hand. For the eyes of the Lord run to and fro throughout the whole earth, to shew himself strong in the behalf of them whose heart is perfect toward him...." 2 Chronicles 16:8-9

"Your connection with God makes you strong spiritually, so that you can withstand wrong influences which are exerted by them.... Then be sure and place yourself in the channel of light, and be a practical follower of Him who went about "doing good." Our High Calling, 300

See also: 2 Corinthians 12:9, Psalms 138:3, Joel 3:10, 2 Corinthians 12:10, Hebrews 11:33-35, Isaiah 63:1; 41:10, 2 Timothy 4:17, Ephesians 3:6-10, Exodus 15:2, Psalms 18:32, Isaiah 25:4, 26:4.

SURRENDER

"Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat: ¹⁴Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it." Matthew 7:13-14

"When the soul surrenders itself to Christ, a new power takes possession of the new heart. A change is wrought which man can never accomplish for himself. It is a supernatural work, bringing a supernatural element into human nature. The soul that is yielded to Christ becomes His own fortress, which He holds in a revolted world, and He intends that no authority shall be known in it but His own. A soul thus kept in possession by the heavenly agencies is impregnable to the assaults of Satan. But unless we do yield ourselves to the control of Christ, we shall be dominated by the wicked one. We must inevitably be under the control of the one or the other of the two great powers that are contending for the supremacy of the world. It is not necessary for us deliberately to choose the service of the kingdom of darkness in order to come under its dominion. We have only to neglect to ally ourselves with the kingdom of light. If we do not co-operate with the heavenly agencies, Satan will take possession of the heart, and will make it his abiding place. The only defense against evil is the indwelling of Christ in the heart through faith in His righteousness. Unless we become vitally connected with God, we can never resist the unhallowed effects of self-love, self-indulgence, and temptation to sin. We may leave off many bad habits, for the time we may

part company with Satan; but without a vital connection with God, through the surrender of ourselves to Him moment by moment, we shall be overcome. Without a personal acquaintance with Christ, and a continual communion, we are at the mercy of the enemy, and shall do his bidding in the end." *The Desire of Ages*, 324.1

"Are you ready to make the surrender now? You are to put away your sin right now when you see it.... Do not make leeway [that] you are going to overcome by degrees; you are going to try little by little to give up sin. Now, while it is called today, heed the invitation and harden not your hearts." *The Upward Look*, 283.6

"Oh, my soul, why not leave the cursed thing today? Sin crucified my Lord. Why not turn from it with loathing? Why not love the things that Christ loved, and hate the things that Christ hated? He has made provision ample enough for you that you can, through Him, be more, yea, more than overcomers.--Manuscript 35, Sept. 26, 1891, "Work and Baptism of Holy Spirit Needed." *The Upward Look*, 283.7

"The Lord has shown us His way; shall we walk in it? or shall we, finite and erring as we are, walk in our own counsel, and practice the principles which He has warned us against?" *Testimonies to Ministers and Gospel Workers* 382

"Your thoughts should be kept pure; they are the Lord's. Give them to Him. We can merit nothing from God. We can give Him nothing which is not His own. Will we keep back from God what is His own? Do not rob God and pawn His time, His talents, and His strength with the world. He asks your affections; give them to Him. They are His own. He asks your time, moment by moment; give it to Him. It is His own. He asks your intellect; give it to Him. It is His own." *Our High Calling*, 42.4

"The Lord wants His own property. When we have given to God soul, body, and spirit; when we have kept appetite under the control of enlightened conscience, and wrestled against every lust, showing that we consider each organ as God's property, intended for His service; when all our affections move in harmony with the Lord's mind, fastening on objects "which are above, where Christ sitteth on the right hand of God"-then we have given the Lord His own. O God, "all things come of thee, and of thine own have we given thee." 1 Chronicles 29:14." *Our High Calling*, 42.5

"The life of the soul cannot be sustained, except by the right exercise

of the affections heavenward, Christward, Godward. Repentance and faith in Christ for the forgiveness of sins are essential, but not all that is required....The Christian's life is now but just begun. He must, as exhorted by the apostle, "go on unto perfection." Our High Calling, 338.3

"Do you feel that it is too great a sacrifice to yield all to Christ? Ask yourself the question, "What has Christ given for me?" The Son of God gave all--life and love and suffering--for our redemption. And can it be that we, the unworthy objects of so great love, will withhold our hearts from Him? Every moment of our lives we have been partakers of the blessings of His grace, and for this very reason we cannot fully realize the depths of ignorance and misery from which we have been saved. Can we look upon Him whom our sins have pierced, and yet be willing to do despite to all His love and sacrifice? In view of the infinite humiliation of the Lord of glory, shall we murmur because we can enter into life only through conflict and self-abasement?" Steps to Christ, 45.1

"But what do we give up, when we give all? A sin-polluted heart, for Jesus to purify, to cleanse by His own blood, and to save by His matchless love. And yet men think it hard to give up all! I am ashamed to hear it spoken of, ashamed to write it." Steps to Christ, 46.1

"God does not require us to give up anything that it is for our best interest to retain. In all that He does, He has the well-being of His children in view. Would that all who have not chosen Christ might realize that He has something vastly better to offer them than they are seeking for themselves. Man is doing the greatest injury and injustice to his own soul when he thinks and acts contrary to the will of God. No real joy can be found in the path forbidden by Him who knows what is best and who plans for the good of His creatures. The path of transgression is the path of misery and destruction." Steps to Christ, 46.2

"He [Christ] presents before the mind's eye that the claims of heaven are first in importance. God's claims are supreme. He demands the whole heart, mind, might, and strength." Our High Calling, 285

"Had God given us less we could not have been saved... God has exhausted His benevolence.... in pouring out all heaven to man in one great gift." Our High Calling, 12.3

"He lays claim to all that there is of man, because He has poured out the whole treasure of heaven by giving us His all at once, reserving nothing greater that heaven can do." Our High Calling, 12.4

“The Lord accepts no halfhearted service. He demands the whole man. Religion is to be brought into every phase of life, carried into labor of every kind. The whole being is to be under God’s control. We must not think that we can take supervision of our own thoughts. They must be brought into captivity to Christ. Self cannot manage self; it is not sufficient for the work.... God alone can make and keep us loyal.” Our High Calling, 215

T

TEMPTATION

“Blessed [is] the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him. ¹³Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: ¹⁴But every man is tempted, when he is drawn away of his own lust, and enticed. ¹⁵Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. ¹⁶Do not err, my beloved brethren.” James 1:12-16

“There hath no temptation taken you but such as is common to man: but God [is] faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear [it].” 1 Corinthians 10:13

“Watch and pray, that ye enter not into temptation: the spirit indeed [is] willing, but the flesh [is] weak.” Matthew 26:41

“Submit yourselves therefore to God. Resist the devil, and he will flee from you.” James 4:7

“For in that he himself hath suffered being tempted, he is able to succour them that are tempted.” Hebrews 2:18

“We try to battle the temptations alone; trusting our own strength of will until the attraction of sin is ready to sweep us away. But if we call for Jesus’ help, He will always answer and save us.” MOP 97

“Through his specious temptations Satan leads men to worse and worse evils, till utter depravity and ruin are the result. The only safeguard against his power is found in the presence of Jesus. Before men and angels Satan has been revealed as man’s enemy and destroyer; Christ, as man’s friend and deliverer. His Spirit will develop in man all that will ennoble

the character and dignify the nature. It will build man up for the glory of God in body and soul and spirit. "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." 2 Timothy 1:7. He has called us "to the obtaining of the glory"--character--"of our Lord Jesus Christ;" has called us to be "conformed to the image of His Son." 2 Thessalonians 2:14; Romans 8:29." *The Desire of Ages*, 341.1

OUR OWN EXPERIENCE

"How often the disciples' experience is ours! When the tempests of temptation gather, and the fierce lightnings flash, and the waves sweep over us, we battle with the storm alone, forgetting that there is One who can help us. We trust to our own strength till our hope is lost, and we are ready to perish. Then we remember Jesus, and if we call upon Him to save us, we shall not cry in vain. Though He sorrowfully reproves our unbelief and self-confidence, He never fails to give us the help we need. Whether on the land or on the sea, if we have the Saviour in our hearts, there is no need of fear. Living faith in the Redeemer will smooth the sea of life, and will deliver us from danger in the way that He knows to be best." *The Desire of Ages*, 336.3

"Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses. He maketh the storm a calm, so that the waves thereof are still. Then are they glad because they be quiet; so he bringeth them unto their desired haven. Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!" Psalm 107:28-31

YIELDING TO TEMPTATION

"The beginning of yielding to temptation is in the sin of permitting the mind to waver, to be inconsistent in your trust in God. The wicked one is ever watching.... to attract the mind to that which is forbidden... fasten the mind upon the things of the world.... to excite the emotions, to arouse the passions, to fasten the affections on that which is not for your good; but it is for you to hold every emotion and passion under control, in calm subjection to reason and conscience. Then Satan loses his power to control the mind." *The Review & Herald*, June 14, 1892

"The work to which Christ calls us is to the work of progressive conquest over spiritual evil in our characters. Natural tendencies are to be overcome.... Appetite and passion must be conquered, and the will

must be placed wholly on the side of Christ." *The Review & Herald*, June 14, 1892

"We pray to our heavenly Father, "Lead us not into temptation," and then, too often, we fail to guard our feet against leading us into temptation. We are to keep away from the temptations by which we are easily overcome. Our success is wrought out by ourselves through the grace of Christ. We are to roll out of the way the stone of stumbling that has caused us and others so much sadness. Temptation and trial will come to us all, but we need never be worsted by the enemy. Our Saviour has conquered in our behalf. Satan is not invincible.... Christ was tempted that He might know how to help every soul that should afterward be tempted. Temptation is not sin; the sin lies in yielding. To the soul who trusts in Jesus, temptation means victory and greater strength." *Our High Calling*, 87.5

BLESSINGS FOR THOSE WHO ASK

"Those who would receive the blessing of the Lord, must themselves prepare the way, by confession of sin, by humiliation before God, with true penitence, and with faith in the merits of the blood of Christ." *Our High Calling*, 129.5

"The grace of Christ we cannot do without. We must have help from above if we resist the manifold temptations of Satan, and escape his devices." *Our High Calling*, 129.2

"Those who realize their weakness trust in a power higher than self. And while they look to God, Satan has no power against them. But those who trust in self are easily defeated. Let us remember that if we do not heed the cautions that God gives us, a fall is before us. Christ will not save from wounds the one who places himself unbidden on the enemy's ground. He lets the self-sufficient one, who acts as if he knew more than his Lord, go on in his supposed strength. Then comes suffering and a crippled life or perhaps defeat and death." *Our High Calling*, 307

"In the warfare the enemy takes advantage of the weakest points in the defense of those he is attacking. Here he makes his fiercest assaults. The Christian should have no weak points in his defense. He should be barricaded by the support that the Scriptures give to the one who is doing God's will. The tempted soul will bear away the victory if he follows the example of Him who met the tempter with the word, "It is written." He can stand securely in the protection of a "Thus saith the Lord." *Our High*

Calling, 307

"Temptations will come. But when Satan throws his hellish shadow before us, we should reach in faith through the shadow to the light of life-to Him who has not only created man but who by His own blood has redeemed him. We are Christ's cherished heritage. In living faith we must cooperate with Him in working out our own salvation. Amid trials and temptations His hand upholds and sustains us. Those who rest in Christ Jesus are never restless or uneasy. He means just what He says when He bids us commit the keeping of our souls unto Him, as to a faithful Creator." *The Upward Look*, 292.5

See also: 2 Peter 2:9, Psalms 34:7, 19, 2 Peter 1:12.

THANKFULNESS

"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning." James 1:17

"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;" Ephesians 5:20

"Hear, O LORD, and have mercy upon me: LORD, be thou my helper. Thou hast turned for me my mourning into dancing; thou hast put off my sackcloth, and girded me with gladness; To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever." Psalm 30:10-12

"Hearts that respond to the influence of the Holy Spirit are the channels through which God's blessing flows." *The Desire of Ages*, 306

"God loves the thankful heart, trusting implicitly in His words of promise, gathering comfort and hope and place from them; and He will reveal to us still greater depths of His love." *The Review & Herald*, April 12, 1887

"The praise of God should continually be in our hearts and on our lips. This is the very best way to resist the temptation to indulge in idle, frivolous conversation." Letter 42-1900

"The Lord would have us look up, and be grateful to Him that there is a heaven... Let us grasp by living faith the rich promises of God, and be thankful from morning till night." *The Review & Herald*, April 12, 1887

"How many blessings we lose because we slight and overlook the

blessings we daily receive, yearning for that which we have not. Common mercies which thickly strew our pathway are forgotten and undervalued. We may learn lessons from the humble things of God in nature. The flower in dark and humble places responds to all the rays of light it can get, and puts forth its leaves. The caged bird sings in the prison cage, in the sunless tenement, as if in the lordly, sunny dwelling. God knows whether we will make a wise and saving use of His blessings; He will never give them to us to abuse. God loves the thankful heart, trusting implicitly in His words of promise, gathering comfort and hope and place from them; and He will reveal to us still greater depths of His love." Our High Calling, 10.3

See also: Ezekiel 34:26, Proverbs 10:6, Ephesians 1:3-7, Deuteronomy 11:26-28.

TRAINING

"And these words, which I command thee this day, shall be in thine heart: and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up." Deuteronomy 6:6-7

"The Inspired Record says of Him: "Jesus increased in wisdom and stature, and in favour with God and man." Luke 2:52. As He grew in years He grew in knowledge. He lived temperately; His precious hours were not wasted in dissipating pleasures. He had a truly healthy body and true powers of mind. The physical and mental powers could be expanded and developed as yours or any other youth's. The Word of God was His study, as it should be yours." Our High Calling, 59.4

"As we work in connection with the great Teacher, our experience improves. The faculties of the mind are enlarged. The conscience is under divine guidance. Christ takes the entire being under His control. We are safe only as we allow Him to do this; for there is another close by, watching for an opportunity to come in and begin his destructive, ensnaring work. Then, as we enter the service of God, let Him take possession of the whole being, body, soul, and spirit." Our High Calling, 306.3

"The similarity between an uncultivated field and an untrained mind is striking. Children and youth already have in their minds and hearts corrupt seed, ready to spring up and bear its perverting harvest; and the greatest care and watchfulness are needed in cultivating and storing the

mind with precious seeds of Bible truth." *Our High Calling*, 202.2

"When the mind is stored with Bible truth, its principles take deep root in the soul, and the preference and tastes become wedded to truth, and there is no desire for debasing, exciting literature, that enfeebles the moral powers, and wrecks the faculties God has bestowed for usefulness. Bible knowledge will prove an antidote for the poisonous insinuations received through unguarded reading." *Our High Calling*, 202.3

"Parents can choose, if they will, whether or not their children's minds shall be filled with pure and holy thoughts and sentiments; but their tastes must be disciplined and educated with the greatest care. They must commence early to unfold the Scriptures before the expanding minds of their children, that proper habits and tastes may be formed.... The elements of evil cannot be exterminated except by the introduction of food for pure, solid thought." *Our High Calling*, 202.4

"Every man and woman has strong tendencies towards evil, and peculiar traits of character that make him susceptible to temptation. Each one has to battle with his own passions; each one may see his own perverse habits reproduced in others and reacting upon his own character. Individually, we have a work to do in the strength and grace of Christ. We are to strive most earnestly against our hereditary and cultivated traits of character. If our evil characteristics are not overcome, they will, through exercise, become stronger and stronger, and pollute mind and character. Unless overcome, we shall not be fitted for a home with the saints in light. But let no one be discouraged. There is a refuge for every tempted soul. We may avail ourselves of the great privileges and blessings brought to us through the grace of Christ.... It is true that it is hard for self to come to this point, for self ever seeks the supremacy. But the Lord says, "A new heart also will I give you." [Ezekiel 36:26] He has promised to renew the mind, and to make us new creatures in Christ Jesus." *Manuscript 38-1895*

"Jesus died, dear youth, not to save you in your sins, but from your sins. He wants you to follow the example which he has set before you,-- to deny self, take up your cross daily, and follow him. He claims your service, your heart's best and holiest affections. If you will walk in obedience to his will, learning cheerfully and diligently the lessons of his providence, by and by he will say, "Child, come up higher to the heavenly mansions which I have prepared for you."" *The Youth's Instructor*, July 15, 1897

TRIALS

"Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby." Hebrews 12:11

"My brethren, count it all joy when ye fall into divers temptations; ³Knowing [this], that the trying of your faith worketh patience." James 1:2-3

"Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations: That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ:" 1 Peter 1:6-7.

"Temptations will come. But when Satan throws his hellish shadow before us, we should reach in faith through the shadow to the light of life--to Him who has not only created man but who by His own blood has redeemed him. We are Christ's cherished heritage. In living faith we must cooperate with Him in working out our own salvation. Amid trials and temptations His hand upholds and sustains us. Those who rest in Christ Jesus are never restless or uneasy. He means just what He says when He bids us commit the keeping of our souls unto Him, as to a faithful Creator." The Upward Look, 292.5

"Those who hold fast their faith unto the end will come forth from the furnace of trial as fine gold seven times purified. Of this work the prophet Isaiah says, "I will make a man more precious than fine gold; even a man than the golden wedge of Ophir" (Isaiah 13:12). When in trouble, remember that faith tried in the furnace of affliction is more precious than gold tried with fire. Remember that there is One watching every movement, to see when the last particle of dross is taken away from your character.--Manuscript 110, Oct. 5, 1901, "The Christian's Hope.'" The Upward Look, 292.6

"Test and trial will come to every soul that loves God. The Lord does not work a miracle to prevent this ordeal of trial, to shield His people from the temptations of the enemy.... Characters are to be developed that will decide the fitness of the human family for the heavenly home--characters that will stand through the pressure of unfavorable circumstances in private and public life, and that will, under the severest temptations, through the grace of God grow brave and true, be firm as a rock to

principle, and come forth from the fiery ordeal, of more value than the golden wedge of Ophir. God will endorse, with His own superscription, as His elect, those who possess such characters." *The Review & Herald*, September 14, 1897, par. 13

"It is a great kindness on the part of our heavenly Father when He allows us to be placed under circumstances that lessen the attractions of earth, and lead us to place our affections on things above. Frequently, the loss of earthly blessings teaches us more than their possession. When we pass through trials and afflictions, it is no evidence that Jesus does not love and bless us. The pitying Lamb of God identifies His interest with that of His suffering ones. He guards them every moment. He is acquainted with every grief; He knows every suggestion of Satan, every doubt that tortures the soul.... He is pleading the case of the tempted, the erring, and the faithless. He is striving to lift them into companionship with Himself. It is His work to sanctify His people, to cleanse, ennoble, and purify them, and fill their hearts with peace. He is thus fitting them for glory, honor, and eternal life; for an inheritance richer and more lasting than that of any earthly prince." *Our High Calling*, 327.4

"There is a precious experience, an experience more precious than fine gold, to be gained by everyone who will walk by faith. He who will walk in the way of unwavering trust in God will have a connection with Heaven. The child of God is to do his work, looking to God alone for strength and guidance. He must toil on without despondency and full of hope, even though he is placed in most trying and aggravating circumstances." *Signs of the Times*, November 9, 1888, par. 10

"God is Himself the Rock of Ages, a refuge for His people, a covert from the storm, a shadow from the burning heat. He has given us His promises, which are more firm and immovable than the rocky heights, the everlasting hills. The mountains shall depart, and the hills shall be removed; but His kindness shall not depart, nor His covenant of peace be removed from those who by faith make Him their trust. If we would look to God for help as steadfastly as these rocky, barren mountains point to the heavens above them, we should never be moved from our faith in Him and our allegiance to His holy law." *Our High Calling*, 251

"Thus Peter wrote to the believers at a time of peculiar trial to the church. Many had already become partakers of Christ's sufferings, and soon the church was to undergo a period of terrible persecution. Within a few brief years many of those who had stood as teachers and leaders in

the church were to lay down their lives for the gospel. Soon grievous wolves were to enter in, not sparing the flock. But none of these things were to bring discouragement to those whose hopes were centered in Christ. With words of encouragement and good cheer Peter directed the minds of the believers from present trials and future scenes of suffering "to an inheritance incorruptible, and undefiled, and that fadeth not away." "The God of all grace," he fervently prayed, "who hath called us unto His eternal glory by Christ Jesus, after that ye have suffered awhile, make you perfect, stablish, strengthen, settle you. To Him be glory and dominion for ever and ever. Amen." Acts of the Apostles, 528.1

GOD WITH US

"Since Jesus came to dwell with us, we know that God is acquainted with our trials, and sympathizes with our griefs. Every son and daughter of Adam may understand that our Creator is the friend of sinners. For in every doctrine of grace, every promise of joy, every deed of love, every divine attraction presented in the Saviour's life on earth, we see "GOD WITH US." The Desire of Ages, 24

"Through trials and persecution, the glory--character--of God is revealed in His chosen ones. The church of God, hated and persecuted by the world, are educated and disciplined in the school of Christ. They walk in narrow paths on earth; they are purified in the furnace of affliction. They follow Christ through sore conflicts; they endure self-denial and experience bitter disappointments; but their painful experience teaches them the guilt and woe of sin, and they look upon it with abhorrence. Being partakers of Christ's sufferings, they are destined to be partakers of His glory. In holy vision the prophet saw the triumph of the people of God. He says, "I saw as it were a sea of glass mingled with fire: and them that had gotten the victory,... stand on the sea of glass, having the harps of God. And they sing the song of Moses the servant of God, and the song of the Lamb, saying, Great and marvelous are Thy works, Lord God Almighty; just and true are Thy ways, Thou King of saints." "These are they which came out of great tribulation, and have washed their robes, and made them white in the blood of the Lamb. Therefore are they before the throne of God, and serve Him day and night in His temple: and He that sitteth on the throne shall dwell among them." Revelation 15:2, 3; 7:14, 15." Mount of Blessing 31.1

I WILL BEAR THE REFINER'S FIRE

"He said unto me, My grace is sufficient for thee: for My strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong." 2 Corinthians 12:9,10.

"In times of trial we must cling to God and his promises. Some have said to me, "Do you not get discouraged at times when you are under trial?" And I have answered, "Yes, if by discouragement you mean sad or cast down." "Didn't you talk to any one of your feelings?" "No; there is a time for silence, a time to keep the tongue as with a bridle, and I was determined to utter no word of doubt or darkness, to bring no shade of gloom upon those with whom I was associated. I have said to myself, I will bear the Refiner's fire; I shall not be consumed. When I speak, it shall be of light; it shall be of faith and hope in God; it shall be of righteousness, of goodness, of the love of Christ my Saviour; it shall be to direct the minds of others toward heaven and heavenly things, to Christ's work in heaven for us, and our work upon earth for him." *The Review & Herald*, February 11, 1890, par. 3

"The refining furnace is to remove the dross. When the Refiner sees His image reflected in you perfectly, He will remove you from the furnace. You will not be left to be consumed or to endure the fiery ordeal any longer than is necessary for your purification. But it is necessary for you, in order to reflect the divine image, to submit to the process the Refiner chooses for you, that you may be cleansed, purified, and every spot and blemish removed--not even a wrinkle left in your Christian character." *Our High Calling*, 312.4

THE ONE WE ALL NEED

"Even in this life, the Christian has One upon whom to lean for support, who will help him bear all his trials. Yet the sinner has to bear his trials alone." *Our High Calling*, 201

"There are trials and perplexities for us all to encounter; for we are in a world of cares, anxieties, and disappointments. But these continual annoyances must be met in the spirit of Christ. Through grace we may rise superior to our surroundings, and keep our spirits calm and unruffled amid the frets and worries of everyday life." *Our High Calling*, 243.3

“Take your troubles to the Master. Say, “Here I am, Lord. Thou knowest all about me, and Thou canst help me. I will follow in Thy footsteps and do Thy will.” When you commit yourself to God, you may be sure that in all times of affliction you will have the very help that you need.” *Our High Calling*, 325.5

See also: Romans 5:3-5, 1 Peter 1:5-9, Nahum 1:7, Psalm 71:20, 1 Peter 4: 19, 1 Peter 5:7, 10-12, Psalms 37:39; 148:8; 22:24; 9:9; 147:3; 9:12, Philippians 1:29, 2 Timothy 2:12.

TRUE TO GOD

“It is in time of conflict when the true colors should be flung to the breeze. It is then the standard-bearers need to be firm and let their true position be known. It is then the skill of every true soldier for the right is tested; shirks can never wear the laurels of victory. Those who are true and loyal will not conceal the fact, but will put heart and might in the work, and venture their all in the struggle, let the battle turn as it will. God is a sin-hating God. And those who will encourage the sinner, saying, It is well with thee, God will curse.” *The Review & Herald*, September 23, 1873 par. 14

See also: 2 Corinthians 6:1-10, John 4:23, John 5:38, John 10:41.

TRUST

“Trust in the LORD with all thine heart; and lean not unto thine own understanding.” *Proverbs 3:5*

“But I have trusted in thy mercy; my heart shall rejoice in thy salvation.” *Psalms 13:5*

“Thou wilt keep [him] in perfect peace, [whose] mind [is] stayed [on thee]: because he trusteth in thee.” *Isaiah 26:3*

“Putting our trust in God, we are to move steadily forward, doing His work with unselfishness, in humble dependence upon Him, committing ourselves and our present and future to His wise providence, holding the beginning of our confidence firm unto the end, remembering that it is not because of our worthiness that we receive the blessings of heaven, but because of the worthiness of Christ, and our acceptance, through faith in Him, of God’s abounding grace.” *Testimonies for the Church Vol 7, 107.2*

“Faith, patience, forbearance, heavenly-mindedness, trust in your wise, heavenly Father, are the perfect blossoms which mature amidst

clouds and disappointments and bereavements" Letter 1, 1883.

"We are secure, perfectly secure from the enemy's subtlety while we have unwavering trust in God." *Our High Calling*, 22.4

"Jesus is just as near to us amid scenes of tempest and trial as He was to His followers who were tossed on the Sea of Galilee. We must have calm, steady, firm, unwavering trust in God.... We must now have an individual experience in holding fast unto God. Christ is on board the vessel." *Our High Calling*, 56

"Divine wisdom will order the steps of those who put their trust in the Lord. Divine love will encircle them, and they will realize the presence of the Comforter, the Holy Spirit." *The Review & Herald*, January 24, 1888, par. 11

"You must have that abiding confidence in God that is not disturbed by the temptations and arguments of the deceiver. Take the Lord at His word. You must study the promises, and appropriate them as you have need. "Faith cometh by hearing, and hearing by the word of God." Romans 10:17." *The Review & Herald*, January 24, 1888, par. 9

TRUTH

"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." 2 Timothy 2:15

"Buy the truth, and sell it not; also wisdom, and instruction, and understanding." Proverbs 23:23

"And ye shall know the truth, and the truth shall make you free." John 8:32

"Christ, His character and work, is the center and circumference of all truth. He is the chain upon which the jewels of doctrine are linked. In Him is found the complete system of truth." *Our High Calling*, 16.5

"Those who walk in obedience will know what truth is.... In order to know the truth, we must be willing to obey. Those whose affections are placed on the world are not willing to give up their plans for the plans of Christ. They walk in darkness, not knowing whither they go." *Our High Calling*, 16.6

"Many take it for granted that they are Christians, simply because they subscribe to certain theological tenets. But they have not brought the truth into practical life. They have not believed and loved it, therefore they have

not received the power and grace that come through sanctification of the truth. Men may profess faith in the truth; but if it does not make them sincere, kind, patient, forbearing, heavenly-minded, it is a curse to its possessors, and through their influence it is a curse to the world." *The Desire of Ages*, 309.3

"The precious light of truth flashes upon the pathway of everyone who seeks for it." *Our High Calling*, 16.7

NEVER COMPROMISE

"Jesus Himself never purchased peace by compromise. His heart overflowed with love for the whole human race, but He was never indulgent to their sins. He was too much their friend to remain silent while they were pursuing a course that would ruin their souls,—the souls He had purchased with His own blood. He labored that man should be true to himself, true to his higher and eternal interest. The servants of Christ are called to the same work, and they should beware lest, in seeking to prevent discord, they surrender the truth. They are to "follow after the things which make for peace" (Romans 14:19); but real peace can never be secured by compromising principle. And no man can be true to principle without exciting opposition. A Christianity that is spiritual will be opposed by the children of disobedience. But Jesus bade His disciples, "Fear not them which kill the body, but are not able to kill the soul." Those who are true to God need not fear the power of men nor the enmity of Satan. In Christ their eternal life is secure. Their only fear should be lest they surrender the truth, and thus betray the trust with which God has honored them." *The Desire of Ages*, 356.1

"We have a message to bear to the world. It involves a cross. The truths are unpleasant because they require self-denial and self-sacrifice. Then how essential that those who bear the truth, as they speak the truth faithfully, shall by every word and act show that the love of Christ moves them. Truth is ... always lovely, and those who live the truth as it is in Jesus should study how to present the truth so that its loveliness may appear."

"Treasure the truth above everything; sell it not for any price." {*Our High Calling*, p. 34}

TRUTH CHANGES THE CHARACTER

"The truth as it is in Jesus will not degrade but elevate the receiver, purify his life, refine his taste, sanctify his judgment." *Our High Calling*, 230

“Truth refines the taste and sanctifies the judgment. It elevates and ennobles, and is silently and constantly doing its leavening work till the whole being is cleansed and made a vessel unto honor, under the operation of the Holy Spirit, to make the receiver of truth fit for the society of pure and sinless angels.”

FOLLOW ON TO KNOW THE LORD

“We may think we understand something about the truth and the Bible, but the revelation of truth is much beyond anything that our finite vision can comprehend. Christ leads us. When we are caught up to meet Him, and enter through the pearly gates into the city of God, He leads us by the living waters, and all the time He is educating and talking with us about things that He would have opened to our understanding upon the earth if we could have borne it. But we do not walk fast enough. We take too many back steps. We do not advance heavenward; therefore the light that would have come in glorious rays, could not come to us because we were not prepared for it. We take a step back into the world, to the gratifications of earth, and then we take a step toward heaven, and then we take a step back, and then we take a step toward heaven.” Our High Calling, 62.2

“If you follow on to know the Lord, you shall know that His goings forth are prepared as the morning. You know the morning light first breaks upon us in a very dim light, and then increases and increases in brightness until the king of the day marches in the heavens in all his glory, in all his beauty.... Now if God’s glory were to shine first upon us as He wants to let it shine, we could not endure it.... That is just why Christ came in humanity. We could not have borne Him if He had come in all His glory.” Our High Calling, 62.3

“Now if we will follow on, and if we will not backslide a step or two every now and then, and have to gather up our forces and go on -it is better to gather up our forces than to remain in a backslidden condition and keep on backsliding, but I wish that we did not lose so much time and so much strength -we may know more of God and more of heaven, and become better acquainted with the precious truth and the rich blessings that God has for us if we will only comprehend them. He has prepared wonderful things for us.” Our High Calling, 62.4

“It is insanity to be quiet and at ease as so many are at the present time, having no assurance that they are indeed sons and daughters of God.

Eternal interests are at stake. Put away that story, fall upon your knees in prayer for strength to overcome temptations, and devote your time to searching the Bible.... You need not remain in suspense; true light shines from God's Word upon all hearts that are open to receive its precious rays; and it is your privilege to say, "I know that my redeemer liveth." Job 19:25." *Our High Calling*, 202

"The beauty and preciousness of truth... unfolding to those who have a trusting, childlike desire to know and to do the will of God. We discern the truth by becoming, ourselves, partakers of the divine nature." *Mount of Blessing* 26.4

See also: John 8:31-32; 17:17-19, 1 Peter 1:22, Ephesians 4:15, John 4:23-24, 1 Timothy 4:3, 2 Timothy 2:15, 1 Corinthians 13, 4-6.

U

UNBELIEF

"Then came the disciples to Jesus apart, and said, Why could not we cast him out? And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you." *Matthew* 17:19-20

"And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness." *2 Thessalonians* 2:11-12

"What we need is a living faith, faith to proclaim over the rent sepulcher of Joseph that we have a living Saviour, one who will go before us and who will work with us. God will do the work if we will furnish Him the instruments. There needs to be among us a great deal more of prayer and much less of unbelief. We need to lift up the standard higher and still higher before the people. We need to remember that Christ is always at our right hand as we proclaim liberty to the captives and deal the bread of life to hungry souls. When we keep before our minds the urgency and importance of our work, the salvation of God will be revealed in a remarkable manner." *Testimonies for the Church*, Vol. 9, 107.1

"Unbelief, having once been cherished, continued to control the men of Nazareth. So it controlled the Sanhedrin and the nation. With priests and people, the first rejection of the demonstration of the Holy Spirit's power was the beginning of the end. In order to prove that their first

resistance was right, they continued ever after to cavil at the words of Christ. Their rejection of the Spirit culminated in the cross of Calvary, in the destruction of their city, in the scattering of the nation to the winds of heaven." *The Desire of Ages*, 241.3

USEFULNESS

"Poverty, in many cases, is a blessing; for it prevents youth and children from being ruined by inaction. The physical as well as the mental powers should be cultivated and properly developed. The first and constant care of parents should be to see that their children have firm constitutions, that they may be sound men and women. It is impossible to attain this object without physical exercise. For their own physical health and moral good, children should be taught to work, even if there is no necessity so far as want is concerned. If they would have pure and virtuous characters, they must have the discipline of well-regulated labor, which will bring into exercise all the muscles. The satisfaction that children will have in being useful, and in denying themselves to help others, will be the most healthful pleasure they ever enjoyed. Why should the wealthy rob themselves and their dear children of this great blessing?" *Counsels on Health*, 187.1

See also: Matthew 25:14-30.

V

VICTORY

"For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith." 1 John 5:4.

"He knows by experience our weaknesses, our desires and the power of temptations we face! Today He offers His victory to us. Whatever human weakness we find in ourselves, we can turn to Jesus for help. Whatever trial or problem we face, we can turn to Him and He will give us the strength to face it, the wisdom to accept it, and the endurance to get through it!" *Man of Peace* 94

"Not one who complies with the conditions will be disappointed at the end of the race. Not one who is earnest and persevering will fail of success. The race is not to the swift, nor the battle to the strong. The weakest saint, as well as the strongest, may wear the crown of immortal glory. All may win who, through the power of divine grace, bring their lives into conformity to the will of Christ. The practice, in the details of

life, of the principles laid down in God's word, is too often looked upon as unimportant--a matter too trivial to demand attention. But in view of the issue at stake, nothing is small that will help or hinder. Every act casts its weight into the scale that determines life's victory or defeat. And the reward given to those who win will be in proportion to the energy and earnestness with which they have striven." Acts of the Apostles, 313.2

"United with Christ, all the power you require will be given you. Abiding in Him, you can fight manfully. The more you believe and trust as a child in the Lord Jesus, the greater will be your capacity for believing. By faith you stand. Only by exercising faith can you conquer self. . . . Self is the ground where Satan always meets and manages those whom he wishes to deceive and conquer. But if the righteousness of Christ is revealed in you, you become strong. Looking beyond yourself to a crucified Saviour, a risen and ascended Lord, who is, as your Advocate, making intercession for you, taking hold of Christ's power and efficiency, you can conquer. No victories ever won can compare in any wise with the victories of faith. Never let go your hold upon faith. It may triumph amid discouragement, gaining victory after victory." Our High Calling, 126

"It is our privilege to understand the blessed Word of God. We have fallen, it is true, but we are not always to remain in sin. We have been placed on vantage ground. The Lord God of heaven "so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life" (John 3:16). What a precious hope we have in Christ!" The Upward Look, 292.4

VICTORY THROUGH WATCHFULNESS

"Watch ye and pray, lest ye enter into temptation. Mark 14:38.

"Temptations may be all around you, yet you are safe as long as you do not enter into them. Many of us are overcome by Satan because we walk right into temptation.... It is your business to keep aloof from everyone and everything which will have a tendency to lead you away from duty and divert your mind from God.... If compelled to be in the society of those who are evil, you are not compelled to enter into or engage in their evil. You can, by prayer and watching, remain unsullied by the evil manifested about you." Our High Calling, 132.2

"A man cannot be a happy Christian unless he is a watchful Christian. He who overcomes must watch; for with worldly entanglements, error, and superstition, Satan strives to win Christ's followers from Him, and

to keep their minds employed with his devices. It is not enough that we avoid glaring dangers and perilous, inconsistent moves. We are to keep close to the side of Christ, walking in the path of self-denial and self-sacrifice. We are not to allow our spiritual perceptions to be blinded, as they often are, by a strong, determined will. And in order to detect the artifices of Satan and to withstand his unexpected attacks, we must have the grace of Christ and the impartation of His Spirit." Our High Calling, 132.4

"God's Word warns us that we have manifold enemies, not open and avowed, but enemies who come with smooth words and fair speeches, and who would deceive if possible the very elect. Thus Satan comes. And again, when it suits his purpose, he goes about as a roaring lion, seeking whom he may devour. Man's will, unless kept in subjection to the will of God, is as often on the enemy's side as on the Lord's side. Therefore watch unto prayer; watch and pray always." Our High Calling, 132.5

"Satan may try to bind you to his car [chariot] as a helpless soul. But shout in victory that Christ has made you a free man. Do not dishonor God by one expression of inefficiency and inability to overcome fully, entirely, and gloriously through Jesus Christ, who has died to redeem you, and make you a free man. Conquer, yes, conquer. Put your will every moment on the side of God's will. Think hopefully and courageously. In faith cry out against Satan, and looking unto Jesus who is the author and finisher of your faith, say, "Jesus, my Redeemer, I am weak. I cannot do anything without Thy special help. I hang my helpless soul on Thee." Then let your imagination dwell on the thought that you are in the presence of Jesus, walking with God, your life hid with Christ in God. . .

Then you will not glorify Satan by imagining yourself weak and helpless. You will keep yourself uplifted into a pure and holy atmosphere. You will receive the Holy Spirit as a comforter, as a sanctifier. . . . You will have a calm, restful spirit in God. You will say, "Jesus lives, and because He lives I will live also. He has conquered Satan in my behalf, and I will not be conquered by the devil once. I will not disgrace my Lord and Leader; but I will triumph in His holy name, and come off more than conqueror."" {Our High Calling, 41.1} {Letter 31, 1893}

"To understand this matter aright, we must remember that our hearts are naturally depraved, and we are unable, of ourselves, to pursue a right course. It is only by the grace of God, combined with the most earnest

efforts on our part, that we can gain the victory." *The Review & Herald*, January 4, 1881

See also: Proverbs 4:18, Philippians 4:13, Galatians 5:16-25, 1 John 5:4, James 4:7.

VITALITY AND VIGOR

"In order to gain a little money, many deliberately arrange their business matters so that it necessarily brings a great amount of hard work upon those laboring out of doors, and upon their families in the house. The bone, muscle, and brain of all are taxed to the utmost: a great amount of work is before them to be done, and the excuse is, they must accomplish just all that they possibly can, or there will be a loss, something will be wasted. Everything must be saved, let the result be what it may." *Counsels on Heath*, 98.1

"What have such gained? Perhaps they have been able to keep the principal good, and add to it. But on the other hand, what have they lost? Their capital of health, which is invaluable to the poor as well as the rich, has been steadily diminishing. The mother and the children have made repeated drafts upon their fund of health and strength, thinking that such an extravagant expenditure would never exhaust their capital, until they are surprised at last to find their vigor of life exhausted. They have nothing left to draw upon in case of emergency. The sweetness and happiness of life are embittered by racking pains and sleepless nights. Both physical and mental vigor are gone. The husband and father who, for the sake of gain, made the unwise arrangement of his business, it may be with the full sanction of the wife and mother, may, as the result, bury the mother and one or more of the children. Health and life were sacrificed for the love of money." (Read 1 Timothy 6:10.) *Testimonies for the Church*, vol. 1, p. 478 (1865).

"We are not our own. We have been purchased with a dear price, even the sufferings and death of the Son of God. If we could understand this and fully realize it, we would feel a great responsibility resting upon us to keep ourselves in the very best condition of health, that we might render to God perfect service. But when we take any course which expends our vitality, decreases our strength, or beclouds the intellect, we sin against God. In pursuing this course we are not glorifying Him in our bodies and spirits which are His, but are committing a great wrong in His sight." *Counsels on Heath*, 43.2

“Has Jesus given Himself for us? Has a dear price been paid to redeem us? And is it so, that we are not our own? Is it true that all the powers of our being, our bodies, our spirits, all that we have, and all we are, belong to God? It certainly is. And when we realize this, what obligation does it lay us under to God to preserve ourselves in that condition that we may honor Him upon the earth in our bodies and in our spirits which are His?” *Counsels on Health*, 43.3

See also: Deuteronomy 34:7, Joshua 14:10-13, 2 Chron 24:15-16.

VIRTUE AND MODESTY

“Whose adorning let it not be that outward [adorning] of plaiting the hair, and of wearing of gold, or of putting on of apparel; ⁴ But [let it be] the hidden man of the heart, in that which is not corruptible, [even the ornament] of a meek and quiet spirit, which is in the sight of God of great price.” 1 Peter 3:3-4

“My sisters, avoid even the appearance of evil. In this fast age, reeking with corruption, you are not safe unless you stand guarded. Virtue and modesty are rare. I appeal to you as followers of Christ, making an exalted profession, to cherish the precious, priceless gem of modesty. This will guard virtue. If you have any hope of being finally exalted to join the company of the pure, sinless angels and to live in an atmosphere where there is not the least taint of sin, cherish modesty and virtue. Nothing but purity, sacred purity, will stand the grand review, abide the day of God, and be received into a pure and holy heaven.” *Counsels on Health*, 611.2

“No physician is to trust to outward display, his elegant furniture or stylish equipage, to give him favor and exalt the truth. Physicians who trust to these things are moved by a power from beneath. It is not the grandeur of the house, the elegance of the furniture, the outward display of any kind, that will gain for our sanitariums a true standard. Physicians who are bound up with God will do all in their power to crush out the inclination to vanity and display.” *Counsels on Health*, 589.2

See also: Philippians 4:8, 2 Peter 1:5, 1 Timothy 2:9-10, Proverbs 31:10-31, Psalms 24:3-4, Proverbs 22:8, Ecclesiastics 1:2, Ephesians 4:17, 2 Peter 2:18.

W

THE WILL

“For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. For as many as are led by the Spirit of God, they are the sons of God.” Romans 8:13, 14.

“There is nothing so hard as the crucifixion of the will. Christ was tempted in all points like as we are; but His will was ever kept on the side of God’s will.... His will was in perfect obedience to the will of God, and the will of God was revealed throughout His entire life.” Signs of the Times, December 20, 1899, par. 3

“Christ’s obedience to His Father’s commandments is to be the measure of our obedience. Those who follow Christ, if they would become complete in Him, must keep their will surrendered to the will of God. Abundant provision has been made that those who will seek God with the whole heart may find Him a present help in every time of trouble. Help has been laid on One that is mighty. Christ has promised, I will be your helper.” Manuscript48-1899.5

“Christ remembered our nature in the requirements He made. He took our nature upon Himself, and brought to man moral power to combine with human effort. He would conform us to His authority, that we may know His mind and will. He can and will, if we submit to Him, fill the chambers of the mind and the recesses of the soul with His Spirit. Then our will will be in perfect harmony with the divine will. Our spirit and will may be so identified with His Spirit and will that in thought and aim we shall be one with Him. Then Satan will no longer control us. Christ is our Leader, and His followers love to keep step and step with Him. He speaks, and they obey His voice as one mind and one soul. His people are made willing in the day of His power.” Manuscript128-1898.3

“Christ is ready to set us free from sin, but He does not force the will; and if by persistent transgression the will itself is wholly bent on evil, and we do not desire to be set free, if we will not accept His grace, what more can He do? We have destroyed ourselves by our determined rejection of His love. “Behold, now is the accepted time; behold, now is the day of salvation.” “Today if ye will hear His voice, harden not your hearts.” 2 Corinthians 6:2; Hebrews 3:7, 8.” Steps to Christ, 34

“The will of man is aggressive, and is constantly striving to bend all things to its purposes. If it is enlisted on the side of God and right, the

fruits of the Spirit will appear in the life; and God has appointed glory, honor, and peace to every man that worketh good." The Review & Herald, August 25, 1896, par. 1

"When Satan is permitted to mold the will, he uses it to accomplish his ends.... He stirs up the evil propensities, awakening unholy passions and ambitions. He says, "All this power, these honors, and riches, and sinful pleasures, will I give thee"; but his conditions are that integrity shall be yielded, conscience blunted. Thus he degrades the human faculties, and brings them into captivity to sin." Our High Calling, 153.3

"But God is ever seeking to impress our hearts by His Holy Spirit, that we shall be convinced of sin, of righteousness, and of judgment to come. We may place our will on the side of God's will, and in His strength and grace resist the temptations of the enemy. As we yield to the influence of the Spirit of God, our conscience becomes tender and sensitive, and sin that we have passed by with little thought, becomes exceeding sinful." Our High Calling, 153.4

"God calls upon men to oppose the powers of evil. He says: "Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof. Neither yield ye your members as instruments of unrighteousness unto sin; but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God." Romans 6:13,14." Our High Calling, 153.5

"In this conflict of righteousness against unrighteousness, we can be successful only by divine aid. Our finite will must be brought into submission to the will of the Infinite; the human will must be blended with the divine. This will bring the Holy Spirit to our aid; and every conquest will tend to the recovery of God's purchased possession, to the restoration of His image in the soul." Our High Calling, 153.6

"Many are inquiring, "How am I to make the surrender of myself to God?" You desire to give yourself to Him, but you are weak in moral power, in slavery to doubt, and controlled by the habits of your life of sin. Your promises and resolutions are like ropes of sand. You cannot control your thoughts, your impulses, your affections. The knowledge of your broken promises and forfeited pledges weakens your confidence in your own sincerity, and causes you to feel that God cannot accept you; but you need not despair. What you need to understand is the true force of the will. This is the governing power in the nature of man, the power of decision, or of choice. Everything depends on the right action of the will.

The power of choice God has given to men; it is theirs to exercise. You cannot change your heart, you cannot of yourself give to God its affections; but you can choose to serve Him. You can give Him your will; He will then work in you to will and to do according to His good pleasure. Thus your whole nature will be brought under the control of the Spirit of Christ; your affections will be centered upon Him, your thoughts will be in harmony with Him." Steps to Christ, 47.1

"Desires for goodness and holiness are right as far as they go; but if you stop here, they will avail nothing. Many will be lost while hoping and desiring to be Christians. They do not come to the point of yielding the will to God. They do not now choose to be Christians." Steps to Christ, 47.2

NOT YOUR OWN WAY

"When the human will cooperates with the will of God, it becomes omnipotent, and the worker can make opportunities." The Youth's Instructor, June 24, 1897

"It is the privilege... to say, "The Lord has given me my sight and hearing for His glory. I will close my ears to that which is foolish and cheap. I will read that Word that will fit me for a place in the home Christ is preparing for those who have sanctified their souls by obedience to the truth. My voice shall proclaim the glory of God; every power of my being shall be consecrated to God." Letter 288, 1908}

"We need divine guidance, even in our commonest habits of everyday life.... You may have your own way, but it will be at the loss of your soul, or you may have God's way and live to a purpose in this world, and in the world to come have life everlasting.... Do not misuse or abuse any portion of your God-given powers, physical, mental, or moral. All your habits are to be brought under the control of a mind that is itself under the control of God." Our High Calling, 268

"You must consider that you are not at your own disposal to do that which you please for your own self. You are the Lord's property. Christ has purchased you with the price of His own blood. Your body is to be sanctified unto the Lord as a vessel unto honor. It is Christ's purchased possession. Then preserve every power, every organ, as an instrument unto righteousness. Satan desires to have your brain power, and your will, but they belong to Jesus. Consider always, "I am not my own. I must carefully and holily cherish every part of Christ's purchased possession."

Our High Calling, 41.2

“Satan may try to bind you to his car as a helpless soul. But shout in victory that Christ has made you a free man. Do not dishonor God by one expression of inefficiency and inability to overcome fully, entirely, and gloriously through Jesus Christ, who has died to redeem you, and make you a free man. Conquer, yes, conquer. Put your will every moment on the side of God’s will. Think hopefully and courageously. In faith cry out against Satan, and looking unto Jesus who is the author and finisher of your faith, say, “Jesus, my Redeemer, I am weak. I cannot do anything without Thy special help. I hang my helpless soul on Thee.” Then let your imagination dwell on the thought that you are in the presence of Jesus, walking with God, your life hid with Christ in God. . . . Then you will not glorify Satan by imagining yourself weak and helpless. You will keep yourself uplifted into a pure and holy atmosphere. You will receive the Holy Spirit as a comforter, as a sanctifier. . . . You will have a calm, restful spirit in God. You will say, “Jesus lives, and because He lives I will live also. He has conquered Satan in my behalf, and I will not be conquered by the devil once. I will not disgrace my Lord and Leader; but I will triumph in His holy name, and come off more than conqueror.” Our High Calling, 41.3

“While our salvation is wholly dependent upon Jesus, yet we have a work to do in order that we shall be saved. The apostle says, “Work out your own salvation with fear and trembling; for it is God which worketh in you both to will and to do of his good pleasure.” The work that we are to do is not independent of what God is to do, but a work of cooperation with God. The power and the grace of God is to be wrought into the heart by the divine Worker, but some go astray here, claiming that man has a work to do that is wholly independent of any work of God. Another class take the other extreme, and say that man is free from all obligation, because God does the whole work--both the willing and doing. But the true ground to take is that the human will must be in subjection to the divine will. The will of man is not to be forced into cooperation with divine agencies, but must be voluntarily submitted. Man has no power of himself to work out his own salvation. Salvation must be the result of cooperation with divine power, and God will not do that for man which he can do for himself. Man is wholly dependent on the grace of Christ. He has no power to move one step in the direction of Christ unless the Spirit of God draws him. The Holy Spirit is continually drawing the soul, and will continue to draw until by persistent refusal the sinner grieves

away the tender messenger of God." *The Signs of the Times*, February 12, 1894 par. 2

See also: Romans 6:13, Hebrews 12:11.

WISDOM

"The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness." Proverbs 15:14.

"But the wisdom that is from above is first pure, then peaceable, gentle, [and] easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy." James 3:17

"For I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay nor resist." Luke 21:15

"Human science is not divine enlightenment. Divine science is the demonstration of the Spirit of God, inspiring implicit faith in Him. The men of the world suppose this faith to be beneath the notice of their great and intelligent minds, something too low to give attention to; but here they make a great mistake. It is altogether too high for their human intelligence to reach." *The Review & Herald*, July 18, 1899, Art. A, par. 14

"The gospel message is far from being opposed to true knowledge and intellectual attainments. It is itself true science, true intellectual knowledge. True wisdom is infinitely above the comprehension of the worldly wise. The hidden wisdom, which is Christ formed within, the hope of glory, is a wisdom high as heaven. The deep principles of godliness are sublime and eternal. A Christian experience alone can help us to understand this problem, and obtain the treasures of knowledge which have been hidden in the counsels of God, but are now made known to all who have a vital connection with Christ. All who will may know of the doctrine." *The Review & Herald*, July 18, 1899, Art. A, par. 15

"He says, "If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering." Come to God with all your needs. Don't go to others with your trials and temptations; God alone can help you." *The Review & Herald*, May 19, 1891, par. 9

See also: Proverbs 3:13-18.

WORDS

“But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment.” Matthew 12:36

“Those who love Jesus Christ will contemplate His character, meditate upon His words, practice His precepts, and become living missionaries. The words they speak will be like apples of gold in pictures of silver.” Letter 2-1895

“The most persuasive eloquence is the word that is spoken in love and sympathy. Shall we not try to lighten the hearts of those around us by words of Christlike sympathy?” The Review & Herald, February 16, 1897 par. 13

“If you fulfill the conditions of God’s promises, the promises will be fulfilled to you. If your mind is stayed upon God, you will not go from a state of ecstasy to the valley of despondency when trial and temptation come upon you. You will not talk doubt and gloom to others. You will not say, “I do not know about this or that. I do not feel happy. I am not sure that we have the truth.” You will not do this, for you will have an anchor to the soul both sure and steadfast. When we talk discouragement and gloom, Satan listens with fiendish joy; for it pleases him to know that he has brought you into his bondage. Satan cannot read our thoughts, but he can see our actions, hear our words; and from his long knowledge of human family, he can shape his temptations to take advantage of our weak points of character. And how often do we let him into the secret of how he may obtain the victory over us. O that we might control our words and actions! How strong we would become if our words were of such an order that we would not be ashamed to meet the record of them in the day of judgment. How different will they appear in the day of God from what they seem when we utter them.” The Review & Herald, May 19, 1891 par. 9

“If we praised God’s holy name as we should, the flame of love would be kindled in many hearts.... The praise of God should continually be in our hearts and on our lips. This is the very best way to resist the temptation to indulge in idle, frivolous conversation.” Our High Calling, 10.4

“All have trials; griefs hard to bear, temptations hard to resist. Do not tell your troubles to your fellow mortals, but carry everything to God in prayer. Make it a rule never to utter one word of doubt or

discouragement. You can do much to brighten the life of others and strengthen their efforts, by words of hope and holy cheer." Steps to Christ, 119.3

"Let nothing that you may do or say prove a temptation or discouragement to any soul. Remember he is the purchase of the blood of Christ. Every soul is precious.... How sad a thing it would be to have anything you may do or say balance a soul in the wrong direction. You are bound by cords of obligation to God and to your fellow man; you cannot break these cords and free yourself from these obligations." Our High Calling, 174.2

See also: Proverbs 20:11, Colossians 1:10, 1 Thessalonians 4:11-12.

WORKS

"But wilt thou know, O vain man, that faith without works is dead?" James 2:20

"In all things shewing thyself a pattern of good works: in doctrine shewing uncorruptness, gravity, sincerity," Titus 2:7

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." Matthew 5:16

"The good tree will produce good fruit. If the fruit is unpalatable and worthless, the tree is evil. So the fruit borne in the life testifies as to the condition of the heart and the excellence of the character. Good works can never purchase salvation, but they are an evidence of the faith that acts by love and purifies the soul. And though the eternal reward is not bestowed because of our merit, yet it will be in proportion to the work that has been done through the grace of Christ." The Desire of Ages, 314.2

"Thus Christ set forth the principles of His kingdom, and showed them to be the great rule of life. To impress the lesson He adds an illustration. It is not enough, He says, for you to hear My words. By obedience you must make them the foundation of your character. Self is but shifting sand. If you build upon human theories and inventions, your house will fall. By the winds of temptation, the tempests of trial, it will be swept away. But these principles that I have given will endure. Receive Me; build on My words." The Desire of Ages, 314.3

"We must understand what it is to confess Christ and wherein we deny Him. It is possible with our lips to confess Christ yet in our works deny Him. The fruits of the Spirit manifested in the life are a confession

of Him. If we have forsaken all for Christ, our lives will be humble, our conversation heavenly, our conduct blameless. The powerful, purifying influence of truth in the soul, and the character of Christ exemplified in the life, are a confession of Him. If the words of eternal life are sown in our hearts, the fruit is righteousness and peace. We may deny Christ in our life by indulging love of ease or love of self, by jesting and joking, and by seeking the honor of the world. We may deny Him in our outward appearance by conformity to the world, by a proud look or costly apparel. Only by constant watchfulness and persevering and almost unceasing prayer shall we be able to exhibit in our life the character of Christ or the sanctifying influence of the truth. Many drive Christ from their families by an impatient, passionate spirit. Such have something to overcome in this respect." 1T 303.2

"Many believe themselves to be on the right foundation, that they have the truth, and rejoice in the clearness of truth, and boast of the powerful arguments in proof of the correctness of our position, and reckon themselves among the chosen, peculiar people of God; yet experience not his presence, and his power to save them from yielding to temptation and folly. These profess to know God, yet in works deny him. How great is their darkness! The love of the world with many, the deceitfulness of riches with others, has choked the word, and they have become unfruitful." *The Review & Herald*, August 10, 1886 par. 2

THE WORKS OF GOD

"While we cannot now comprehend the works and ways of God, we can discern His great love, which underlies all His dealings with men. He who lives near to Jesus will understand much of the mystery of godliness. He will recognize the mercy that administers reproof, that tests the character, and brings to light the purpose of the heart." *The Desire of Ages*, 394

See also: Hebrews 6:10, 2 Chronicles 5:7; 31:12, John 6:23-29, 1 John 1:7, 3 John 3-4, Colossians 2:6, Galatians 5:16-25, Ephesians 5:2-8, 1 John 2:6, 2 John 6, 2 Corinthians 5:7, Ephesians 4:1, Colossians 1:10, 1 Thessalonians 2:12, Col 4:5, 1 Thessalonians 4:1.

WORRY

"Which of you by taking thought can add one cubit unto his stature?"
Matthew 6:27

“Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.” Matthew 6:34

“Casting all your care upon him; for he careth for you.” 1 Peter 5:7

“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.” Philippians 4:6-7

“Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.” Isaiah 26:3

“The continual worry is wearing out the life forces. Our Lord desires them to lay aside this yoke of bondage. He invites them to accept His yoke; He says, “My yoke is easy, and My burden is light.” He bids them seek first the kingdom of God and His righteousness, and His promise is that all things needful to them for this life shall be added. Worry is blind, and cannot discern the future; but Jesus sees the end from the beginning. In every difficulty He has His way prepared to bring relief. Our heavenly Father has a thousand ways to provide for us, of which we know nothing. Those who accept the one principle of making the service and honor of God supreme will find perplexities vanish, and a plain path before their feet.” The Desire of Ages, 330

“There are many whose hearts are aching under a load of care because they seek to reach the world’s standard. They have chosen its service, accepted its perplexities, adopted its customs. Thus their character is marred, and their life made a weariness. In order to gratify ambition and worldly desires, they wound the conscience, and bring upon themselves an additional burden of remorse. The continual worry is wearing out the life forces. Our Lord desires them to lay aside this yoke of bondage. He invites them to accept His yoke; He says, “My yoke is easy, and My burden is light.” He bids them seek first the kingdom of God and His righteousness, and His promise is that all things needful to them for this life shall be added. Worry is blind, and cannot discern the future; but Jesus sees the end from the beginning. In every difficulty He has His way prepared to bring relief. Our heavenly Father has a thousand ways to provide for us, of which we know nothing. Those who accept the one principle of making the service and honor of God supreme will find perplexities vanish, and a plain path before their feet.” The Desire of Ages, 330.1

“After the first week of wonder as to what it all meant, I concluded it would be best to stop wondering, and to leave myself in the hands of the Lord. I tasted His goodness and found that He is gracious.... Yet I tasted the Lord’s goodness.” *Our High Calling*, 325

See also: Psalms 46:1-3, Luke 10:41-42.

Y

YOKE

“Come unto me, all ye that labour and are heavy laden, and I will give you rest” (Matthew 11:28). This is a prescription for the healing of all spiritual, mental, and physical ills. It is Christ’s gift to those who seek Him in sincerity and truth. He is the Mighty Healer. Then comes another invitation. “Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light” (verses 29, 30). Wearing Christ’s yoke, and learning of Him the lesson of meekness and lowliness, we find rest in faith and confidence and trust. We find that Christ’s yoke is easy and His burden light.” *The Upward Look*, 286.3

““Learn of Me,” says Jesus; “for I am meek and lowly in heart: and ye shall find rest.” We are to enter the school of Christ, to learn from Him meekness and lowliness. Redemption is that process by which the soul is trained for heaven. This training means a knowledge of Christ. It means emancipation from ideas, habits, and practices that have been gained in the school of the prince of darkness. The soul must be delivered from all that is opposed to loyalty to God.” *The Desire of Ages*, 330.2

“The yoke is placed upon the oxen to aid them in drawing the load, to lighten the burden. So with the yoke of Christ. When our will is swallowed up in the will of God, and we use His gifts to bless others, we shall find life’s burden light. He who walks in the way of God’s commandments is walking in company with Christ, and in His love the heart is at rest. When Moses prayed, “Show me now Thy way, that I may know Thee,” the Lord answered him, “My presence shall go with thee, and I will give thee rest.” And through the prophets the message was given, “Thus saith the Lord, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, and ye shall find rest for your souls.” Exodus 33:13, 14; Jeremiah 6:16. And He says, “O that thou hadst hearkened to My commandments! then had thy peace been as a river, and thy righteousness as the waves of the sea.” Isaiah 48:18.” *The*

Desire of Ages, 331.1

“Do not be troubled by what other people think or say...but cling to the Lord; He will never fail you.... We must ever bear in mind that Satan is working hard to secure every soul. We must work on the Lord’s side, not giving the least occasion which anyone can take advantage of.... If words are spoken and charges made to provoke you, the very best reproof you can give is to remain silent, as though you heard not.... We are all to remember that we are under the yoke of Christ, and we must not disgrace our Saviour or the yoke He has invited us to wear. We will just as surely rule our spirit as we wear the yoke.” *Our High Calling*, 174.3

“It is a mistake to entertain the thought that God is pleased to see His children suffer. All heaven is interested in the happiness of man. Our heavenly Father does not close the avenues of joy to any of His creatures. The divine requirements call upon us to shun those indulgences that would bring suffering and disappointment, that would close to us the door of happiness and heaven. The world’s Redeemer accepts men as they are, with all their wants, imperfections, and weaknesses; and He will not only cleanse from sin and grant redemption through His blood, but will satisfy the heart-longing of all who consent to wear His yoke, to bear His burden. It is His purpose to impart peace and rest to all who come to Him for the bread of life. He requires us to perform only those duties that will lead our steps to heights of bliss to which the disobedient can never attain. The true, joyous life of the soul is to have Christ formed within, the hope of glory.” *Steps to Christ*, 46.3

See also: Lamentations 3:27, Matthew 11:29, 2 Corinthians 6:14.

Z

ZEAL

“Who gave himself for us, that he might redeem us from all iniquity, and purify unto himself a peculiar people, zealous of good works.” *Titus 2:14*

“With earnestness and intensity of desire to do the will of God, we should excel the zeal of those who are engaged in any other enterprise, to a degree as much greater as the value of the object we are seeking to attain is higher.” *Our High Calling*, 308

“The religion of Christ is sincerity itself. Zeal for God’s glory is the motive implanted by the Holy Spirit; and only the effectual working of

the Spirit can implant this motive. Only the power of God can banish self-seeking and hypocrisy. This change is the sign of His working. When the faith we accept destroys selfishness and pretense, when it leads us to seek God's glory and not our own, we may know that it is of the right order. "Father, glorify Thy name" (John 12:28), was the keynote of Christ's life, and if we follow Him, this will be the keynote of our life. He commands us to "walk, even as He walked;" and "hereby we do know that we know Him, if we keep His commandments." 1 John 2:6,3." The Desire of Ages, 409.3

"Not by might, nor by power, but by My Spirit, saith the Lord of hosts." "Ye are," says Christ, "the light of the world." What a responsibility! There is need of fasting, humiliation, and prayer over our decaying zeal and languishing spirituality. The love of many is waxing cold. The efforts of many of our preachers are not what they should be. When some who lack the Spirit and power of God enter a new field, they commence denouncing other denominations, thinking that they can convince the people of the truth by presenting the inconsistencies of the popular churches. It may seem necessary on some occasions to speak of these things, but in general it only creates prejudice against our work and closes the ears of many who might otherwise have listened to the truth. If these teachers were connected closely with Christ, they would have divine wisdom to know how to approach the people. They would not so soon forget the darkness and error, the passion and prejudice, which kept themselves from the truth." Testimonies for the Church, Vol 4, 535.3

"We are not to encourage a spirit of enthusiasm that brings zeal for a while, but soon fades away, leaving discouragement and depression. We need the bread of life that comes down from heaven to give life to the soul. Study the Word of God. Do not be controlled by feeling. All who labor in the vineyard of the Lord must learn that feeling is not faith. To be always in a state of elevation is not required. But it is required that we have firm faith in the Word of God as the flesh and blood of Christ..... close and bolt the doors firmly against excitement and fanaticism. The Word of God is our sanctification and righteousness, because it is spiritual food. To study it is to eat the leaves of the tree of life. Nothing is more uplifting to God's servants than to teach the Scriptures just as Christ taught them. The Word of God contains divine nourishment, which satisfies the appetite for spiritual food." Letter 17-1902

"The covetous man becomes more covetous as he draws near his death. The man who all through his life is accumulating earthly treasure,

cannot readily withdraw himself from his accustomed pursuits. Shall not he who is seeking a heavenly treasure become more earnest, more zealous, and more intensely interested in seeking the treasure which is above? Shall he not covet the best and most enduring substance? Shall he not seek the crown of glory that is imperishable, the riches which moth and rust doth not corrupt, nor thieves break through and steal? The more ardent his hopes, the more strenuous are his efforts and the more determined he is not to fail of the immortal treasure.... His business on the earth is to secure eternal riches. He cannot, will not, consent, after tasting of the heavenly gifts of God, to be a pauper, left in destitution for eternity. The soul passion is more, more. This is the real want of the soul. We want more of the divine grace, more enlightenment, more faith." Our High Calling, 188.2

"Oh, if all the misdirected energies were devoted to the one great object—the rich provisions of the grace of God in this life—what testimonials we could hang in memory's halls, recounting the mercies and favors of God!... Then the habit would be carried with us as an abiding principle to accumulate spiritual treasures as earnestly and perseveringly as the worldly aspirants labor for the earthly and temporal things. You may well be dissatisfied with the present supply when the Lord has a heaven of blessedness and a treasure house of good and gracious things to supply the necessities of the soul. Today we want more grace, today we want a renewal of God's love and tokens of His goodness, and He will not withhold these good and heavenly treasures from the true seeker." Our High Calling, 188.3

See also: Psalms 119:139, Romans 10:1-4, 2 Corinthians 9:1-2, Galatians 4:18, Philippians 3:6, Isaiah 9:6-7, Revelation 3:18-20.

Acknowledgements

My greatest GRATITUDE and THANKS goes out to the following helpers. Rosie Carbery for typing my manuscript and compiling the first draft.

Shirley Evans for checking the relevant Bible quotations in the index and suggesting other references.

Daniel Polson for spending much time and effort over several months to put this publication together, as well as for checking all the quotations.

The office of Restitution Ministries for formatting and editing the final publication and printing this book on my behalf.

Friedrich (Fritz) Baumung

“No sparrow falls without His care,
No soul bows low but Jesus knows;
For He is with us everywhere,
And marks each bitter tear that flows.
And He will never, never, never
Forsake the soul that trusts Him ever.”
Mount of Blessing 95.3

I Need Thee Every Hour

I need Thee every hour, most gracious Lord;
No tender voice like Thine can peace afford.

Refrain:

I need Thee, oh, I need Thee;
Every hour I need Thee;
Oh, bless me now, my Savior,
I come to Thee.

I need Thee every hour, stay Thou nearby;
Temptations lose their pow'r when Thou art nigh.

I need Thee every hour, in joy or pain;
Come quickly and abide, or life is vain.

I need Thee every hour; teach me Thy will;
And Thy rich promises in me fulfill.

I need Thee every hour, most Holy One;
Oh, make me Thine indeed, Thou blessed Son.

Mrs. Annie S. Hawks & Robert Lowrey 1827

For a wide range of free books, please visit our website:
www.acts321.org

You can also write to us at info@acts321.org or
PO Box 7137 Kariong NSW 2250
to receive FREE hard copies of the following titles:

By Ellen G. White
Steps to Christ
The Ministry of Healing
The Story of Redemption

By Charles T. Everson
Saved By Grace

By Ellet J. Waggoner
How Shall We Consider Christ?

By Joe Crews
The Surrender of Self
Is it Possible to Live Without Sinning?
The Last Night on Earth
Remember Lot's Wife
Can a Saved Man Choose to Be Lost?
Alone in the Crowd

Not I, but Christ

*Not I, but Christ be honored, loved, exalted,
Not I, but Christ be seen, be known and heard;
Not I, but Christ in every look and action,
Not I, but Christ in every thought and word.*

*Not I, but Christ to gently soothe in sorrow,
Not I, but Christ to wipe the falling tear;
Not I, but Christ to lift the weary burden,
Not I, but Christ to hush away all fear.*

*Christ, only Christ, no idle word e'er falling,
Christ, only Christ, no needless bustling sound;
Christ, only Christ, no self-important bearing,
Christ, only Christ, no trace of I be found.*

*Not I, but Christ my every need supplying,
Not I, but Christ my strength and health to be;
Christ, only Christ, for spirit, soul, and body,
Christ, only Christ, live then Thy life in me.*

This book contains a
collection of statements
from the Bible and
Spirit of Prophecy.

An index to help you in
every time of need.

*Take everything to Jesus
And He will exchange everything.
Your trials for His sympathy.
Your sorrows for His love.
Your wounds for His healing.
Your weakness for His strength.
Your emptiness for His fullness.*



